

# MAY IS MENTAL HEALTH MONTH 2019



Thursday, May 23rd

Fairmount Park

#LiveLifeWell

## WELLNESS & RESOURCE FAIR

Presented by Riverside University Health System - Behavioral Health



**FREE — OPEN TO THE PUBLIC**

**FROM 12 TO 4 PM — FOOD AND REFRESHMENTS PROVIDED**

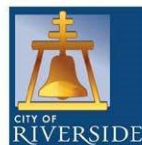
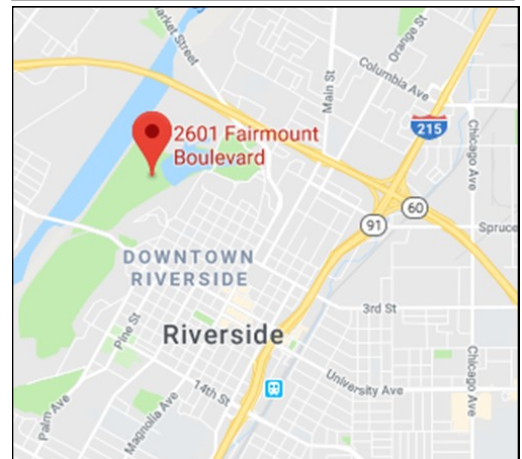
- ▶ Children's Activities
- ▶ Young Adult Activities (ages 16-25)
- ▶ Free Health Screenings
- ▶ Community Information
- ▶ Information on Mental Health
- ▶ Music and Entertainment
- ▶ Substance Abuse Information
- ▶ Special Recognitions

### Fairmount Park in Riverside

2601 Fairmount Blvd.

Intersection of Route 60 and  
Market Street

RTA Bus Route 29



City of Arts & Innovation



# MAYO ES EL MES DE LA SALUD MENTAL 2019



Jueves, el 23 de Mayo

Fairmount Park

#VivirVidaBien

## FERIA DE RECURSOS DE SALUD MENTAL

Presentado por Riverside University Health System - Behavioral Health



## EVENTO GRATUITO—ABIERTO AL PUBLICO

HORA: 12 PM A 4 PM - SE SERVIRÁ COMIDA Y REFRESCOS

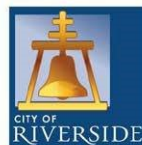
- ▶ Actividades Para Niños
- ▶ Actividades Para Jovenes (16-25 años de edad)
- ▶ Evaluaciones Médicas Gratuitas
- ▶ Casetas de Información Comunitaria
- ▶ Información sobre la Salud Mental
- ▶ Música y Entretenimiento
- ▶ Información Sobre el Abuso de Substancias
- ▶ Reconocimientos Especiales

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En la intersección del fwy 60 y la calle Market

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