

## RIVERSIDE COUNTY BEHAVIORAL HEALTH COMMISSION

MEETING MINUTES FOR NOVEMBER 1, 2017 | 12:00 pm to 2:00 pm

**CALL TO ORDER, PLEDGE OF ALLEGIANCE, AND INTRODUCTIONS** – Chairperson, Rick Gentillalli called the meeting to order at 12:00 pm, lead the Pledge of Allegiance, and commenced introductions.

**CHAIRPERSON'S REMARKS** – Mr. Gentillalli encouraged all members of the Commission to complete at least one site review for the next fiscal year.

**COMMISSION MEMBERS REMARKS** – Brenda Scott reported that the NAMI Walk had a large turnout with 2,500 people in attendance. Ms. Scott thanked all those who supported and participated to make this year's NAMI Walk a success.

**PUBLIC REMARKS** – Theresa Comstock, president of California Association of Local Behavioral Health Boards and Commissions (CALBHB/C) presented on the role of their organization in relation to the BHC and shared some dates for an upcoming training and forum.

**MINUTES OF THE PREVIOUS MEETING** – Minutes were accepted as written.

**CELEBRATE RECOVERY** – Antoinette Williams from the Parent Support and Training Program introduced this month's Celebrate Recovery speaker, Larita Brown. Ms. Brown is a mother of five children; each one with their own personality and set of needs. This is quite a challenge for Ms. Brown and as a young mom she hoped to find some guidance and learn effective parenting skills. Ms. Williams guided Ms. Brown and gave her proper tools and resources to help raise and manage her five children. Ms. Brown has implemented behavioral charts, specialized chores list, timeouts, and different forms of consequences. One of the notable techniques she mentioned was forming disciplinary methods that better coincide with the child's age and personality; a 5-year shouldn't be disciplined in the same way as a 10-year old as their needs and personalities are vastly different. Ms. Brown stated that these various techniques have not only helped Ms. Brown to properly discipline her children, but have also improved their communication, which in effect improves their relationship. Ms. Brown thanked Ms. Williams and the Department for the programs offered, as they helped her learn new and effective methods of parenting and being a better mom overall.

### NEW BUSINESS

1. APPROVE RIVERSIDE 2017 DATA NOTEBOOK: Ryan Quist reported that the Data Notebook has been finalized and requested the Commission's approval to submit the report to the Mental Health Planning Council. The Commission unanimously approved the Data Notebook.
2. COMMUNITY ACTION PARTNERSHIP (CAP): Brenda Freeman, Deputy Director for Community Action Partnership, presented on the background and various types of services offered by her program. Community Action Partnership (CAP) is a network of over 1,100 facilities nationwide. The Riverside facility, also known as CAP Riverside, was established in 1979. Their building recently underwent an expansion by having a training learning center added to their facility. CAP Riverside is governed by the County of Riverside's Board of Supervisors and is also under the umbrella of Riverside University Health Services – Public Health, which is lead by Sarah Mack, Director.

The type of services offered by CAP Riverside is wide ranging including weatherization, utility assistance, cool and warm centers, savings match, youth programs, tax preparation, and dispute resolution. Between all satellite offices throughout Riverside County, the program receives over 250 walk-ins daily (which double during summer months) and 1,200 calls a day.

CAP Riverside is one of the few county departments that is largely funded through grants. Funding typically consist of state, federal, and various other sources. Energy services are funded through Low-Income Energy Assistance Program (LIEAP), which is funded through the state and federal.

3. **FORM 700:** BHC Liaison presented information regarding Form 700 and the newly implemented electronic filing system. Form 700 is a state required disclosure form filed annually by Commissioners along with many others listed in the Conflict of Interest Code established by Riverside County's Board of Supervisors. The most current code was approved on March 14, 2017. Form 700 is typically filed manually with hard copies; Riverside County has recently transitioned to an electronic filing system called Netfile. Netfile is a licensed, registered, and secured site used by many local government agencies. Commissioners will receive an email notification in January, which will include a link that will direct the Commissioners to the site. The site will provide Commissioners instructions on how to navigate the system and help walk them through the registration process. The Liaison stated that the deadline to submit Form 700 will be April 2, 2018. Typically, the deadline is on April 1, however next year April 1 will be on a Sunday, thus pushing it to Monday.

## **OLD BUSINESS**

1. **SITE REVIEWS:** Mr. Gentillalli encouraged all Commission members to complete at least one site review for this fiscal year. Chairperson acknowledged that the merge of the Mental Health Board and Substance Use Advisory Board presented some challenges, which pushed some of the Commission's responsibilities to the side, however, Chairperson encouraged all members to try and participate as this particular exercise also helps the Commissioners learn more about the Department's county and contract provider services, treatments, and programs. Chairperson added that the procedure and form has been revised and updated to make it user friendly for both the Supervisor and Commissioner completing the Site Review.
2. **MHSA UPDATE:** Toni Lucas, Social Services Planner for MHSA Innovations provided the update on behalf of MHSA Administrator, David Schoelen. Ms. Lucas reported that MHSA will be presenting the Inland Empire PsychPartners Project to the Mental Health Services Oversight and Accountability Commission (MHSOAC). One final step prior to this presentation is a review of stakeholder feedback, which requires the Commission's assistance. Mr. Gentillalli agreed to have the Executive Committee review the feedback with Ms. Lucas and Mr. Schoelen after their Executive Committee teleconference meeting on Tuesday, November 7. Ms. Lucas also reported that MHSA is in their stakeholder process for the Mental Health Services Act Plan Update. They will begin scheduling meetings with the Commission, committees, and subcommittees to discuss the MHSA Plan Update.
3. **SAPT UPDATE:** Substance Abuse Prevention and Treatment Administrator, Rhyan Miller introduced Rick Mesa, President and CEO of The Ranch Recovery Center to answer a question recently asked by a Commissioner. The question asked was, "What are the enhancements afforded by the Drug MediCal Waiver to contract providers participating in the program?" Mr. Mesa reported that the Waiver has allowed some major changes in how they provide care and treatment to those with substance use disorders. They now have a medical director, a physician's assistant, psychiatrist, medical assistant, registered nurse, and licensed vocational nurse. They have also hired additional counselors and case managers as they've grown considerably in the last several months. They've also expanded their infrastructure by building medical offices in their facilities. In his 33 years of being in the industry, this is the first change he has experienced that is truly better and significantly more effective for their consumers, as they are now capable of providing excellent quality services to the community.

Mr. Miller reported they recently submitted a request for proposal (RFP) for recovery residences have been submitted to the Director. They're also in the process of completing another RFP for in-patient detoxification, which is medically managed and monitored detoxification in an acute setting. This RFP will also include a request for providers interested in offering partial hospitalization services.

Department of Public Social Services (DPSS) has vacated their building in Moreno Valley and SAPT anticipates a move-in date within the first quarter of 2018. The rental agreement for the facility will be up for review and approval by the Board of Supervisors on December 5. That facility will house SAPT's Friday Night Live Program and will mainly be a youth facility with the exception of the MOMs Program.

The Temecula Clinic recently added the MOMs program, which expanded services within that clinic. Prevention and treatment services are now being offered in Paloma Valley High School, San Jacinto High School, and Monte Vista Middle School.

Lastly, Mr. Miller stated that since they are now a managed care program, they are federally required to include documents on their website for consumer system entry and consumer information, which serve as a provider directory and a consumer handbook. They're continuing to work on improving their website by including educational material regarding Prop 64 and marijuana.

**DIRECTOR'S REPORT** – Firstly, Steve Steinberg recognized Brenda Scott for all the hard work she does for the NAMI Walk. Her leadership and effort has made the event more and more successful with each passing year.

Mr. Steinberg reported that he was recently able to share with the Board of Supervisors information regarding the efforts made by the County to reach out and help individuals impacted by the shooting in Las Vegas. Since the mass shooting that occurred on December 2, 2015 in San Bernardino, the Department has ramped up its efforts in reaching out to those affected by such tragedies. Dubbed as the deadliest mass shooting in American history, the Las Vegas massacre left 59 dead and more than 500 people injured. RUHS-BH stepped up to help those devastated by the tragedy by holding three countywide debriefings for people who survived or were deeply affected by the shooting.

Mr. Steinberg announced the grand opening of the new TAY Center located at 78140 Calle Tampico in La Quinta. There will be a ribbon cutting ceremony on December 6, at 3:00 pm and everyone is invited to attend.

Mr. Steinberg expressed great appreciation for Fourth District Supervisor, V. Manuel Perez. After Supervisor Benoit's passing, Mr. Steinberg hoped that his successor will also place the same level of priority for his community's behavioral health needs and concerns. Supervisor Perez has really stepped up and proved that he is just as committed as Supervisor Benoit. Supervisor Perez recently convened a Blue Ribbon Committee, which consist of various stakeholders along with Behavioral Health. The Committee is set to have their first meeting on Friday, November 3. The Committee will be educated on the Department and its ongoing efforts to address the needs of the community, as well as, identifying any possible gaps in services. Mr. Steinberg also recognized Fourth District BOS Representative, Greg Rodriguez's support in engaging and coordinating with the Supervisor regarding these efforts.

The Commission expressed concern at the last meeting regarding the development of marijuana regulations for Riverside County; that the Commission may be left out of the conversation and are not given the opportunity to provide their input. Mr. Steinberg informed the Commission that he recently spoke to Theresa Leach, Assistant Director, Transportation and Land Management Agency (TLMA), who is the head of the Committee assigned to develop these regulations. According to Ms. Leach, they have not yet begun the process and they are still in the very early stages because they are currently awaiting direction from the state on how to proceed. Mr. Steinberg suggested for the Commission to either wait until the County receives direction from the state before making a recommendation or begin work on a policy statement now. Either option the Commission decides to take, Mr. Steinberg requested that the recommendations be submitted to him so he can forward them to Ms. Leach. Mr. Steinberg also explained that the reason that TLMA is heading this effort is because the regulations largely deal with transportation matters. Riverside County has several large grow facilities, which means there will be a great deal of marijuana transported in and out of the County and across state lines.

**COMMITTEE UPDATES:**

DESERT REGIONAL BOARD: None

MID-COUNTY REGIONAL BOARD: Kim McElroy reported that they are beginning discussions for the 2018 May is Mental Health Month Event. They're also working on their site review list.

WESTERN REGIONAL BOARD: Greg Damewood reported that the board is doing well and they will forward the meeting minutes for review.

ADULT SYSTEM OF CARE: Brenda Scott reported that the committee meets on the last Thursday of the month at 12:00 at Rustin and they are working on gaining more members.

CHILDREN'S COMMITTEE: Tori St. Johns reported that they received a tour of the 1-5 area of the facility on Myers where they offer Parent Child Interaction Therapy (PCIT). There are 17 different sites throughout Riverside County that provide this service.

CRIMINAL JUSTICE COMMITTEE: Mr. Damewood reported that the committee was dark in October and the next meeting will be held on Wednesday, November 8. Minutes from the previous meeting will be forwarded for review.

HOUSING COMMITTEE: Ms. Scott reported that the committee meets on the second Tuesday of the month at 11:00 am at Rustin and they will be having a speaker present on permanent supportive housing.

LEGISLATIVE COMMITTEE: Walter Haessler reported that Mr. Steinberg attended the meeting and shared information regarding the process of the County's development of marijuana regulations. Dr. Haessler stated that it may be helpful to form an adhoc committee to learn more about the topic to help draft meaningful feedback to the Board of Supervisors once it is time for them to provide their input.

Also, regarding the realignment funding, Carole Schaudt briefly spoke with her congressman about the topic which she found somewhat underwhelming. Dr. Haessler stated that they plan to schedule additional meetings with the Congressman's staff along with Angela Igrisan (with the permission of Mr. Steinberg) to continue discussing the issue and hopefully find a solution.

OLDER ADULT SYSTEM OF CARE COMMITTEE: Ric Riccardi reported that on Tuesday, November 14, George Middle will begin attending the Older Adults System of Care Committee with him.

QUALITY IMPROVEMENT COMMITTEE: Daryl Terrell reported that the committee reviewed their Quality Improvement work plan for 2017-2018 and discussed the met/unmet goals of 2016-2017. Quality Improvement completed 77% of their goals in 2016-2017 and will be transferring those they were unable to complete on to 2017-2018. Goals that were met in fiscal year 16/17 include: improved communications between ELMR, the Correctional staff, and Behavioral Health staff; expanded services in tele-psychiatry; and expanded services in Detention with the addition of 60 new positions.

VETERANS COMMITTEE: Mr. Gentillalli reported that the Veterans Committee meets at 10:00 am on the same day as Commission meetings (first Wednesday of the month). At their last meeting they learned a great deal regarding services provided by 211 and Loma Linda VA (Veterans Affairs). Loma Linda currently has a system in place that allows them to provide crisis services to veterans regardless of their insurance situation. This new system has helped decrease suicide rates among veterans within their region.

**EXECUTIVE COMMITTEE RECOMMENDATIONS** – Dr. Haessler suggested having a segment of the meeting where Commissioners can ask Mr. Steinberg questions or provide more information on topics they would like to learn more about.

**ADJOURN:** The Behavioral Health Commission meeting adjourned at 2:05 pm.

*Maria Roman*

Ric Riccardi, BHC Secretary

Maria Roman, Recording Secretary

**FY 2017/18 BEHAVIORAL HEALTH COMMISSION ATTENDANCE ROSTER**

MEMBERS	JUL	SEP	OCT	NOV	JAN	FEB	MAR	APR	MAY	JUN
April Jones, District 3	✓	✓	✓	✓						
Beatriz Gonzalez, District 4	✓	✓	✓	A						
Brenda Scott, District 3	✓	✓	✓	✓						
Carole Schaudt, District 4	✓	✓	✓	✓						
Daryl Terrell, District 5	✓	A	✓	✓						
Dildar Ahmad, District 1	✓	✓	✓	✓						
George Middle, District 2 (Redist. 5)	✓	✓	✓	✓						
Greg Damewood, District 5	✓	✓	✓	✓						
Ashley Fuller, BOS Representative	✓	✓	✓	✓						
Ric Riccardi, District 5	✓	✓	✓	✓						
Richard Divine, District 2 (Redist. 4)	A	✓	✓	✓						
Rick Gentillalli, District 3	✓	✓	✓	✓						
Victoria St. Johns, District 4	✓	✓	✓	✓						
Walter Haessler, District 1	✓	✓	✓	✓						

Present = ✓ | Absent = A | Medical Leave = ML

Minutes and agendas of meetings are available upon request and online at [www.rcdmh.org](http://www.rcdmh.org). To request copies, please contact the BHC Liaison at (951) 955-7141 or email at [MYRoman@rcmhd.org](mailto:MYRoman@rcmhd.org).

OTHERS PRESENT		
Steve Steinberg, RUHS-BH Director	Bill Brenneman, RUHS-BH	Janice Rooths, Guest
Greg Rodriguez, BOS Rep District 3	Rita Bendlin, Guest	Ruthann Smith, Grand Jury
Jolene Bucker, Grand Jury	Beverly Mays, Grand Jury	Theresa Comstock, Guest
Jack Johnson, Guest	Steve Lusk, Guest	Angela Igrisan, RUHS-BH
Tony Ortego, RUHS-BH	Antoinette Williams, RUHS-BH	Ryan Quist, RUHS-BH
Deborah Johnson, RUHS-BH	Brian Betz, RUHS-BH	Araceli Ruiz, BOS Rep District 1
Kim McElroy, Guest	Jim Hill, RUHS-BH	Kim Layman, Guest
Cheri Marinos, Clerk of the Board	Sherry Parker, Guest	Rhyan Miller, RUHS-BH
April Marier, RUHS-BH	Nat Tollefson, RUHS-BH	Richard Bolter, RUHS-BH
Will Harris, RUHS-BH	Dawn Gordon, Guest	May Farr, Guest
Rick Mesa, Guest	Laurence Gonzaga, Guest	Mike Smith, Guest
Annie Leight, RUHS-BH	Kathy Promenchenkl, Guest	Ruthan Smith, Guest
Dr. Jo Anne Umezurika, Guest	Chika Ojukwu, BOS Rep District 1	Jeff Johnson, Guest
Ernest G, Guest	Sundae Sayles, BOS Rep District 3	Vicki Redding, RUHS-BH
Cynthia "Oma" Gray, Guest	Toni Lucas, RUHS-BH	Monique Gordon, RUHS-BH
Rick Algarin, RUHS-BH	Michelle Leary, Guest	