Substance Use
Community Access, Referral, Evaluation, and Support Line
(SU CARES) 800-499-3008

Guidance and assistance is available through Behavioral Health SU CARES Hotline. We provide substance abuse prevention and treatment services for individuals and families. Services included are screening with placement, and direct referrals for individuals within Riverside County.

RUHS - Behavioral Health Substance Abuse Clinics Provide:

- Personal and private screening, assessment, and placement services.
- Individual and family prevention services
- Substance abuse treatment, individual and family counseling, and group counseling
- Individual and family guidance for individuals desiring help and a life of recovery
- Information for individuals and families regarding help and assistance

Care Coordination Teams (CCT)

CCT Western Region — 951-955-7302
CCT Desert Region — 760-770-2286

This document is available in alternate formats upon request.
About Our Program

Having a family member with Substance Abuse challenges places an enormous burden on families. It affects all of its members: parents, siblings, children, and spouses.

The psychological, financial, and physical well-being of family members is often negatively affected. Due to the stigma society places on mental illness and substance abuse, families often feel isolated and deprived of support in the community.

The primary function of the Family Advocate Program is to assist family members in coping with the behavioral health challenges of their adult family member through the provision of information, education, and support.

In addition, the Family Advocate Program provides information and assistance to family members in their interaction with service providers and the Behavioral Health System, in an effort to improve and facilitate relationships between family members, service providers, and the Behavioral Health System in general.

The Family Advocate Program staff are themselves family members, so families may feel confident they are dealing with individuals who are sensitive to their needs.

ALL SERVICES AND PRESENTATIONS ARE FREE OF CHARGE
SERVICIOS DISPONIBLES EN ESPAÑOL

Drug Use Hurts Families

When a person has a drug problem, they have a disease that can effect the entire family.

Drug use puts a lot of stress on parents, brothers and sisters, grandparents—anyone who is part of the home.

When family members take drugs:

- You can't count on them to do what they say they will do.
- They may forget or get distracted because their focus is on getting and taking drugs.
- They might lie or steal money to buy drugs.
- They might get fired from their jobs.
- They might not come home at night.
- They may do bad things they would never do if they weren't using drugs.

Family members might fight a lot because of the problems the drug use is causing. The person who is using drugs might do and say things that upset neighbors and friends and make the family ashamed.

Some people who are addicted don't believe that they are sick and out of control, so they don't look for treatment. They don't see the problems they are causing themselves and those around them. Other people who are addicted are aware of the problem, but may be so upset and confused that they don't know how to ask for or get help.

These are examples of the types of concerns that often face family members. Support for these and other similar concerns is available through the Family Advocate Program.

Services We Provide

- Individual Support
- Family Support Groups
- Family Education Programs
- Navigating the Behavioral Health System
- Community Resources and Referrals

Support Groups

The Family Advocate Program provides weekly support groups in both English and Spanish throughout the county. Please contact your Family Advocate for information regarding additional support groups in your area.

Senior Family Advocate, County Wide Substance Abuse
(Countywide) (951) 955-1745

Western Region Family Advocate
(Serving Riverside, Corona, Moreno Valley, Norco, Jurupa Valley) 951-955-1496

Mid-County Region Family Advocate
(Serving Hemet, Lake Elsinore, Menifee, Murrieta, Perris, San Jacinto, Temecula) 800-330-4522

Desert Region Family Advocate
(Serving Beaumont, Banning, Coachella, Cathedral City, Desert Hot Springs, Indio, Rancho Mirage, Palm Springs) 760-863-8516