

# Mental Health Services Act Annual Plan Update FY 2021-22

## Riverside University Health System Behavioral Health



# What is MHSA?

- 2004 CA voter approved ballot proposition (Prop 63)
- 1% income tax on incomes over \$1 million
- Funds are divided across counties and used to “transform” public MH services
- MHSA has rules (regulations) about the limits and possibilities of how the money can be used
- CANNOT pay for involuntary programs, supplant existing funds (November 2004), or SAPT programs (unless COD)
- Essential Element: Community Collaboration

# Stakeholder Process

- The process that culminates in the annual plan submitted to the State ends with a 30 day posting of the draft plan and a public hearing
- An opportunity to give community feedback about the MHSA Plan and the programs



# Who is a Stakeholder?

- Stakeholder = People, groups, organizations, government depts., businesses, anyone with a stake or a vested interest
- Feedback accepted all year long, but finishes with the annual update process including a 30 day public posting and public hearing

# Stakeholder Partnership and Participation Structure



(Rev 06/28/2018)

**MHSA Stakeholder Partnership and Participation Structure:  
"How Can My Voice Be Heard?"**



<b>BHC &amp; Community Advisory</b>	<b>Collaboratives</b>	<b>Forums</b>	<b>Posting and Public Hearing</b>
<p><u>Behavioral Health Commission</u></p> <p>Commission Meetings</p> <ul style="list-style-type: none"> <li>• Central</li> <li>• Regional (Desert, Mid-County, Western)</li> </ul>	<p><u>Prevention and Early Intervention</u></p> <ul style="list-style-type: none"> <li>• Steering Committee*</li> <li>• Quarterly Collaborative Meetings (Sign up at <a href="mailto:MHSA@rcmhd.org">MHSA@rcmhd.org</a>)</li> </ul>	<p><u>Focus Groups</u></p> <p>Focus Groups are coordinated meetings designed to get specific feedback on community needs. They are sometimes used to initiate planning, sustain planning, or to concentrate feedback from a particular population or group.</p>	<p><u>Plan Draft Distribution</u></p> <ul style="list-style-type: none"> <li>• RUHS-BH Clinics/Programs</li> <li>• Residential Housing</li> <li>• Wellness Cities</li> <li>• Public Libraries</li> </ul>
<p><u>Behavioral Health Commission</u></p> <p>Standing Committees</p> <ul style="list-style-type: none"> <li>• Adult System of Care</li> <li>• Children's Committee</li> <li>• Criminal Justice</li> <li>• Housing</li> <li>• Legislative</li> <li>• Older Adult System of Care</li> <li>• Veteran's Committee</li> </ul>	<p><u>Workforce Education and Training</u></p> <ul style="list-style-type: none"> <li>• Steering Committee*</li> <li>• Workforce survey, training evaluations, and feedback forms</li> </ul>	<p><u>MHSA Forums</u></p> <p>MHSA Forums are held at community events and are dedicated to education and feedback on the MHSA plan.</p> <p>#MHSAtalks</p> <ul style="list-style-type: none"> <li>• May is Mental Health Month</li> <li>• Recovery Happens</li> <li>• (More to come)</li> </ul>	<p><u>Public Hearing</u></p> <p>Public Hearing provides the community to give feedback on a proposed MHSA plan</p> <ul style="list-style-type: none"> <li>• Typically scheduled in May for annual update</li> <li>• Sometimes scheduled at other times of the year based on an individual workplan</li> </ul>
<p><u>Cultural Competency</u></p> <ul style="list-style-type: none"> <li>• Reducing Disparities</li> <li>• African Am. Family Wellness Group</li> <li>• Asian Am. Task Force</li> <li>• Community Advisory on Gender and Sexuality Issues</li> <li>• Nosotros Community Settlement</li> <li>• Spirituality Initiative</li> <li>• Native Am. Council (Developing)</li> </ul>	<p><u>Innovations</u></p> <ul style="list-style-type: none"> <li>• Steering Committee*</li> <li>• Plan related development, monitoring, and support                             <ol style="list-style-type: none"> <li>a. TAY Collaborative</li> <li>b. CSEC Program Meeting</li> </ol> </li> </ul>		<p><a href="http://www.RCDMH.org">www.RCDMH.org</a></p> <p>MHSA Tab</p> <ul style="list-style-type: none"> <li>• Most recent annual update and latest 3-Year plan</li> <li>• Includes electronic feedback forms</li> <li>• <a href="mailto:MHSA@rcmhd.org">MHSA@rcmhd.org</a></li> </ul>

\*Closed meeting

# COVID-19 and Public Hearing

- 30 day posting and public hearing are scheduled for April and May
- Due to gathering restrictions, there was no in-person public hearing in 2020.
- Instead, videos of the MHSA Plan overview were posted on all RUHS-BH social media; one in English (included ASL) and one in Spanish.
- 2021: Same model as last year - Very Successful!
  - Seen by over 16,000 people county-wide
  - Over 14,000 engaged with the post
  - Over 3,000 watched the entire 50 minute video



# So what do I do?

- Provide early feedback on the MHSA Plan
- Use your lived experience and learned knowledge to give feedback and input on the MHSA Plan
- Give your thoughts on a solution
- Ask for more information or training





# MHSA Frame

- 5 Components:
  1. Community Services and Supports (CSS)
  2. Prevention and Early Intervention (PEI)
  3. Innovation (INN)
  4. Workforce Education and Training (WET)
  5. Capital Facilities and Technology (CF/TN)

# CSS

- Largest Component
- Integrated mental health and support services to children/TAY and adults/older adults whose needs not met by other funds
- Full Service Partnerships (FSP) – Over 50%
- Clinic expansion – includes adding Peer Support, specialized evidence based treatments
- Also includes Housing/HHOPE, Crisis System of Care and Mental Health Courts/Justice Involved programs
- Riverside Workplans: 01-Full Service Partnership; 02-General System Development; 03-Outreach & Engagement and Housing

# PEI

- Next largest component
- Reduce stigma related to seeking services, reduce discrimination against people with a diagnosis, prevent onset of a SMI
- Early intervention for people with symptoms for one year or less or do not meet criteria for a diagnosis; low intensity, short term intervention
- Services for youth under age 25 – 51%
- Riverside Workplans: 1) MH Outreach, Awareness, & Stigma Reduction; 2) Parent Education & Support; 3) Early Intervention for Families in Schools; 4) TAY Project; 5) First Onset for Older Adults; 6) Trauma Exposed Services; 7) Underserved Cultural Populations

# WET

- Original WET funds were 1-time funds that lasted 10 years. Expired 2018.
- Continued plans funded through a portion of CSS dollars
- Recruit, retain, and develop the public mental health workforce
- Riverside Workplans: 1) Workforce Staffing Support; 2) Training & TA; 3) Mental Health Career Pathways; 4) Residency & Internship; 5) Financial Incentives for Workforce Development

# INN

- Funded out of CSS and PEI
- Used to create “research projects” that advance knowledge in the field; not fill service gaps
- Time limited: 3-5 years.
- Requires additional State approval to access funds
- Current Riverside Workplans: TAY Drop-in Centers; CSEC Mobile Team; Tech Suite (Help @ Hand)

# CF/TN

- The last CF/TN funds were allocated in 2013-2014, but a portion of CSS funds can be used to address new workplans
- Improve the infrastructure of public mental health services: buildings and electronic programs.
- Projects in the 3-Year Plan (FY 20/21-22/23):
  - Roy's Desert Oasis – NOW open!
  - Riverside Arlington Recovery Community
  - Riverside Safehaven Renovation
  - RUHS-BH Diversion Campus
  - Restorative Transformation Center



# Participate!

- Provide feedback on the plan!
- Draft Plan posted for 30 days in April
- Public Hearing videos posted for 14 days in May
- All comments are documented: Both the verbal and written comments
- Public Hearing comments are reviewed by the Behavioral Health Commission
- The original comment and the response are added to the plan

# Decision Making

- Smaller ideas, like the format of the plan, can readily be adopted
- Bigger ideas, like bringing a certain program to Riverside County, move through advisory groups, steering committees, key informants, and Department executive leadership
- Once accepted, a program idea is developed
  - Assigned to a Program Manager with expertise to project manage as part of Department operations
  - Or goes out to a community based organizations and requires a Request for Proposal (RFP)
- RFP can take over a year due to checks and balances
  - Once awarded, contracts are negotiated

# Why didn't my idea change the Plan?

- Doesn't fit into the MHSA rules or regulations
- Idea better fits with a different funding source
- It's too specific to a particular program and not about the bigger plan
- Conflict of Interest – “Buy my Widget!”
- Budget: What do we remove to pay for it?
- Already addressed in the plan
- Big idea that didn't get enough committee or community advisory group support

# RCDMH.org

The screenshot shows the website interface for Riverside County Department of Mental Health (RCDMH). At the top, the browser address bar shows [rcdmh.org](http://rcdmh.org). The header includes the Riverside County logo and the Riverside University Health System Behavioral Health logo. A navigation menu contains the following items: Home, Administration, Employees, MHPSA, Coronavirus, Take my Hand, Peer Support Chat, and FSP. A dropdown menu is open under MHPSA, listing: Capital Facilities and Technological Needs, Community Services and Supports, Innovation, Prevention & Early Intervention (PEI), Workforce Education & Training, MHPSA Plan Update (circled in red), and MHPSA Issue Resolution. Below the menu, there are two featured employee profiles: Fausto Sanchez, Behavioral Health Specialist, and Cynthia Rumford-Jones, Clinical Therapist. A sidebar on the right contains a 'Prom' section with a list of items including 'Call soci', 'CAI', 'Sub', '24/7', and 'Pee'.



# Other Contact Info

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