

RIVERSIDE COUNTY BEHAVIORAL HEALTH COMMISSION

MEETING MINUTES FOR FEBRUARY 7, 2018 | 12:00 pm to 2:00 pm

CALL TO ORDER, PLEDGE OF ALLEGIANCE, AND INTRODUCTIONS – Chairperson, Rick Gentillalli called the meeting to order at 12:00 pm, lead the Pledge of Allegiance, and commenced introductions.

CHAIRPERSON'S REMARKS – None

COMMISSION MEMBERS REMARKS – Walter Haessler reported that he will have to excuse himself from the Marijuana Regulation AdHoc Committee due to an upcoming surgery. Greg Damewood announced that NAMI is hosting a dinner on February 26 for \$75 per person. April Jones promoted the Freeways Art Exhibition event, which will be held at Monteleone Meadows in Murrieta on February 11 at 2 pm. The event is a fundraiser for survivors of childhood sexual abuse. Brenda Scott announced that NAMI California is hosting a Peer Support Specialist Training, which begins on February 20. It is a 70-hour training and participants that complete the training will receive peer certification for family and peer supports. Ms. Scott also promoted the NAMI Walk, which will be held on October 27 at Diamond Valley Lake.

PUBLIC REMARKS – NAMI Representative announced that they are hosting a Family-to-Family class at San Jacinto Unified School District from May 7 – May 30 and a Peer-to-Peer class from March 7 – May 9 at Hemet Mental Health. Both classes are also offered in Spanish. They are also hosting a “Recognition Fiesta” on February 16 where they will recognize peers and people in the community for their outstanding work. Tickets for the event are \$35 per person or \$60 for two.

MINUTES OF THE PREVIOUS MEETING – Minutes were accepted as written with three abstentions.

CELEBRATE RECOVERY – This month’s Celebrate Recovery Speaker is Joshua Rovang. Mr. Rovang suffered his first breakdown after his first year of college. Mr. Rovang acknowledged that it was his Type A and overachieving personality that lead to his breakdown. He finished his AA degree within his first year in college and was an avid athlete. The pressure took its toll on him and was later diagnosed with severe depression and anxiety. Mr. Rovang was prescribed medication to manage his symptoms and was able to stop a year later. Seven years after his recovery, he suffered another episode, which was strangely caused by learning of his wife’s pregnancy. Mr. Rovang was once again diagnosed with severe depression and anxiety. This was strange for him because he and his wife really wanted to have kids. They tried for several years and at one point they were ready to give up. The birth of his daughter caused him to spiral and was admitted at ETS/ITF (Emergency Treatment Service/ Inpatient Treatment Facility). Mr. Rovang was placed on medication and began seeing a counselor. It took a great deal of time for him to get balanced again, but with the wellness tools he learned from the Department’s counseling services, proper medication, as well as his own exercise and nutrition plan, he was able to recover beautifully. Mr. Rovang now works as a Peer Support Specialist and a Personal Trainer for the Rustin Gym. Helping people was always his goal in life and although this was not the route he would have personally chosen to achieve that goal, he’s still glad he did. Mr. Rovang is able to utilize his expertise and passion for fitness and nutrition along with his own personal experience with behavioral health struggles to help others with their own recovery journey.

NEW BUSINESS

1. SUBSTANCE ABUSE PREVENTION & TREATMENT (SAPT) SYSTEM OVERVIEW: Will Harris presented on behalf of Rhyan Miller. Due to some confusion regarding the DMC-ODS Waiver (Drug Medi-Cal Organized Delivery System), Mr. Harris described its core components, benefits, and outcomes. There were six core components that the Department needed to provide in order to have the DMC-ODS Waiver – 1.) Provide a continuum of care modeled after nationally-recognized standard of care (ASAM – American Society of Addiction Medicine); 2.) Provide increased local control and accountability; 3.) Provide strong provisions for program integrity and beneficiary protections; 4.) Create oversight by utilizing tools to improve care and manage resources; 5.)

provide evidence-based practices in all facilities to ensure quality of service; 5.) And integration of systems to provide overall service to the individual – behavioral and physical care.

Services have increased dramatically since the Waiver's implementation. Prior to the Waiver, much of the treatment/services provided were "cookie cutter," and now services are more custom built to meet the individual consumer's needs. The DMC-ODS Waiver provides nearly twice the number of services and each service offering has been expanded to advanced levels of care. Mr. Harris noted that SAPT now offers recovery services, which helps consumers' transition back into society with the appropriate support. Soon, they will have the ability to offer medically monitored and medically managed withdrawal in a hospital setting and partial hospitalization. An RFP (Request for Proposal) was posted in December for recovery residences to serve clients leaving residential programs and transitioning to an outpatient program. This will afford consumers the opportunity for stable sober housing for up to 60-days during their transition.

Mr. Harris shared a few outcomes since the implementation of the DMC-ODS Waiver and graphs showed a significant increase in outpatient and intensive outpatient services. Mr. Harris credited the success of the program to the providers as they were able to create new innovations and branch out to provide expanded treatments and services.

2. MARIJUANA REGULATION: Mr. Harris provided the Marijuana Regulation AdHoc Committee material to assist them in their efforts with writing a recommendation. A report written by Dr. Sue Nelson titled "Proposition 64: Local Jurisdictions and Regulatory Considerations" discusses issues around enacting local controls of indoor personal cultivation and considerations for retail, advertising, deliveries, residential and commercial outdoor cultivation, edibles, personal use, and environmental impacts. Mr. Harris added that there is a moratorium on licensing until 2020 for outdoor land grows larger than an acre and indoor facility grows larger than 20,000 feet. Jim Mosher's report "The 2016 California Marijuana Initiative and Youth: Lessons from Alcohol Policy," studies the best practices from the alcohol industry and how it can also be implemented in the cannabis industry.

OLD BUSINESS

1. MHSA UPDATE: David Schoelen provided an update regarding the Inland Empire PsychPartners Innovations Plan that Mr. Steinberg reported to have been rejected by the MHSOAC at the January BHC meeting. Mr. Schoelen reported that they followed-up with the Commissioners to determine why they rejected the plan and discovered that there were areas of the plan that they were unfamiliar with. They weren't quite as educated on the plan as they should have been. In addition, there were some Commissioners that held a strong preference for MHSA monies not to be spent in hospital settings. Mr. Schoelen reported that he and his team are going to revise the plan accordingly as well as help educate the Commissioners more on the topic. San Bernardino County is still trying to gain some direction of whether or not they will revise their plan or withdraw themselves from the project.

In the course of the revision, they've been working closely with Shannon McCleerey-Hooper, Consumer Affairs Manager. Mr. Schoelen reported that they are focusing on strengthening the consumer and peer supports component of the initial plan with the help of Ms. McCleerey-Hooper and Judy Nightingale, the Nurse Manager at RUHS- Medical Center. Based on the feedback, the Commissioners are more welcoming of that idea and will re-consider the Plan when it is presented. The downside, however, is that Mr. Schoelen and his team will need to go through a new planning process in order for the Plan to be reconsidered. Mr. Schoelen reported that they anticipate presenting the revised plan in September or October. In addition, they are working on developing other plans so they can follow the same planning process and address Innovation monies to ensure they stay within Riverside County.

2. SAPT UPDATE: Mr. Harris reported that February 1 was the one year anniversary of the Drug MediCal Waiver; the program has been operational for one year and has been performing very well.

SITE REVIEW: Ric Riccardi shared with the Commission his experience with utilizing the new Site Review Form and procedure. Mr. Riccardi reported that the new streamlined procedure and form has significantly reduced the amount of time it takes to complete a Site Review. He recently completed a review of the Wellness and Recovery Clinic for Mature Adults and the form took roughly 35 minutes to complete with the assistance of the Supervisor. The simplified version of the form helps reduce the number of errors and confusion, which helps a great deal when completing the form.

DIRECTOR'S REPORT – Steve Steinberg reported that the Board of Supervisor's (BOS) recently approved their legislative platform regarding the 1991 Realignment funding. According to the BOS, they will begin considering legal action against the state to compel them to adjust the formulas of the Realignment funding. Mr. Steinberg noted that the County is losing approximately \$45-68 million a year due to the failure of the system to readjust the formulas to correlate with the rapid growth of Riverside County's overall population.

The County recently imposed a hiring freeze on all departments; however, we currently have the opportunity to negotiate positions depending on their necessity and funding source. The grounds that the Department has to negotiate hiring for these positions are: if the position is not funded with County monies; if grant funding is threatened by a vacancy; and if the position is necessary pursuant of the court order stemming from the lawsuit filed against Detention.

The Department is facing increased audit and accountability, and the rules are changing in regards to how we document and bill for services. Mr. Steinberg noted that this is extremely specialized work and can have a significant impact in terms of the Department's funding and revenue stream. Mr. Steinberg requested a fifth Deputy Director that will work in conjunction with Quality Improvement along with other departments that are key to successfully completing audits. Mr. Steinberg added that the position has the possibility of saving the Department a great deal of money, which can alternately finance the salary of the position through its duration.

There are currently two high profile cases that involve RUHS-BH. The first case has received nationwide coverage on the news – the Turpins and the systematic abuse and torture of their 13 children. For confidentiality reasons, Mr. Steinberg can only report that the Department has provided full support to the children and that they are doing well. The second case involves the death of a three year old and it's alleged that the child died at the hands of the mother. Mr. Steinberg reported that they are currently looking into the case to determine if the Department was involved.

COMMITTEE UPDATES:

DESERT REGIONAL BOARD: Carole Schaudt reported that they are working on the Desert Region's Art Show for May is Mental Health Month. This year's event will be honoring John Benoit and will be held at the Riverside County Fairgrounds in Indio.

MID-COUNTY REGIONAL BOARD: Brenda Scott reported that the new TAY (Transitional Age Youth) Center recently opened in Perris. Mid-County is also working on their upcoming May is Mental Health Month Event, which will be held on May 5 at Perris City Hall. They are also continuing their work with the bylaws and hope to present an updated version soon.

WESTERN REGIONAL BOARD: Greg Damewood stated that minutes will be submitted for review.

ADULT SYSTEM OF CARE: Ms. Scott reported that Robert Youssef did a presentation regarding his efforts with the Department's social media accounts. Ms. Scott suggested having Mr. Youssef do a similar presentation for the Commission.

CHILDREN'S COMMITTEE: Tori St. Johns reported that they are working on membership and attendance as there has been a bit of turnover. They are sending invitations to people who have come in the past and individuals from different organizations that may be interested in learning more or even share new information of their own

regarding children's services. David Schoelen will be presenting at their next meeting and they look forward to having him.

CRIMINAL JUSTICE COMMITTEE: Mr. Damewood reported that they continue to discuss AB109. Valerie Arce, the secretary for the committee, resigned earlier this year for a new position. Bill Brenneman regularly attends to provide updates on Prop 47.

HOUSING COMMITTEE: Ms. Scott reported that they had quite a few speakers attend the meeting and Diana Brown provided an update on PEI (Prevention and Early Intervention).

LEGISLATIVE COMMITTEE: Walter Haessler reported Angela Igrisan discussed with them the efforts of Mr. Steinberg and Brian Nestande regarding the 1991/ 2001 Realignment funding. They also discussed the efforts of the Corona assemblyman introducing legislation that would evaluate homes registered as "home schools" as a way to avoid situations similar to what occurred with the Turpin family.

OLDER ADULT SYSTEM OF CARE COMMITTEE: None

QUALITY IMPROVEMENT COMMITTEE: Daryl Terrell provided an update from the December 6 meeting as they were dark in January. Mr. Terrell reported that Lake Elsinore and Temecula expanded their hours of operation on January 7. Milestone Board and Care have changed their name to Desert Sage. For Fiscal year 16/17, the Department provided services to a total of 57,591 mental health and substance abuse consumers. The highest consumer population served was the Western Region for both mental health and substance abuse. The total number of consumers served by mental health increased by 6.64% from Fiscal 15/16 to 16/17 and the largest age group served were adults, which was 65%. Hispanic and Latino consumers made up the large portion of population served by mental health and substance abuse, which was 30.9 and 43.3% respectively. Mid-County showed the highest proportion of MediCal consumers served. The Desert Region had the highest proportion of consumers with a drug or alcohol history. Overall satisfaction of calls ranked at 90%.

VETERANS COMMITTEE: Rick Gentillalli reported that the committee has grown tremendously over the past few months and encourage others interested in learning more about our veterans services to attend. At their last meeting David Schoelen gave a presentation on MHSA; Sergeant Major Coker gave an update on his interaction with various other agencies regarding veterans' services; and Dr. Sunder gave an overview of PTSD (Post-Traumatic Stress Disorder).

EXECUTIVE COMMITTEE RECOMMENDATIONS – Greg Damewood asked about possibly formulating "homeless etiquette." Carole Schaudt requested to have a Housing Update.

ADJOURN: The Behavioral Health Commission meeting adjourned at 2:01 pm.

Maria Roman

Ric Riccardi, BHC Secretary

Maria Roman, Recording Secretary

FY 2017/18 BEHAVIORAL HEALTH COMMISSION ATTENDANCE ROSTER

MEMBERS	JUL	SEP	OCT	NOV	JAN	FEB	MAR	APR	MAY	JUN
April Jones, District 3	✓	✓	✓	✓	A	✓				
Beatriz Gonzalez, District 4	✓	✓	✓	A	✓	✓				
Brenda Scott, District 3	✓	✓	✓	✓	✓	✓				
Carole Schaudt, District 4	✓	✓	✓	✓	✓	✓				
Daryl Terrell, District 5	✓	A	✓	✓	A	✓				
Dildar Ahmad, District 1	✓	✓	✓	✓	✓	✓				
George Middle, District 2 (Redist. 5)	✓	✓	✓	✓	A	A				
Greg Damewood, District 5	✓	✓	✓	✓	✓	✓				
Ashley Fuller, BOS Representative	✓	✓	✓	✓	A	✓				
Ric Riccardi, District 5	✓	✓	✓	✓	✓	✓				
Richard Divine, District 2 (Redist. 4)	A	✓	✓	✓	✓	✓				
Rick Gentillalli, District 3	✓	✓	✓	✓	✓	✓				
Victoria St. Johns, District 4	✓	✓	✓	✓	✓	✓				
Walter Haessler, District 1	✓	✓	✓	✓	✓	✓				

Present = ✓ | Absent = A | Medical Leave = ML

Minutes and agendas of meetings are available upon request and online at www.rcdmh.org. To request copies, please contact the BHC Liaison at (951) 955-7141 or email at MYRoman@rcmhd.org.

OTHERS PRESENT		
Steve Steinberg, RUHS-BH Director	Angela Igrisan, RUHS-BH	Deborah Johnson, RUHS-BH
Araceli Ruiz, BOS Rep District 1	Bill Brenneman, RUHS-BH	Maureen Dopson, RUHS-BH
Will Harris, RUHS-BH	Jim Hill, RUHS-BH	Karen Reynolds, Guest
Ryan Quist, RUHS-BH	Araceli Ruiz, BOS Rep District 1	HollyJo Reynolds, Guest
Nat Tollefson, RUHS-BH	Jolyne Bucker, Grand Jury	Beverly Mays, Grand Jury
Sheri Parker, Guest	Cynthia "Oma" Gray, Guest	Marlene Rivera,
Rick Algarin, RUHS-BH	Karen O'Rear, RUHS-BH	Brian Tisdale, BOS Rep District 3
Sofia Perez, BOS Rep District 3	Sarah Rodriguez, BOS Rep District 3	May Farr, Guest
Vickie Redding, RUHS-BH	Dr. Keerthy Sunder, Guest	Shelby Rogers, BOS Rep District 2
Riba Eshanzada, RUHS-BH	Steve Lusk, Guest	Santiago Alvarez, Guest
Michelle Martinez, RUHS-BH	Steve Wilder, Guest	Tiffany Ross, RUHS-BH
Karen Reynolds, Guest	Juan Valenzuela, Guest	Paul Baum, RUHS-BH
Barbara Mitchell, Guest	Sylvia Aguirre-Aguilar, RUHS-BH	Lucy Lopez, RUHS-BH
Steve Wildish, Guest	Deborah Pagliuso, Guest	Amy McCann, RUHS-BH
Maria Roman, RUHS-BH	David Schoelen, RUHS-BH	Joe Zamora, RUHS-BH
Joshua Rovang, RUHS-BH	Marlene Rivera, Guest	