



# safeTALK

Learn four basic steps to recognize persons with thoughts of suicide and connect them with suicide helping resources.

## Why come to safeTALK?

Most people with thoughts of suicide invite help. Often these opportunities are missed, dismissed or avoided—leaving people more alone and at greater risk. safeTALK training prepares you to help by using TALK (Tell, Ask, Listen and KeepSafe) to identify and engage people with thoughts of suicide and to connect them with further help and care.

## Who should attend safeTALK?

safeTALK is for community members of all backgrounds, ages 15 and older, who want to help prevent suicide. It is an especially good fit for those interacting with many people on a daily basis, including school personnel, clergy, non-clinical service providers, and law enforcement. safeTALK is accredited by the Suicide Prevention Resource Centre and is on their Best Practice Registry.

***safeTALK is brief, effective, and internationally recognized!***

### Where:

Rustin Conference Center

2085 Rustin Avenue  
Riverside, CA. 92507

**Cost: FREE !**

### Register Early:

Contact PEI at  
PEI@ruhealth.org or  
(951) 955-3448 to register.  
This training is strictly  
limited to 40 people!

### When:

Wednesday, May 29, 2019  
9:00 am - 12:00 pm  
*(Sign-in at 8:45am. Workshop  
starts promptly at 9:00am. Must  
attend all 3 hours for completion.)*

### This training is made possible by:

Riverside University Health  
System—Behavioral Health,  
Prevention and Early  
Intervention, through the  
Mental Health Services Act

### Need additional information?

Email Prevention and Early  
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### **Where:**

Perris FRC  
2055 N Perris Blvd C1,  
Perris, CA 92571

**Cost: FREE !**

### **When:**

Wednesday, June 5, 2019  
1:00 pm - 4:00 pm  
*(Sign-in at 12:45pm. Workshop  
starts promptly at 1:00pm.  
Must attend all 3 hours for  
completion.)*

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### Where:

Family Resource Center  
14320 Palm Dr, Desert  
Hot Springs, CA 92240

**Cost: FREE !**

### When:

Wednesday, June 11, 2019  
1:00 pm - 4:00 pm  
*(Sign-in at 12:45pm. Workshop  
starts promptly at 1:00pm.  
Must attend all 3 hours for  
completion.)*

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