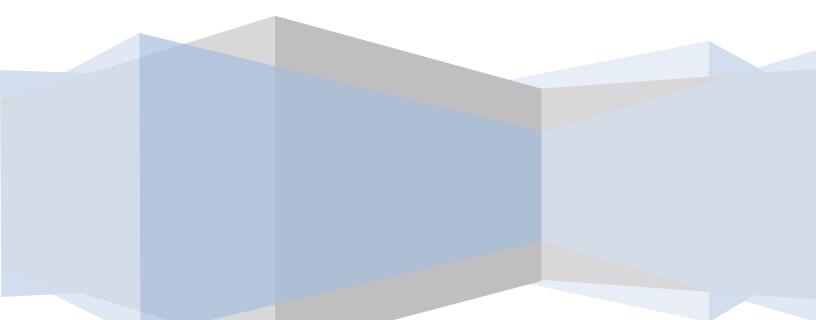


RIVERSIDE COUNTY BEHAVIORAL HEALTH COMMISSION

Meeting Minutes May 6, 2015 12:00 pm – 2:00 pm



Members Present

Beatriz Gonzalez, Co-Vice Chair	Education, District 4
Carole Schaudt	Public Interest Member, District 4
Darrell Connerton	BOS Representative, District 3
Daryl Terrell	
Greg Damewood	
James Stuart, Co-Chair	Law Enforcement, District 4
Julie Crouch, Secretary	
Opal Hellweg	BOS Representative, District 3
Richard Divine, Co-Chair	
Rick Gentillalli	
Victoria St. Johns	Education, District 4
Walter Haessler, M.D.	

Members Not Present

Christina Torres, Co-Vice Chair	Public Interest Member, District 5
Eric Keen	Public Defender, District 1
Georgia Smith	
Patricia Carrillo	Family Member, District 2

Others Present

Marie Farm	NANU/ Out of
May Farr	NAMI/ Guest
Ann Venegas	
Kristen Duffy	
Kathryn Mauro	
Amanda Koman	
Cynthia Oma Gray	
Steve Steinberg	
Rhyan Miller	Substance Use/ RCDMH
Deborah Johnson	Deputy Director/ RCDMH
Leonel Contreras	
Taide Arias	Prevention Early Intervention/ RCDMH
Vilayphone Tran	Prevention Early Intervention/ RCDMH
Barbara Mitchell	Guest
Sharon Lee	MHSA/ RCDMH
Bill Brenneman	MHSA/ RCDMH
Darwin Neidlinger	Substance Use/ RCDMH
Mark Faber	NAMI/ Guest
Laurence Gonzaga	IEHP/ Guest
Angelica BarthIme	Guest
Deborah Pagliuso	
Gloria Gaitan	
Jason Farin	BOS District 2 Representative/ Guest
Stephen Cromwell	
Ryan Quist	Quality Improvement Manager/ RCDMH
Janine Moore	
Kristin Yellam	
Lilia Escobedo	
Pierre Scott	
Sheila Hunt	
Maria Mabey	
Joe Zamora	

CALL TO ORDER AND INTRODUCTIONS

Chairperson, Richard Divine called the Behavioral Health Commission (BHC) meeting to order at 12:00 pm. Commission members and the public made self-introductions.

CHAIRPERSON'S REMARKS/ CORRESPONDENCE

This was the first BHC meeting held at the Rustin building and Mr. Divine stated that it is a beautiful facility and thanked the Department for providing a wonderful space for the Commission to meet.

COMMISSION MEMBER'S REMARKS/ ANNOUNCEMENTS

None.

PUBLIC REMARKS/ COMMUNITY CONCERNS/ ANNOUNCEMENTS

Mark Faber presented on behalf of Brenda Scott. Mr. Faber stated that Ms. Scott was at an event at Hemet High School introducing "Ending the Silence" for the first time. Ms. Scott gave a presentation for 200 girls at the high school and is anticipating another presentation with another 200 students or more.

Mr. Faber continued, the next NAMI Walk will be held on November 7 at Diamond Valley Lake and invited all members of the Commission and the public to attend.

NAMI recently formed a committee that will be coordinating and celebrating National Mental Health Awareness. The event will be held at the Mead Valley Community Center on July 23 from 1 pm - 5 pm and is part of an effort to reach out to the Hispanic community.

Deborah Pagliuso from The High Road programs informed the Commission that the California Association of DUI Treatment Programs is having a conference on May 20 and 21 at the Embassy Suites in La Quinta. Ms. Pagliuso urged all Commission members to attend as there is a great deal of state involvement in the conference and it is a good opportunity to meet many of the owners and directors of the DUI programs throughout the state.

MINUTES OF PREVIOUS MEETING

Darrell Connerton motioned to approve the minutes as written, Opal Hellweg seconded the motion. All were in favor, none opposed, and the motion carried.

CELEBRATE RECOVERY PRESENTATION

Darwin Neidlinger introduced this month's Celebrate Recovery Speaker, Amanda Koman. Mr. Neidlinger stated that in Substance Use, they celebrate recovery daily. One of the programs that Substance Use provides is Drug Court. Drug Court is a long and intensive program that serves individuals with felony drug convictions. Individuals served by this program suffer from severe cases of drug addictions.

Ms. Koman was a graduate of the Recovery Opportunity Center (ROC) program approximately 4 years ago. Ms. Koman's story began when she was a junior in high school, where she was an All-American soccer player and scholar. Various college scouts noticed Ms. Koman's talent and academic achievements and she was granted a full-ride scholarship by the University of Arkansas. Things were headed in the right direction for Ms. Koman until the day she was introduced to methamphetamine. She began the habit recreationally, as she used it to stay up and complete her school work and fit in with the crowd, however, her use of meth worsened and ultimately caused her to quit all the things she worked so hard for. By her senior year, she was all packed and ready to go to college, until one evening, consumed by her addiction; she made a call to her soccer coach and stated "This isn't for me, I can't do it," and hung up the phone.

At age 17 and barely graduating from high school, Ms. Koman left home and moved in with a drug dealer whom she later developed a romantic relationship with. Not long after, Ms. Koman was pregnant and was living in and out of hotels and other people's apartment with her boyfriend. They eventually became homeless and lived out of a Dodge Intrepid that she stole from her parents. Ms. Koman stated that she managed to stay sober during her pregnancy, which quickly ended soon after the birth of her daughter. Her boyfriend sold drugs heavily, which afforded them an apartment. The apartment was later raided by the police and Ms. Koman was arrested. Fortunately, her daughter was in the custody of her grandparents and was unaffected by the incident.

While a stint in jail would normally turn any individual around and strive for sobriety, Ms. Koman only got worse. She left her daughter at her parent's home and began to use more. Stealing, lying, and manipulating people to get drugs became the norm; her addiction consumed her life for four years. In an effort to help Ms. Koman during those years, her parents paid thousands of dollars to admit her into the Betty Ford Center and The Camp rehab facility in Santa Cruz; neither programs worked.

On December 25, 2010, Christmas Day, Ms. Koman was back in jail. She spent the next six months transferring to different jail facilities until she finally landed in Riverside. Ms. Koman faced a 3-5 year sentence in state prison, which is when she learned of the ROC program. Initially, she inquired about the program as an alternative to serving a sentence in the state penitentiary. Little did she know, that the program she thought would be her "get out of jail free card" would ultimately be the program that helps her turn her life around.

Once accepted by the ROC program her road to recovery and sobriety began. The ROC program's mandates and expectations provided a structure in Ms. Koman's life that she never had before. Some of the basic requirements were attending group meetings and she was given the option of either getting a job or enrolling in school full time. Ms. Koman stated that the program taught her how to become a member of society and how to be herself again. The program was nothing short of demanding, however, despite the extensive and strict structure, Ms. Koman was not looked at as just another number. Ms. Koman noted that without the guidance of the program and all the individuals involved with her recovery, she would be in prison, or worse, dead. In the beginning of the program she was required to attend five meetings a week, which she still attends today. The ROC program was structured in a way that she remained busy. After completing each phase, she was required to take on more responsibilities. Little by little she eventually gained the confidence to get a job and enroll in school full time. Ms. Koman stated that other rehab facilities she attended attempted to give her the tools for recovery, however, they failed to dole out consequences if she deviated from the program. Comparing that to the ROC's 18-month program, Ms. Koman had a counselor to deal with life and recovery as she was living it and was also assigned a Probation Officer to keep her in line in the event that she begins to stray. Ms. Koman noted that she had constant support, encouragement, and clear outlined expectations from the program.

Last December, Ms. Koman celebrated four years of recovery. She currently works two jobs and is in enrolled in school full time. While she was in the ROC program she was encouraged to try out for the community soccer team. After the first year of playing, she was picked up by a four year university and regained her full scholarship. Ms. Koman plans to obtain her Master's Degree soon after she graduates in December with her Bachelor's degree in Behavioral Science with an emphasis on Psychology. Ms. Koman was also recently recognized as an All-American Scholarly Athlete and has been on the Dean's List for the last two years. Her recovery not only led to athletic and academic success, it also helped repair and re-establish her relationship with her parents, and most importantly, her daughter. The program taught her how to own up to the mess that she made, the pain she caused her family and how to deal with the consequences of her actions regardless of how uncomfortable or agonizing it was. Before the ROC program, Ms. Koman had lost all hope and self-respect, after completing the program; she walked out loving herself and has a newfound respect and joy for life.

Opal Hellweg stated she was moved by her story and congratulated Ms. Koman on her recovery. Ms. Hellweg asked if it was the timing in her life or the structure of the program that helped her. Ms. Koman responded that the structure of the program truly helped her progress. She reiterated that she has attended some of the most prestigious and high-end rehab facilities in the state, but found the tools they provided for recovery impractical and difficult to utilize. The ROC program structures the individual and teaches how to live and be productive, while providing the encouragement and support needed to achieve it.

James Stuart asked how she was referred to the program. Ms. Koman stated that she simply heard someone talk about it and told her mom. Her parents researched the program and were able to make the arrangements.

NEW BUSINESS

RIVERSIDE TRANSIT AGENCY LETTER OF REQUEST: A letter addressed to Riverside Transit Agency (RTA) was submitted to the Commission prior to the meeting for review and approval. The request letter was written by Kathy Mauro, a member of the Transportation Subcommittee of the Adult System of Care Committee. The Subcommittee performed a survey to identify the transportation needs of the community. Through the survey, they identified a need for an added bus stop and more scheduled stops on County Farm Road. The letter described the neighborhood surrounding County Farm Road and the upcoming construction of new apartment complexes and treatment facilities for mental health and substance use.

Ms. Mauro submitted the letter to the Commission for review prior to the May 6 meeting so it may be discussed or approved for possible changes. Various Commission members found the request letter somewhat vague in its intent and suggested it be restructured. Rick Gentillalli, along with others, suggested to simplify the letter with bullet points and to directly state what is being requested. Greg Damewood motioned to have the letter re-evaluated and restructured to include necessary changes as requested by the Commission, Julie Crouch seconded, all approved, none opposed, and the motion carried.

Joe Zamora and Maria Mabey also made the suggestion of utilizing their working relationship with Economic Development Agency (EDA) to communicate this request to RTA. Mr. Zamora and Ms. Mabey stated that it was EDA that helped them set up the new bus stop at Rustin and may be able to the same for County Farm Road. Ms. Mabey and Mr. Zamora stated that they will research the matter and will provide an update at the June 3 meeting.

CALIFORNIA ASSOCIATION FOR LOCAL MENTAL HEALTH BOARD AND COMMISSION REPORT: Behavioral Health Commission Secretary, Julie Crouch, attended the California Association for Local Mental Health Board and Commission Conference (CALMH B/C) in April at San Pedro. The conference also included representatives from the Mental Health Planning Council and California Institute for Behavioral Health Solutions (CIBHS). Ms. Crouch stated that the conference trained her how to coordinate a retreat and teach members of the Commission how to properly perform their duties. Ms. Crouch noted that the conference taught basic Mental Health Board 101, which has been redesigned to include MHSA matters. Ms. Crouch continued that if the Commission chooses, she can coordinate a retreat to provide the training.

FY 15/16 NOMINATING COMMITTEE: After considerable discussion regarding the suspension of the upcoming election, the Commission decided to have the election as specified in the Bylaws. The Nominating Committee included: Greg Damewood, Beatriz Gonzalez, and Tori St. Johns. A list of recommendations will be prepared and presented at the June 3 meeting. Mr. Damewood requested for members interested in running to contact him via email so he may properly consider the recommendation.

CODE OF ETHICS: Mary Stetkevich, Compliance Manager, submitted an updated version of the Code of Ethics and Code of Conduct policies to the Commission for review and approval. Dr. Walter Haessler noted a section of the policy he deemed "weak." On page 6, Section G (5) states "... recognizing the personal nature of the therapist/ client relationship, staff members will not engage in sexually seductive behavior and will not encourage it from their patients. Judgment will be exercised by staff members to avoid behavior that might lead to accusations of seductive or sexual act." Dr. Haessler and Mr. Damewood deemed the section inadequate and stated that it should be re-written. Department Director, Jerry Wengerd, and Mr. Divine encouraged Mr. Damewood and Dr. Haessler to bring the matter to Ms. Stetkevich when the next update of the policy is due so it may be re-worded and go through the proper approval channels. A vote was taken for the policies approval. Ten members voted yes, one member voted no, and one member abstained.

OLD BUSINESS

1. MHSA UPDATE: Bill Brenneman announced that a Public Hearing will be held after the Commission meeting at 3 pm. The Public Hearing will be webcasted to the Desert and Mid-County Regions. During the Public Hearing, Sharon Lee will record all of the public comments and provide a draft for a BHC Ad Hoc Committee to review. Mr. Brenneman requested that the Commission nominate members for an Ad Hoc Committee to review the public comments and make recommendations or changes to the Plan. Once the review is completed, the Plan Update will be finalized and brought forth to the Commission for final approval prior to being sent to the Board of Supervisor's (BOS). Once approved by the BOS, the Plan Upate will be submitted to the State's Oversight Accountability Commission to be filed.

Three members of the Commission volunteered to review the public comments – Beatriz Gonzalez, Julie Crouch, and Richard Divine. Mr. Brenneman informed them that all pertinent materials and information will be sent via email and an appointment will be made for a conference call to review the public comments either on the May 13 or May 14 depending on their preference.

Mr. Brenneman reminded the Commission of a few upcoming events. The first is the Directing Change Event, which will be held on May 14 at Victoria Gardens. There are currently 300 registered attendees and the Commission is welcome to attend. The second event is the Western Region's May is Mental Health Month event "Live Life Well," which will be held the following week, May 21, at Fairmount Park. The last event is the Asian American Heritage Month event on May 26.

2. SUBSTANCE USE UPDATE: Rhyan Miller announced that Substance Use recently had their yearly audit monitoring by the Department of Healthcare Services (DHCS). DHCS audits all contract providers, county clinics, source funding, prevention programs, treatment programs, and residential facilities. Mr. Miller stated that for the first time in 19 years, the Substance Use Unit passed the audit without a single deficiency. Mr. Miller publicly thanked the different teams from Mental Health and stated that they could not have done it without the support of Jerry Wengerd, Steve Steinberg, Maria Mabey, Joe Zamora, and Substance Use Deputy Director, Deborah Johnson. The support of executive management allowed them to do things with the community and their providers that they could not have done before, which was instrumental in making the audit a success.

Mr. Miller provided an update on the Drug Medi-Cal Waiver. Mr. Miller stated that they have been working diligently on their implementation draft to submit to the state. A letter was sent reaching out to all the contract providers and stakeholders to get input on how they propose to move forward with their Managed Care System. The letter sent to the providers and stakeholders requested three things. The first is regarding evidence-based practices. Providers and stakeholders were asked what evidence-based practices they are currently using and what evidence-based practices they hope to implement in the next five years. The second request is cost of implementation. Providers and stakeholders are asked to outline the expected costs of services they are providing and perhaps the services from the waiver they hope to expand and implement. Their projected cost will be evaluated by the Department's fiscal team and compare to the current costs. The third request is for a meeting to evaluate the Managed Care System and the implementation of County driven screening, placement, and coordination of care for providers; between providers; and between each level of care. Meetings will take place on Friday, May 15, and will be held at 3625 14th Street, Riverside. Mr. Miller stated that Ms. Johnson will also be present during the meetings. Mr. Miller clarified that the invitation is directed to the contract provider's executive management at this time; which at minimum are program administrators, program managers, and above. The matters to be discussed are considered "umbrella issues" that greatly impact the delivery of services in the County. Moving forward, they will ask for work groups to continue to meet, which can include line staff and possibly a few from our own county clinics to review the progress as they move forward in the next 12-18 months. Mr. Miller continued that the meetings are set in the following increments: 1) residential and detoxification; 2) outpatient and intensive outpatient; 3) outpatient delivered at school sites; 4) narcotic treatment program; 5) medication assisted treatment both for inpatient and outpatient providers. Mr. Miller stated that there are subcategories as some of the providers deliver services in multiple areas; however, they do try to keep them distinctly separate because there are specific needs for each category.

The Substance Use unit is also developing various partnerships with stakeholders and other organizations (i.e. Probation, Sheriff, jail, etc.) with the Waiver movement. Mr. Miller stated that DHCS will be providing training on Title 22 to all contract providers and clinics due to the number of recent changes. UCLA will also be providing two trainings to providers and clinics. The first training is "Best Practices – Bringing Research to Treatment" and the second is "Group Counseling and Addictions" which will address problem solving groups, special focus groups, and multi-family groups. Formal announcements regarding all trainings will be sent to contract providers and clinics as soon as they are made available.

On behalf of Will Harris, Mr. Miller announced that Friday Night Live will be hosting their Annual Awards Recognition Dinner on Friday, May 22, at 6 pm at the Riverside Convention Center in downtown Riverside. The event will honor FNL chapters, students, advisors, school administrators, and supporters. This year's theme is Friday Night Live Big Top Circus, which will feature key acts that will entertain attendees while encouraging them to remain positive and live free of alcohol, tobacco, and drugs.

AB109: In Jim Powell's absence, Mr. Miller provided the update on his behalf. Due to the rapid growth of AB109, they recently had a meeting to look at AB109's outcomes and see what else can be implemented to make it stronger. With the assistance of Ms. Johnson, they are implementing a stronger criminogenic curriculum specifically targeted for AB109 individuals. Ms. Johnson's Analyst is currently writing a grant for the curriculum in an effort to structure the program more intensely. The Hemet New Life Clinic is used as an example, where they are currently providing 16 different group sessions a week for all New Life participants. Participants in the program have a great range of options to choose from throughout the week and so far seem to be going very well.

Mr. Stuart asked about an article sent out to the Commission members, and if they have put together a report to give to legislatures regarding the outcomes of AB109 and Prop 47 and how it has affected the Department's funding. Mr.

Miller responded that a report has not been drafted, however they have observed a significant impact on incoming referrals. An example was last month's record: 40 new participants from PC1210 were referred to the programs, which is a significant jump compared to what they received historically. The impact they are seeing is less court mandated clients coming in for treatment, because there is no "hammer" as stated clearly in the article. They are currently working on how to connect with clients before they are released. Mr. Miller stated that they met with Judge Dugan and the Steering Committee a few days earlier to develop a system to connect with clients that are still in custody before they are released. They plan to create a system that will allow them to screen and place the clients either over the phone or in person so they will have a connection before they are released from jail. Judge Dugan stated that once they are ready, she will make sure to inform the other judges so they may communicate with them in person. This system is currently in its planning stages.

DIRECTOR'S REPORT

Mr. Wengerd began by commending the efforts of Joe Zamora, Maria Mabey, Steve Steinberg and their team on the remodel, purchase, and relocation of staff to the new Rustin facility. It wasn't without challenges; however, the collaborated effort between our Executive Management, staff, and EDA, the entire process took less than two years. Considering the enormity of the Rustin facility, Ryan Quist is developing a smart phone app that will assist individuals on how to navigate in and around the building.

Discussions' regarding a new Mental Health Clinic in Perris is nearing an end. The new proposed facility will be located on the corner of San Jacinto Avenue and Perris Boulevard. Its location has convenient freeway access and will be directly across from the DPSS building.

The County recently held its annual employee fundraising campaign, which is managed by the United Way. Every year, the fundraiser has become a bit of a competition between County departments and this year the Mental Health Department received an award for having the largest growth. The Department of Mental Health participation has grown approximately 13%, which is a significant increase and change from the previous year.

Regarding the Drug Medi-Cal Waiver, Mr. Wengerd stated that this is not something that the Department is forced to participate in; the Drug Medi-Cal Waiver is something that the Department is actively pursuing for the benefit of our services and its consumers. Our system of care is so heavily regulated by the State with very little reimbursement, that the Department has had to find other monies to supplement the real cost of services. With the Drug Medi-Cal Waiver, this system will go the opposite direction. This is a statewide "experiment" that depends on negotiation and if successfully implemented, it will be operational for five years. The negotiation is based on a system of global payments, where the County will receive funding for an estimated amount of services provided. The Department will determine the costs of services from the least to most expensive programs, and then a proposal will be developed and submitted to the State. Mr. Wengerd stated that we will no longer be reimbursed for individual services provided, but the amount of people served within a certain span of time. Along with this plan, participants are tasked with creating a new system of care. Mr. Wengerd is part of a Director's Committee that is designing this new system of care, which will be implemented throughout the state. Historically, when an individual comes in for services, followup care was not provided. Moving forward, the new system of care will allocate funds and resources for follow-up care and case management to decrease recidivism and improve the success rates of all services provided. Mr. Wengerd stated "... we're being responsible now for our system of care and outcome with the person..." He noted that if we have positive outcomes, we will be granted with the appropriate funds to continue this system. Mr. Wengerd added that there is also a federally approved waiver called the Medicaid Waiver.

Mr. Wengerd distributed a handout which provided a breakdown of total funding for the Department. The first page showed what percentage of funds is allocated to which programs: Outpatient services is 63%; Hospital/ Crisis services is 20%; Substance Abuse services is 8%; Administration is 4%; Detention is 3%; and the Public Guardian is 2%. The second page illustrated the sources of funds: Prop 63 (MHSA) provides 31%; Medi-Cal provides 22%; 1991 Realignment provides 14%; 2011 Realignment provides 11%; AB109 provides 4%; State provides 8%; Federal/ Other provides 7%; County General Fund provides 3%. The third page provided descriptions for each funding source and the fourth page illustrated where the 3% of County General Fund is allocated: Detention receives 52%; Hospital/ Crisis receives 39%; the Public Guardian receives 7%, Substance Abuse receives 2%; and Outpatient services and Administration receives 0%. Lastly, the fifth page illustrated the allocation of MHSA Prop 63 funds:

Community Services and Support receives 72%; Prevention and Early Intervention receives 21%; Innovation receives 6%; Workforce Education and Training receives 1%; and Technology receives 0%.

ORGANIZATIONAL STRUCTURE

BYLAWS – TERM LIMITS: An extensive discussion was had among Commission members regarding the topic of term limits and appointments. It was later determined by members that the Commission will maintain membership terms as well as Chairperson term limits as stated in the Bylaws. All membership term limits are subject to reappointment contingent upon the member's request for continuance. Mr. Connerton stated that the BHC Bylaws stipulate for the Chairperson to serve no more than two consecutive one year terms (Article VI, Section 1) for the purpose of encouraging other members within the Commission to run and serve as Chair.

Mr. Connerton moved to have the revised BHC Bylaws be submitted to the Board of Supervisors for approval, it was seconded by Tori St. Johns, all approved, none apposed, and the motion carried.

COMMITTEES: Tabled for June 3 meeting.

SITE REVIEWS: Tabled for June 3 meeting.

<u>ADJOURN</u> – Mr. Connerton moved to adjourn the meeting, Mr. Gentillalli seconded the motion, all approved, none opposed, and the motion carried. The meeting adjourned at 2:15 pm.

Maria Roman

Julie Crouch, BHC Secretary Maria Roman, Recording Secretary

RIVERSIDE COUNTY MENTAL HEALTH BOARD MINUTES May 6, 2015

MEMBERS	J A N	F E B	M A R	A P R	M A Y	J U N	J U L	S E P	0 C T	N O V
Beatriz Gonzalez, District 4	1	~	1	~	1					
Carole Schaudt, District 4	1	1	1	1	1					
Christina Torres, District 5	1	1	1	~	1					
Darrell Connerton, District 3	1	1	1	1	1					
Daryl Terrell, District 5	1	1	1	1	1					
Eric Keen, District 1	1	1	1	1	А					
Georgia Smith, District 2	1	1	А	А	А					
Greg Damewood, District 5	1	1	1	1	1					
James Stuart, District 4	1	1	А	1	1					
Julie Crouch, District 1	А	1	1	~	1					
Opal Hellweg, District 3	1	1	1	~	1					
Patricia Carrillo, District 2	1	1	А	1	А					
Richard Divine, District 4	1	1	1	1	1					
Rick Gentillalli, District 3	1	1	1	1	1					
Victoria St. Johns, District 4	1	1	1	1	1					
Walter Haessler, District 1	1	1	1	1	1					

2015 Behavioral Health Commission Attendance Roster

Present = Absent = A Approved Leave of Absence = LOA

Minutes and agendas of meetings are available upon request and online at. To request copies, please contact the BHC Liaison at (951) 955-7141 or email at MYRoman@rcmhd.org.