

# Advanced Training in Gender Affirming Care



**Instructor:** Dr. Dalia Balsamo, MD

## *Instructor Information:*

Dr. Balsamo is the Associate Medical Director for TAY, LGBTQ+, and Juvenile Justice at RUHS, and an Associate Clinical Professor of Psychiatry at UCR School of Medicine. She is WPATH trained since 2018 and is the primary psychiatric consultant for the RUHS Transgender Health Center. She is quadruple board certified in Child, Adolescent, Adult, and Forensic Psychiatry, and Addiction Medicine.

## *Course Description:*

*This workshop is intended for practitioners who are already familiar with basic concepts regarding gender affirming care and want to deepen their understanding regarding the subject. This workshop will provide them the necessary tools to comfortably write letters of support for gender affirming hormone and surgical therapy. Specialized topics will also be discussed such as detransitioning and plurality*

**Date:** December 6, 2022

**Time:** 8:30am-12:00pm

**Location:** Virtual link will be emailed

**RUHS-BH Staff - Please register for this course via COR at <https://corlearning.sumtotal.host>  
All other interested partners, please visit [www.rcdmh.org/wet](http://www.rcdmh.org/wet)**

**Free to all registered participants**

*If you need a reasonable accommodation/alternative format for this training event, please contact the Rustin Conference Center (951) 955-7270 at least fourteen days*

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She received her B.A. with Distinction in Cognitive Science and Neuroscience from the University of Virginia, and her M.D. from the University of Pittsburgh School of Medicine. She completed her psychiatry residency program at the University of Miami, during which she finished a two-year program in psychodynamic psychotherapy at the Florida Psychoanalytic Society and Institute. Afterwards, she completed a child and adolescent psychiatry fellowship and a forensic psychiatry fellowship at Yale, before relocating to Southern California. She is a graduate of the Harvard Program in Refugee Trauma. She serves on several national organizational committees and is a fellow of the American Psychiatric Association. She has published various articles on gender affirming care, and has given talks on the subject nationally and internationally. She has also given lectures on gender affirming care to medical trainees, medical faculty, and other mental health practitioners

**Audience:** LMFT's, LCSW's, LPCC's, LEP's; .  
Level of training: intermediate

**Seat #:** 35

**Location:** **Virtual training**- link will be sent to registrants  
If you need a reasonable accommodation/alternative format for this training event, please contact the Rustin Conference Center at (951) 955-7270 at least fourteen days (14) prior to the course date.

## **Educational Goal(s):**

1. This workshop is intended to increase the competency of clinical therapists in providing gender-affirming care to transgender, gender nonconforming, and gender-exploring children, adolescents, and adults. Identify ways to support patient access to gender-affirming medical care.

## Learning Objectives:

1. Provide an overview of the SOC 8 WPATH Standards of Care
2. Identify at least (2) gender affirming hormonal therapies
3. Identify at least (2) gender affirming surgical interventions
4. Identify at least two (2) principles of gender affirming letter writing techniques
5. Discuss (2) special topics in transgender care: detransitioning and plurality

## Course outline:

Time	Topic/Content
8:30am-10:00am	WPATH Standards of Care & Overview of gender affirming hormonal and surgical care
10:00am-10:15am	<b>Break (NON-CE)</b>
10:15am-11:00am	Principles of Gender Affirming Letter Writing (with case illustrations)
11:00am-11:50am	Special Topics: Detransitioning and Plurality
11:50am-12:00pm	Q&A and Closing

**This course meets the qualifications for 3 continuing education units/credits/hours.**

**Continuing Education:** Course meets the qualifications for (3) hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences. Riverside University Health System-Behavioral Health is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs and/or LEPs. Riverside University Health System-Behavioral Health maintains responsibility for this program/course and its content.

CAMFT approved continuing education provider number: 1000060

Provider approved by the California Board of Registered Nursing, Provider # CEP17400 for (3) Contact Hours.

Provider approved by CCAPP-EI, Provider Number 1N-98-402-1223 & 3-22-341-0424 for (3) CEH'S.

Mailing address: Riverside University Health System-Behavioral Health (RUHS-BH), Workforce Education and Training (WET), 2085 Rustin Ave., Riverside, CA 92507.

**Requesting Continuing Education:** Participants interested in receiving continuing education credit or a certificate of participation should contact Taide Arias via email at [tarias@ruhealth.org](mailto:tarias@ruhealth.org). Please include the following information in your email request: full name, title of training, and certification or license number. For in-person courses, certificates will be issued immediately after the completion of the course. For distance learning courses, certificates will be issued via email or by mail within five (5) business days after the completion of the course and receipt of required documentation.

**Attendance Policy:** Participants who arrive to the course after the scheduled start time may not be admitted. To receive continuing education credit for a course, participants must attend the entire scheduled time. Participants who arrive late, leave early or return late from breaks will not receive continuing education credit. To receive credit, participants cannot miss more than 15 minutes total of instruction. **There is no partial credit issued.**

**Enrollment/Registration Policy:** RUHS-BH Staff should register for this course via COR Learning Management System (<https://corlearning.sumtotal.host>) The enrollment deadline is three (3) business days prior to the course start date (excluding holidays and weekends). All other interested partners, please visit [www.rcdmh.org/wet](http://www.rcdmh.org/wet).

**Cancellation and Refund Policy:** Registration must be cancelled on or before three (3) business days prior to the course start date (excludes holidays and weekends). Riverside University Health System-Behavioral Health does not currently charge fees for continuing education courses or activities sponsored by our agency. Therefore, no refund policy or procedure is currently in affect.

**Grievances:** Please contact training coordinator Taide Arias at [TArias@ruhealth.org](mailto:TArias@ruhealth.org) or 951-955-7265 for questions or concerns about this activity or facilities, or to request a copy of our grievance policy and procedures. Riverside University Health System-Behavioral Health follows all applicable local, state, and federal standards, including the Americans with Disabilities Act of 1990 (ADA), 42 U.S.C. §§ 12101-12213 (2008).