

# **RIVERSIDE COUNTY BEHAVIORAL HEALTH COMMISSION**



Meeting Minutes  
July 5, 2017  
12:00 pm – 2:00 pm

# BHC MEETING ATTENDANCE

## JULY 5, 2017

MEMBERS PRESENT	
Rick Gentillalli, Chairman	Richard Divine, Vice Chair
Ric Riccardi, Secretary	Tori St. Johns, District 4
Carole Schaudt, District 4	Beatriz Gonzalez, District 4
Walter Haessler, District 1	Dildar Ahmad, District 1
George Middle, District 2	April Jones, District 3
Brenda Scott, District 3	Daryl Terrell, District 5
Ashley Fuller, BOS Representative	

MEMBERS NOT PRESENT	
Richard Divine, District 2	

OTHERS PRESENT	
Greg Rodriguez, 4 <sup>th</sup> District BOS Representative	Greg Landon, Guest
Lynn Basso, RUHS-BH, Guest Speaker	Joe Gonzalez, RI International
Nicole Plonte, RUHS-BH	Michelle Steckel, RUHS-BH
Kim Layman, Corona 4 Change	Jim Hill, RUHS-BH
Angela Igrisan, RUHS-BH	David Schoelen, RUHS-BH
Tony Ortego, RUHS-BH	Deborah Johnson, RUHS-BH
Claudia Smith, RUHS-BH	Brian Betz, RUHS-BH
Sylvia Aguirre-Aguirre, RUHS-BH	Tony Lucas, RUHS-BH
Ryan Quist, RUHS-BH	William Harris, RUHS-BH
Kristen Duffy, RUHS-BH	Nat Tollefson, RUHS-BH
Vickie Redding, RUHS-BH	Kim McElroy, MCRB
Rick Algarin, RUHS-BH	Bernadette Regan, RUHS-BH
Maureen Dopson, RUHS-BH	John Robinson, Molina
Randy Nater, Molina	Laurence Gonzaga, IEHP
Dawn Gordon, WRB	May Farr, NAMI
Tiffany Keeler, RI Consulting	Karen Hudson, RI International
Elin Zerai, Safe Haven RI	Angie Abbott, RUHS-BH
Josephine Young, Guest	Toya Rick, Guest
Sharon Lee, RUHS-BH	Steve Steinberg, RUHS-BH Director
Bill Brenneman, RUHS-BH	Craig Lambdin, MFI

**CALL TO ORDER AND INTRODUCTIONS** – Rick Gentillalli called the Behavioral Health Commission meeting to order at 12:03 pm.

**CHAIRPERSON'S REMARKS** – Mr. Gentillalli reported that he recently attended a Mental Health Commission training held by the state, which was perfect timing as he is the new BHC Chairperson.

**COMMISSION MEMBERS REMARKS** – Brenda Scott reported that NAMI recently held their national conference and 140 people from California traveled to Capitol Hill to discuss mental health issues with legislators.

**PUBLIC REMARKS** – Joe Gonzalez from RI International donated a piece of quilling artwork to the Rustin Campus.

May Farr announced that the Annual NAMI Walk will be held on Saturday, October 28, 2017 at Hemet's Diamond Valley Lake. Their kick-off luncheon will be held on Wednesday, September 13 from 11:00 – 1:00 pm at Benedict Castle in Riverside.

Tiffany Keeler announced that she received a full scholarship at New Mexico State University and will be starting her Master's Degree of Fine Arts in Poetry. Ms. Keeler credited her successful recovery and accomplishments to RUHS-BH's system of care.

**MINUTES OF THE PREVIOUS MEETING** – Walter Haessler stated that "legislator" should be changed to "Mental Health Directors" and Director Steinberg mentioned that "75 legislators" should be changed to "57..." With one abstention, the minutes were accepted by the BHC as noted.

**CELEBRATE RECOVERY** – Will Harris, Prevention Services Coordinator for Substance Abuse Prevention and Treatment Program introduced this month's Celebrate Recovery Speaker, Lynn Basso. Ms. Basso is a Behavioral Health Specialist II (BHS-II) for the Substance Use Care Coordination Team. Ms. Basso first came to the Department in 2005, but not as an applicant for a Department position, but as a consumer.

Ms. Basso came from a good family with a good background; however, she fell into a bad crowd during her youth where she began smoking pot and drinking alcohol at age 12. Along the way, she was introduced to meth, which became her first drug of choice. After two decades of using and 2 young children later, her home was raided on September 18, 2005 and her children were taken away by Child Protective Services (CPS).

After paying over \$35,000 for high-end rehab facilities, Ms. Basso's parents were no longer willing to pay for her treatment, which is what led her to Riverside University Health System – Behavioral Health (RUHS-BH). The Department referred Ms. Basso to MFI, where she participated in their inpatient treatment. Ms. Basso waited 3 weeks before getting admitted and once she arrived she was inconsolable. Staying in the program proved to be a challenge, but Ms. Basso persisted. While in MFI, CPS released her children to her parents, which enabled Ms. Basso to fully focus on her recovery. During her treatment, a counselor inspired Ms. Basso to return to school, which is what she did once she completed the program. After graduating college, she returned to MFI seeking an internship and was immediately hired. In the meantime, she regained custody of her sons and is now better able to provide for her children.

Ms. Basso worked at MFI for 2 ½ years and later left (on good terms) to find a position that would help her balance her home and work life, which is how she came to be a BHS-III for RUHS-BH. After 10 years of being in the behavioral health field, Ms. Basso still works on her own recovery. She attends meetings, works with a sponsor, and continues to work on her steps. Ms. Basso also sponsors other women to help guide and support them through their recovery journey.

## **NEW BUSINESS**

1. APPROVE BEHAVIORAL HEALTH COMMISSION ANNUAL REPORT FY16/17: The Commission unanimously approved to submit the Behavioral Health Commission Annual Report FY 16/17 to the Board of Supervisors.

2. SITE REVIEWS: Rick Gentillalli appointed Greg Damewood and Ric Riccardi to the Site Review AdHoc Committee to help improve and simplify the form and procedure.
3. IHSS (IN-HOME SUPPORTIVE SERVICES & REALIGNMENT): Amy McCann reported that the state Governor decided to shift the responsibility of In-Home Supportive Services to the counties, part of which was funded with our Behavioral Health Realignment growth money. The impact of this shift to our County is estimated to be approximately \$1-1.5 million per year for the next five years. This money is allocated and the only source of funding for the Department's inpatient programs, IMD programs, and state hospitals. Due to these monies being limited and being the sole source of funding for these programs, it is a significant impact. The Department would be losing approximately 16 bed-days per day for a total of 6,000 bed-days per year. Ms. McCann reported that this breaks down to 16 patients per day that the Department is unable to serve due to funding being shifted over to IHSS.

**OLD BUSINESS**

1. MHSA UPDATE: David Schoelen introduced Tony Lucas, MHSA's new Innovation Planner. Mr. Schoelen stated that due to the way Innovation Planning works, it was thought that it would be sensible to have an individual focus solely on this MHSA component.
  - a. Innovation Project Plan: Inland Empire Psych Partners – Public-Private Collaboration to Transform Emergency Psychiatric Services: Mr. Schoelen reported that MHSA's newest Innovation project will be focusing on further improving crisis services in hospitals. The project will be a collaboration with San Bernardino and Hospital Association in Southern California (HASC). Elements included in this plan is tele-psychiatry and standardized treatment plans to help replace the “medicate and isolate” currently practiced in hospitals. This plan also includes an educational component that will not only teach the basics of stigma and mental health crises, but also techniques on how to behaviorally de-escalate someone experiencing a severe episode. The Plan will be posted for a 30-day review and a Public Hearing will be scheduled to discuss this plan and gain feedback from the public and stakeholders.
2. SUBSTANCE ABUSE PREVENTION & TREATMENT PROGRAM (SAPT) UPDATE: Will Harris provided the SAPT Update in Rhyen Miller's absence. Mr. Harris reported that he and Mr. Miller attended the Substance Abuse Administrators meeting in Sacramento where they discussed the Senate Healthcare bill and its potential impacts. Jennifer Kent, Director of California Department of Healthcare Services, and Dianna Dulle, Secretary of Health and Human Services of California, released an initial report that gives a fiscal impact statement of how the Senate Bill would impact California. Mr. Harris reported that if the bill passes, the outlook is not promising.

SAPT is renewing contracts for the Waiver Services and they have reported increases in some of the new services offered, such as medication assisted treatment. A Request for Qualifications (RFQ) will be posted for recovery residence support; the final piece missing from SAPT's continuum of care they were previously unable to fund. Fiscal has given the approval and will be partly funded by block grants. Mr. Harris states that they hope this will fill the gap for those individuals who are transitioning from residential services to intensive outpatient.

The Desert Youth Council recently participated in a video contest for “Distracted Driving” and they monitored the success of the video through online views and likes. So far, the Desert Youth Council's video has received the most likes and has a very good chance of winning the competition.

Kristin Duffy announced that the Recovery Happens Event will be held on Friday, September 15. The next Planning Committee meeting will be held at 3525 Presley Avenue, on Thursday, July 27 at 3:00 pm. Vendor registration forms are available for those interested in having a resource table at the event.

**DIRECTOR'S REPORT** – Steve Steinberg reported that the Department is monitoring the current Affordable Care Act repeal bill and he will have more information in September.

## **COMMITTEE UPDATES:**

DESERT REGIONAL BOARD: Carole Schaudt reported that they discussed the wrap-up of May is Mental Health Month Art Show. Ms. Schaudt asked on behalf of the DRB how the site reviews will be done in the future. Mr. Gentillalli deferred the question to the Site Review AdHoc Committee.

MID-COUNTY REGIONAL BOARD: Kimberly McElroy reported that they are continuing their work on updating the Regional Board Bylaws and hope to have the Commission review it for approval. They also discussed the wrap-up of Mid-County's May is Mental Health Month event. Ms. McElroy thanked TAY and Older Adult representatives attending the Mid-County Regional Board meetings as it is helping them stay updated on activities in those programs in their region.

WESTERN REGIONAL BOARD: Greg Damewood stated that their meeting minutes will be forwarded for review.

ADULT SYSTEM OF CARE: Brenda Scott reported that she was unable to attend the meeting as she was in Sacramento with NAMI. However, Ms. Scott did get an update and stated that IEHP gave a presentation at the last meeting and that staff is working on getting more members join the Committee.

CHILDREN'S COMMITTEE: Tori St. Johns reported that Aaron Gardener from Public Health gave a presentation on the disparities and underserved transgender community. Lorie Lacey-Payne briefly shared their idea of incorporating an AdHoc meeting where they invite high school age students to attend meetings and help determine the needs in the community and what type of behavioral health services are needed for their age group. Ms. Lacey-Payne stated that incorporating a youth component will be helpful in the development of systems of care. Students who participate in the AdHoc committee will receive community service credits for graduation.

CRIMINAL JUSTICE COMMITTEE: Greg Damewood announced that the next meeting will be Wednesday, July 12 and will be held at 3625 14<sup>th</sup> Street at 12:00pm. All those interested in attending are welcome.

HOUSING COMMITTEE: Brenda Scott reported that IEHP gave a presentation on resources and the grants the Department has to help address the housing issue in Riverside County. The Committee is also working on getting more members.

LEGISLATIVE COMMITTEE: Walter Haessler reported that after Brian Nestande's presentation on the realignment funding topic, the Committee discussed other possible ways to address the issue as suggested by Mr. Nestande. Dr. Haessler stated that the best way to begin is by gathering information, so the Committee requested to have staff provide the list of counties that benefit and those that are negatively impacted by the realignment funding.

OLDER ADULT SYSTEM OF CARE: Ric Riccardi reported that Tony Ortego and Dr. Chung are working collaboratively with the Korean pastors of Riverside County in a program that help educate faith-based leaders on the issues of mental illness and identifying the stigma involved with mental illness. Korean pastors hope to open up to other faith-based ministries to expand this program and help other individuals struggling with mental health issues in other congregations.

QUALITY IMPROVEMENT COMMITTEE: Daryl Terrell reported that RUHS-BH was recently awarded a Prop 47 grant. QIC is in the process of developing new monitoring tools to be in compliance with new regulations; the outpatient tool is close to completion and the residential tool is still being developed. Mr. Terrell reported that QIC had an evaluation on their EQRO PIP (Program Improvement Plan) and received positive reviews. Recommendations made were: further improve communications with contractors; proper documentation of issues with the state; and focus on communicating with contractors regarding the needs of the consumers. They also discussed the importance of integrating more peer specialists in hospitals to help consumers feel familiar and comfortable when receiving services or resources.

**EXECUTIVE COMMITTEE RECOMMENDATIONS:** Greg Damewood requested some information on how community members can approach individuals experiencing mental health crisis or someone exhibiting symptoms. Angela Abbott offered to provide a presentation on the topic. April Jones requested to have some

time to present on Hemet Unified School District's model suicide prevention policy; pursuant to AB2246.

**ADJOURN:** The Behavioral Health Commission meeting adjourned at 1:58 pm.

*Maria Roman*

Ric Riccardi, BHC Secretary

Maria Roman, Recording Secretary

**FY 2017/18 BEHAVIORAL HEALTH COMMISSION ATTENDANCE ROSTER**

<b>MEMBERS</b>	<b>JUL</b>	<b>SEP</b>	<b>OCT</b>	<b>NOV</b>	<b>JAN</b>	<b>FEB</b>	<b>MAR</b>	<b>APR</b>	<b>MAY</b>	<b>JUN</b>
April Jones, District 3	✓									
Beatriz Gonzalez, District 4	✓									
Brenda Scott, District 3	✓									
Carole Schaudt, District 4	✓									
Daryl Terrell, District 5	✓									
Dildar Ahmad, District 1	✓									
George Middle, District 2 ( <i>Redist. 5</i> )	✓									
Greg Damewood, District 5	✓									
Ashley Fuller, BOS Representative	✓									
Ric Riccardi, District 5	✓									
Richard Divine, District 2 ( <i>Redist. 4</i> )	A									
Rick Gentillalli, District 3	✓									
Victoria St. Johns, District 4	✓									
Walter Haessler, District 1	✓									

Present = ✓  
 Absent = A  
 Medical Leave = (ML)

Minutes and agendas of meetings are available upon request and online at [www.rcdmh.org](http://www.rcdmh.org). To request copies, please contact the BHC Liaison at (951) 955-7141 or email at [MYRoman@rcmhd.org](mailto:MYRoman@rcmhd.org).