

Healthcare for Homeless Veterans (HCHV) Resource Guide

The VA assumes no responsibility for the professional ability or integrity of the non-VA organizations whose names are included in this guide. This referral does not constitute an endorsement or recommendation by the VA.

HEALTHCARE FOR HOMELESS VETERANS

The HCHV Program is designed to end homelessness among Veterans through outreach efforts and linkages to both VA and community resources. Assistance is offered and the underlying problems that led to homelessness are identified and addressed. The HCHV Program provides continuity of care for homeless Veterans through prevention, outreach, education, treatment, housing resources, supportive services, community partnerships, case management, and referrals for substance use issues, medical and mental health treatment, employment, and benefits.

Supervisory Staff

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Location

VA Loma Linda Main Campus, Valor Center 11201 Benton Street, Building 32 Loma Linda, CA 92357

Contact Information

Walk-in Hours are Monday through Friday, 8 am to 4 pm Or call (909) 825-7084, x5034

When contacting the resources included in this guide, consider asking the following questions to determine whether the resource will meet your needs:

- What type(s) of help does your organization offer?
- What are your income/eligibility requirements?
- Do I need an appointment to come in for help? If not, what are your walk-in hours?
- What do I need to bring when I come in?
- What is your address? If you have multiple locations, which is closest to me?

If you need to leave a message, leave your name, contact information, and reason for your call.

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VETERANS HEALTH ADMINISTRATION (VHA)

Basic Eligibility Requirements for VA Healthcare:

- 24 months active duty, if enlisted after September 7, 1980
- One day active duty, if enlisted before September 7, 1980
- Honorable or General character of discharge
- Reservists or National Guard members activated under Title 10 Executive Order with an Honorable or General discharge
- Income and service-connection may affect eligibility

Since there are many exceptions to the basic eligibility requirements, <u>all</u> Veterans are encouraged to apply so eligibility can be determined on an individual basis.

To apply for healthcare benefits at VA Loma Linda:

- Call the Eligibility Department at (909) 825-7084, x5312, or toll-free at 1 (800) 741-8387, x5312
- Apply in person at the Main Campus or Ambulatory Care Center:

Main Campus	Ambulatory Care Center
11201 Benton Street	26001 Redlands Boulevard
Loma Linda, CA 92357	Redlands, CA 92373

Application is possible at the CBOCs on a rotating basis – call Eligibility Department for information.

- Apply online at https://www.1010ez.med.va.gov/
- Call the Health Resource Center to apply by phone: 1 (877) 222-VETS (8387)

To establish medical treatment with a VA Aligned Patient Care Team (PACT) Clinic (AKA Primary Care):

• Call the Intake Clinic to set up an initial appointment: (909) 894-7440

To establish mental health treatment:

- Visit the Access Clinic in ACC Wing 1C, "Tango Wing," (1st floor) at the Ambulatory Care Center. Clinic hours are Monday through Friday, 8 am to 4 pm. No appointment necessary.
- Contact the Call Center at (909) 825-7084, x5085, or toll-free at 1 (800) 741-8387.
- During a primary care appointment, your primary care provider can referyou to mental health.

To establish treatment for substance use issues:

- Attend Willingness group for triage Monday through Friday at 9 am in 2B-158 (2nd floor) at the Main Campus. No appointment necessary.
- For substance use issues *and* significant mental health issues, attend Readiness Group for triage in room 1C-118 (1st floor) at the Ambulatory Care Center as follows: Monday at 8 am, Wednesday at 9 am, and Friday at 8 am.
- If you cannot attend the above triage groups, call (909) 825-7084, x4263.

To get help related to homelessness:

- Visit Homeless Outreach in Building 32 (Valor Center) at the Main Campus Monday through Friday, between 8 am and 4 pm.
- Call the Valor Center at (909) 825-7084, x5034 Monday through Friday, between 8 am and 4 pm.
- Call the National Call Center for Homeless Veterans 24 hours a day at 1 (877) 4AID VET (877-424-3838).

To get help with resource challenges other than homelessness:

• Contact your Primary Care Module and ask to be connected to your PACT Social Worker:

Alpha Clinic (Module 1)	X7021	Delta Clinic (Module 5)	X7031
Bravo Clinic (Module 2)	X5085	Echo Clinic (Module 8)	X5085
Charlie Clinic (Module 3)	X7023	Foxtrot Clinic (Module 4)	X5085

Other frequently requested VA Loma Linda numbers:

- Main number for VA Loma Linda: (909) 825-7084, press 0 for operator or enter extension
- Toll-free main number for VA Loma Linda: 1 (800) 741-8387, press 0 for operator or enter extension
- Call Center ("appointment line"): (909) 825-7084, x5085 or toll-free at 1 (800) 741-8387, x5085
- Nurse Advice Line: 1 (877) 252-4866
- Patient Advocate Office: (909) 825-7084, x1345 or toll-free at 1 (800) 741-8387, x1345
- Pharmacy: (909) 825-7084, x3259 or toll-free at 1 (800) 741-8387, 3259
- Release of Information: (951) 601-4356
- Transportation: (909) 825-7084, x2063 or toll-free at 1 (800) 741-8387, 2063
- VA Police: (909) 825-7084, x2135 or toll-free at 1 (800) 741-8387, 2135

Other frequently requested National numbers:

- Veterans Crisis Line: 1 (800) 273-TALK (8255), press 1 or text 838255
- Veterans Benefits Administration: 1 (800) 827-1000
- Caregiver Support: 1 (855) 260-3274 or www.caregiver.va.gov
- Combat Call Center: 1 (877) WAR-VETS (1-877-927-8387)
- Community Care Program (AKA "Mission Act," AKA "Choice Program"): 1 (855) 722-2838
- GI Bill Hotline: 1 (888) GIBILL-1 (1-888-442-4551)
- My HealtheVet Help Desk: 1 (877) 327-0022
- White House VA Hotline: 1 (855) 948-2311
- Women Veterans Hotline: 1 (855) VA-WOMEN (1-855-829-6636)

VA Loma Linda Locations:

- Medical Centers hospitals providing comprehensive inpatient and outpatient services :
 - VA Loma Linda Main Campus:
 - 11201 Benton St, Loma Linda, CA 92357
 - (909) 825-7084
 - VA Loma Linda Ambulatory Care Center:
 - 26001 Redlands Blvd, Redlands, CA 92373
 - (909) 825-7084
- Community Based Outpatient Clinics (CBOCs) *smaller clinics providing a variety of outpatient services*:
 - o Blythe VA Rural Health Clinic
 - 1273 W. Hobson Way, Blythe, CA 92225
 - (760) 921-1224
 - o Corona VA Clinic
 - 2045 Compton Avenue, Bldg 7, Ste 101, Corona, CA 92881
 - (951) 817-8820

- o Murrieta VA Clinic
 - 28078 Baxter Rd, Ste 540, Murrieta, CA 92563
 - (951) 290-6500
- o Palm Desert VA Clinic
 - 41-990 Cook St, Bldg F, Ste 1004, Palm Desert, CA 92211
 - (760) 341-5570
- Rancho Cucamonga VA Clinic
 - 8599 Haven Avenue, Ste 102, Rancho Cucamonga, CA 91730
 - (909) 946-5348
- Victorville VA Clinic
 - 12138 Industrial Blvd, Ste 120, Victorville, CA 92395
 - (760) 951-2599
- Vet Centers in the VA Loma Linda area counseling centers that offer readjustment counseling to ease the transition from military to civilian life or after a traumatic event in the military:
 - San Bernardino Vet Center
 - 356 East Vanderbilt Way, San Bernardino, CA 92408
 - (909) 801-5762
 - Corona Vet Center
 - 800 Magnolia Avenue, Corona, CA, Suite 110
 - (951) 280-7940
 - o High Desert Vet Center
 - 15095 Amargosa Road, Victorville, CA 92394
 - (760) 261-5925
 - Temecula Vet Center
 - 40935 County Center Drive, Temecula, CA 92591
 - (951) 302-4849

VETERANS BENEFITS ADMINISTRATION (VBA)

While Veterans Health Administration is responsible for providing healthcare to Veterans, Veterans Benefits Administration facilitates financial programs on behalf of Veterans.

To contact VBA:

- Call VBA Support at 1 (800) 827-1000.
- Visit a regional office in person:

San Diego Regional Office	Los Angeles Regional Office
8810 Rio San Diego Drive	11000 Wilshire Blvd.
San Diego, CA 92108	Los Angeles, CA 90024
Monday through Friday, 8 am to 4 pm	Monday through Friday, 8 am to 3:30 pm

• Meet with a VBA representative on-site at VA Loma Linda during walk-in hours at Main Campus.

For assistance seeking benefits from VBA, meet with a Veterans Service Officer:

• At a County office:

Riverside County Veterans Service Office 4360 Orange Street Riverside, CA 92501 (951) 955-3060 Monday through Thursday, 8 am to 4 pm *Call for days/times in other locations* San Bernardino County Veterans Affairs 222 W. Hospitality Lane, 3rd Floor San Bernardino, CA 92415 (909) 382-3290 Monday through Friday, 8 am to 4 pm *Call for days/times in other locations*

• Meet with a Veterans Service Officer on-site at VA Loma Linda during walk-in hours at the ACC.

Frequently used VBA services:

- eBenefits: Apply, review, and update your benefits online at <u>www.ebenefits.va.gov</u>. Also obtain military documents, including DD 214.
- Service-connected compensation: financial assistance for disabilities directly related to or secondary to military service
- Non-service connected pension: tax-free monetary benefit payable to low-income wartime Veterans who are 65+ or totally and permanently disabled
- GI Bill: financial support to attend school. Call the GI Bill Hotline at 1 (888) GIBILL-1 (1-888-442-4551).
- VA Home Loans: VA guarantees a portion of your home loan and you may not be required to make a down payment.
- Character of discharge upgrade applications
- VA healthcare eligibility review for OTH/BCD discharges

RESOURCE REFERRALS

Call 2-1-1 with questions about additional resources in your area: 1 (800) 464-1123 (Riverside) or 1 (888) 435-7565 (San Bernardino).

NON-VA FINANCIAL AND HEALTHCARE BENEFITS

Social Security Administration: *health insurance and retirement, survivors, and disability financial benefits*

- Complete many tasks online: https://www.ssa.gov/
- Locate the nearest office: 1 (800) 772-1213 or https://www.ssa.gov/locator/
- Ask a Social Worker about meeting with a Social Security representative on-site at VA Loma Linda. Or call Teresa Campbell, Social Security Representative, 1 (866) 964-0991 ext. 12407

The resources listed below can be accessed through the Riverside County Department of Public Social Services, the San Bernardino County Transitional Assistance Department, or the C4Yourself website:

Riverside County Department of	San Bernardino County Transitional	
Public Social Services (DPSS)	Assistance Department (TAD)	C4Yourself
(951) 358-3000	(909) 388-0245 or 1 (877) 410-8829	https://c4yourself.com/c4yourself/in
http://dpss.co.riverside.ca.us/office-	https://wp.sbcounty.gov/tad/ (office	dex.jsp (online applications available)
locations	locator at bottom of page)	

- CalWORKS: Cash aid and services to eligible families that have a child(ren) in the home.
- CalFresh/Supplemental Nutrition Assistance Program (SNAP)/"Food Stamps": Monthly electronic benefits that can be used to buy most food items at many markets and food stores.
- General Relief: Loan assistance to indigent individuals and families in temporary need of housing, food, and/or transportation.
- In-Home Supportive Services (IHSS): Funding for in-home care to assist disabled people family members may be able to receive income to provide care to loved ones.
- Medi-Cal: Free or low-cost health and dental coverage

VA LOMA LINDA TRANSITIONAL HOUSING RESOURCES

- Lighthouse Social Service Center (Moreno Valley) POC: Heather Burroughs (951) 616-0347
- Life Community Development (Adelanto Male) POC: Lois Perkins (760) 246-0261
- Help For Future Leaders (Desert Hot Springs) POC: Daniel Yeboah (951) 897-2517
- St. Anne's Transitional Home for Soldiers (Diamond Bar) POC: Gail Moore (909) 753-2245
- Life Community Development (Riverside & Jurupa Valley) POC: Kathleen Brown (951) 525-3599

RAPID RE-HOUSING AND RENTAL/MORTGAGE ASSISTANCE

- Supportive Services for Veterans and Families (VA-funded):
 - U.S. Vets: POC Pedro Jaregui, (951) 269-1119 or 951- 206-3390 (leave message with name, number, and brief description of circumstances)
 - Lighthouse Social Service Centers: (951) 571-3533
 - Knowledge and Education for Your Success (KEYS): (909) 332-6388
- Community Action Partnership of Riverside County: (951) 955-4900; 2038 Iowa Ave, Ste B-102, Riverside, CA 92507
- Community Action Partnership of San Bernardino County: (909) 723-1500; 696 S. Tippecanoe Ave, San Bernardino, CA 92408
- Desert Manna Ministries: (760) 256-7797; 201 N. 1st Ave, Ste B, Barstow, CA 92311
- Impact SOCAL: (909) 353-1269; 10783 Edison Ct, Rancho Cucamonga, CA 91730 One-time assistance with current or past due rent and/or utilities, moving costs, security and/or utility deposit, or partial rent subsidy (up to 3 months). For residents of Rancho Cucamonga and Upland.
- Inland Housing Solutions (for homeless families): (909) 796-6381
- Perris Valley Family Resource Center: (951) 443-1158; 2055 North Perris Blvd, Ste C1, Perris, CA 92570
- Redlands Family Services Association: (909) 793-2673; 612 Lawton St, Redlands, CA 92374 For people with disabilities, elderly people, or people with children under the age of 18. Must reside in Redlands, Loma Linda, Highland, Big Bear, Running Springs, Grand Terrace, or city of San Bernardino.
- Water of Life Community Church: (909) 463-0103 or (909) 803-1059; 7625 East Ave, Fontana, CA 92336 *For San Bernardino County residents.*
- Also see Emergency Financial Assistance resources below

COMMUNITY HOUSING RESOURCES

Fair Housing Information, Landlord/Tenant Mediation, Housing Counseling:

- Fair Housing Council of Riverside: (951) 682-6581; 4164 Brockton Ave, Riverside, CA 92501
- Inland Fair Housing and Mediation Board: (909) 984-2254 or 1 (800) 321-0911; 1500 South Haven Ave, Ste 100, Ontario, CA 91761

Emergency Shelters and Transitional Housing:

- Visit the following website to search for shelters: https://www.homelessshelterdirectory.org/
- Central City Lutheran Mission: (909) 381-6921; 1354 North G. Street, San Bernardino, CA 92405 Shelter for men only. Can call ahead to check availability and be put on the list.
- Clear Water Residential Care: (951) 443-6849 or (951) 924-5732; 1127 E. 3rd St, San Bernardino Shelter and transitional housing for seniors and homeless individuals. Occasionally accepts couples.
- Coachella Valley Rescue Mission: (760) 851-2160; 47470 Van Buren St, Indio, CA 92201 Shelter for men and women.
- Foothill Family Shelter, Inc.: (909) 920-5568; 1501 W. 9th Street, Upland, CA 91786 *120 days of transitional housing.*
- Hacienda Christian Life Campus: (951) 657-3041; 1040 Tepee Lane, Perris, CA 92570 1-year free room and board program that includes intensive Bible study, chapel, & work 6 days a week.
- High Desert Homeless Services, Inc.: (760) 245-5991
 Intake hours: Mon-Thurs 9 am to 2 pm. New admissions may require alcohol and drug screening. No history of violence of sex offender status
 - -General and Family Shelter: 14049 Armargosa Road, Victorville, CA 92393
 - -"Warming" Shelter: 168241 George Blvd, Victorville, CA 92394
- Inland Valley Hope Partners: (909) 622-3806; 1753 N. Park Ave, Pomona, CA 91768 *30-90 day shelter for single women and families (mothers and/or fathers with children).*
- Operation Grace: (909) 382-8540; 1595 E. Art Townsend Dr, San Bernardino, CA 92408 Shelter for single women and women with children (preferably under 12).
- Pacific Lifeline: (909) 931-2624; 325 N. San Antonio Ave, Upland, CA 91785 Shelter for women and children.
- Path of Life: (951) 683-4101; 2840 Hulen Place, Riverside, CA 92507 Shelter for men and women. Intakes for emergency shelter are daily from 10-3:30 pm.
- Salvation Army Hospitality House: (909) 888-4880; 925 w 10th St., San Bernardino, CA 92411 *Shelter for single women and families (mothers and/or fathers) with children.*
- Time for a Change Foundation: (909) 886-2994; 2164 N. Mountain View Ave, San Bernardino Emergency shelter for women and children. Permanent supportive housing for chronically homeless.
- US Vets Transitional Housing: POC Pedro Jaregui, (951) 269-1119: 5118 Riverside Dr., March ARB Low-cost housing in the old barracks at March ARB (approximately \$600 for single, \$300 for double)
- Valley Restart Shelter: (951) 766-7476; 200 E. Menlo Avenue, Hemet, CA 92543 Apply in person M-F 9-12.
- Victor Valley Family Resource Center: (760) 669-0300; 16000 Yucca St, Hesperia, CA 92345 Shelter for homeless and low-income individuals, preferably those exiting incarceration. Transitional housing up to 12 months may be available for individuals exiting incarceration.

- Way World Outreach: (909) 884-7117 Transitional housing for men, women, and children.
- Also see Domestic/Intimate Partner Violence Resources below

Room and Boards, Sober Livings, and Assisted Living Facilities:

- San Bernardino Peer-Driven Room and Board Advisory Coalition Your Social Worker may be able to assist you in accessing a list of San Bernardino room and boards that is developed and approved in collaboration between service providers and clients.
- The Sober Living Network: Call (310) 396-5270 or visit <u>www.soberhousing.net</u> Sober livings included in the network listing must meet standards and pass inspection.
- To find Assisted Living facilities licensed by the state of California: Visit <u>https://www.ccld.dss.ca.gov/carefacilitysearch/</u> and search Elderly Assisted Living.

Below are resources that some local Veterans have reported success in using. However, the VA assumes no responsibility for the professional ability or integrity of the non-VA organizations whose names are included in this guide. This referral does not constitute an endorsement or recommendation by the VA.

- Journey House Room and Board (men only), located in San Bernardino: (909) 277-8846
- Lighthouse Board and Care (women only), located in Colton: (909) 824-3255
- Saving Grace Sober Living (men only), 1 Moreno Valley and 2 Riverside locations: (909) 444-5806

Permanent Housing:

- CalVet Veterans Homes of California: Apply online at <u>https://www.calvet.ca.gov/VetHomes</u> Multiple housing options ranging from independent living to skilled nursing care. The closest CalVet Veterans Home is in Barstow: 1 (800) 746-0606.
- Hope for Heroes, through Lighthouse: (951) 571-3533 Permanent supportive housing for chronically homeless Veterans
- HUD-VASH ask a Valor Building Social Worker how to access this resource Permanent supportive housing for homeless Veterans who meet income limitations
- Housing Authority of the County of San Bernardino: (909) 890-9533; 715 E. Brier Dr, San Bernardino *Affordable housing programs with priority for Veterans, seniors, and people with disabilities.*
- Liberty Village: (951) 351-0700; 735 Illinois Ave, Beaumont, CA 92223 Project-based housing apartment complex. Families of 4+ with income at or below 60% AMI are eligible for general affordability units (i.e., no requirement of homelessness).
- Loma Linda Veterans Village: (909) 890-9533; 25281 Van Leuven St, Loma Linda, CA 92354 Project-based housing apartment complex. Families with income at or below 60% AMI are eligible for general affordability units (i.e., no requirement of homelessness).
- March Veterans Village: POC Pedro Jaregui, (951) 269-1119; S. 6th St, March ARB, CA 92518 Project-based housing apartment complex. Veterans with income at or below 60% AMI are eligible for general affordability units (i.e., no requirement of homelessness).
- Riverside Public Housing Authority: (951) 351-0700; 5555 Arlington Ave, Riverside, CA 92504 *Affordable housing programs with priority for Veterans, seniors, and people with disabilities.* <u>www.harivco.org</u> (to complete Housing Choice Voucher application)

- To search for low-cost apartments:
 - HUD affordable apartment search: https://resources.hud.gov/#
 - www.Gosection8.com

OTHER RESOURCES FOR HOMELESS NEEDS

Clothing (call for distribution times):

- ACTS UReach: (909) 796-8357; 24914 Barton Rd, Loma Linda, CA 92354
- Calvary Hot Meal Program: (951) 686-0761; 4495 Magnolia Ave, Riverside, CA 92501 (Hot meals on Sundays ***Due to COVID- sack lunches are provided***)
- Perris Valley Family Resource Center: (951) 443-1158; 2055 North Perris Blvd, Ste C1, Perris, CA 92570
- Re-Live Thrift Store: (909) 796-2605; 24781 Redlands Blvd, Loma Linda, CA 92354
- Rock Church and World Outreach Center: (909) 825-8887; 2345 S. Waterman Ave, San Bernardino, CA
- Settlement House: (951) 737-3504; 507 S. Vicentia Ave, Corona, CA 92882
- Victor Valley Rescue Mission: (760) 955-5958; 61722 Commercial St, Joshua Tree, CA 92252
- Water of Life Community Church: (909) 463-0103 or (909) 803-1059; 7625 East Ave, Fontana, CA 92336

Free Photo IDs and Birth Certificate Copies: https://www.housingca.org/freebirthrecordsids

People who are homeless, as defined by the Federal government, can request paperwork from a homeless service provider to verify homeless status. Paperwork can be submitted at the DMV to request a free photo ID or at a local county office to request a free birth certificate copy.

• To find a local DMV: 1 (800) 777-0133 or www.dmv.org

Showers (call for designated times):

- Mary's Table/Mercy Center: (909) 889-2558; 641 Roberts Ave, San Bernardino, CA 92411
- Redlands Family Services Association: (909) 793-2673; 612 Lawton St, Redlands, CA 92374 For people with disabilities, elderly people, or people with children under the age of 18. Must reside in Redlands, Loma Linda, Highland, Big Bear, Running Springs, Grand Terrace, or city of San Bernardino.
- Salvation Army of Riverside: (951) 784-4490; 3695 First St, Riverside, CA 92501
- Victor Valley Rescue Mission: (760) 955-5958; 61722 Commercial St, Joshua Tree, CA 92252

FOOD RESOURCES

Statewide:

- CalFresh (formerly known as Food Stamps): 1 (877) 847-3663 or <u>www.getcalfresh.org</u> or Benefitscal.org
- Visit the following websites to search for food pantries:
 - o <a>www.foodpantries.org/
 - o <a>www.feedingamericaie.org/find-pantry
 - <u>www.homelessshelterdirectory.org/foodbanks</u>
- To find free meals for kids:
 - Download the CA Meals for Kids app on a smartphone
 - Search the following website: <u>https://www.healthyeating.org/Schools/School-Wellness/School-Feeding-Locations</u>

- Text "FOOD" to 877-877 for location of nearest free meals for children (Text "COMIDA" to 877-877 for response in Spanish)
- 0

***The list below is not comprehensive and the information is subject to change. Consider searching the websites listed above to find more convenient food banks and calling to confirm distribution times/locations.

Riverside County:

- Community Food Pantry of Murrieta: (951) 677-6347; 39493 Los Alamos Road, Suite A, Murrieta, CA Distribution Wednesdays and Thursdays 6:30 am to 10 am for Murrieta, French Valley, and Winchester.
- Community Mission of Hope: (951) 444-1404
 41760 Rider Way, Temecula, CA 92590
 Food distribution M-Th 9:30 am to 12:30 pm
- F.I.S.H.: (760) 398-9000; 1621 1st Street, Coachella, CA 92236 Food distribution M-F9:30 am – 11:15 am. Please bring picture ID.
- HELP INC: (951) 922-2305; 53 South Sixth Street, Banning, CA 92220 Food distribution M-Thr 9:00 am to 1:00 pm
- Riverside Meals on Wheels: (951) 683-7151 Service areas are Riverside, Corona, Jurupa Valley, Mira Loma, Eastvale, and Norco One meal and juice or milk delivered daily for \$8 a day, free pet food also may be available \$25 administration fee and payment for first 20 meals due prior to beginning service
- Salvation Army: (951) 653-9131; 14068 Graham Street, Moreno Valley, CA 92553 Food distribution M-F 8:30 am to 12:30 pm
- SDA Kansas Avenue Church: (951) 682-9810; 4491 Kansas Avenue, Riverside, CA 92507 Food distribution Mondays 9 am to 12 pm
- St. Margaret's Episcopal Church: (760) 346-2697; 47535 Highway 74, Palm Desert, CA 92260 Food distribution Tuesdays from 12 pm to 5 pm
- St. Theresa Catholic Church; 2800 E. Ramon Road, Palm Springs, CA 92264 *Food distribution Mondays from 7 am to 9 am*
- Valley Community Pantry: (951) 929-1101; 191 S. Columbia St, Hemet, CA 92544 Food distribution M-Th 9:30 am to 12 pm.

San Bernardino County:

- Visit the following website to search for food pantries: <u>https://www.capsbc.org/food-pantries</u>
- Community Service Connection: (909) 477-2781; 9791 Arrow Route, Rancho Cucamonga, CA 91730 Food distribution M-F12 pm to 6 pm
- Helping Hands Pantry: (909) 796-4222; 1455 E. 3rd Street, San Bernardino, CA 92408 *Food distribution Sunday through Thursday 8-10 am*
- High Desert Second Chance and Victorville Community Service Council: (760) 243-9646 Seniors (62+) or people with disabilities in the High Desert with no support may request delivery.
- Highland Senior Center: (909) 862-8104 For seniors. Food distribution M, W, and F at 10am – call same day to arrange distribution.
- His Hands Food Pantry Ministry: (909) 981-8110; 877 N. Campus Ave, Upland, CA 91786 Food distribution *M-F9* am to 11 am. Can access once every 2 weeks.
- Living Waters Agua Viva Church: (909) 725-1372; 1192 E. Davidson St, San Bernardino, CA 92408

Food boxes distributed Tuesdays 10-2 or Sundays 4:30-7:30. Call for emergency assistance.

- Operation Provider: (909) 337-8585; 26525 Pine Ave, Rim Forest, CA 92378 *Food distribution Tuesdays and Thursdays from 12-2*
- Redlands Meals on Wheels: (909) 792-0716 Redlands residents, no income/age requirements; 1 hot meal & cold snack delivered daily for \$6 a day.
- Rock Church and World Outreach Center: (909) 825-8887; 2345 S. Waterman Ave, San Bernardino, CA *Food distribution Tuesdays and Thursdays from 8-10.*
- Salvation Army of Ontario: (909) 986-6748; 1412 S. Euclid Ave, Ontario, CA 91762 Food boxes for low-income families M-Th 9 am to 11:30 am
- Samaritan's Helping Hand: (760) 243-5933; 15527 Eighth St, Victorville, CA 92395 Food distribution M-F 9-12 for homeless individuals, M and T from 10-12 for low-income individuals.
- San Bernardino Family Services: (951) 342-3057; <u>https://www.fsaca.org/what/senior-services</u>. Available to homebound seniors (60+) pending eligibility interview. Weekly delivery of 5 frozen meals, bread, fruit, and a half gallon of milk. Suggested donation is \$15/week, but will not be denied due to inability to pay.
- Way Station: (760) 366-8088; 2345 S. Waterman Ave, San Bernardino, CA 92408 *Food distribution Tuesdays and Thursdays from 8-10.*
- Way World Outreach Church, (909) 884-7117 *Food delivery may be available.*

UTILITY ASSISTANCE

- Catholic Charities:
 - o Hesperia: (760) 243-1100; 17900 Jonathon St, Adelanto, CA 92301
 - o Moreno Valley: (951) 784-5020; 23623 Sunnymead Blvd, Ste E, Moreno Valley, CA 92553
 - o Ontario: (909) 391-4882; 904 E. California St, Ontario, CA 91761
 - o Riverside: (951) 689-1803: 3020 Madison Ave, Riverside, CA 92503
 - o San Bernardino: (909) 880-3625: 1450 N. D St, San Bernardino, CA 92405
- Community Action Partnership of Riverside County: (951) 955-4900; 2038 Iowa Ave, Ste B-102, Riverside, CA 92507
- Community Action Partnership of San Bernardino County: (909) 723-1500; 696 S. Tippecanoe Ave, San Bernardino, CA 92408
- Desert Manna Ministries: (760) 256-7797; 201 N. 1st Ave, Ste B, Barstow, CA 92311
- Impact SOCAL: (909) 353-1269; 10783 Edison Ct, Rancho Cucamonga, CA 91730 *For residents of Rancho Cucamonga and Upland.*
- Operation Provider: (909) 337-8585; 26525 Pine Ave, Rim Forest, CA 92378
- Perris Valley Family Resource Center: (951) 443-1158; 2055 North Perris Blvd, Ste C1, Perris, CA 92570
- Salvation Army of Redlands: (909) 792-6868; 838 Alta St, Redlands, CA 92374 3x per. 1-3 Thursday's. (Will not provide until further notice) Bring ID, entire bill, & proof of income, including CalFresh.
- Salvation Army of Riverside: (951) 784-4490; 3695 First St, Riverside, CA 92501
- Water of Life Community Church: (909) 463-0103 or (909) 803-1059; 7625 East Ave, Fontana, CA 92336 *For San Bernardino County residents.*
- Way World Outreach: (909) 884-7117

• Also see Emergency Financial Assistance resources below

TRANSPORTATION

VA Beneficiary Travel:

- To arrange local transportation to VA appointments: (909) 825-7084, x2063
- Ask your VA provider for assistance if you need an ambulance or a specially equipped van (due to inability to transfer from wheelchair) for transportation to a VA appointment.
- To seek reimbursement for travel to VA appointments: apply in person using black keypad at check-in desk, mail VA Form 10-3542 to Beneficiary Travel Office, or send a secure message to the "Beneficiary Travel" group using My HealtheVet.

Eligibility criteria apply. Call VA Transportation Services with questions: (909) 825-7084, x2063.

Veteran Service Organizations:

- DAV: (909) 825-7084, x6014 Limited availability. Call 3+ days prior to appointment. Pick-ups in the morning, departs VA by noon.
- AMVETS: (909) 735-5065 Transportation from Coachella Valley. Limited availability. Call 7-14 days prior to appointment. Pick-ups in the morning, departs VA by noon.

Riverside Transit Agency (Riverside County):

- For schedule information, call (951) 565-5002 or download the Riverside Transit Agency app. Discounted bus fare available to Veterans with Veteran ID.
- Travel Training: One on one or group training. Call (951) 565-5002 to arrange.
- Dial-A-Ride is a door to door transportation service for seniors and people with disabilities. Fare required.
 - Senior/Disabled Local Dial-A-Ride Service is available within city limits. No application required – just show proof of age or disability (e.g., VA ID that shows "Service Connected").
 - ADA Priority Dial-A-Ride Service offers additional services to people certified as disabled under the Americans with Disabilities Act. Additional services include priority scheduling and transportation outside of city limits. Application is required and can be initiated by calling (951) 565-5002.
 - Contact numbers for reservations are as follows:
 - Banning: (951) 922-3252
 - Beaumont: (951) 769-8532
 - Corona: (951) 734-7220
 - Riverside: (951) 687-8080

Omnitrans (San Bernardino County):

- For schedule information, call 1 (800) 966-6428 or download the Transit app. Discounted bus fare available to Veterans with Veteran ID.
- For Special Transportation Services programs listed below, required application is available online. Veterans can also call (909) 379-7341 or email <u>ctsa@omnitrans.org</u>.
 - Travel Training: One on one training and free 31-day bus pass upon completion.

- Volunteer Driver Program: eligible Veterans can be transported by a friend or relative, who is then reimbursed.
 - Eligible Veterans have a disability and cannot use public transportation for some or all trips.
 - In the following locations, Volunteer Driver Program is administered by Community Senior Services, which is available at (909) 621-9900: Chino, Chino Hills, Montclair, Ontario, Rancho Cucamonga, and Upland.
- RIDE: OmniTrans partners with taxi and Lyft services to provide fares at a discounted rate for those unable to ride existing bus service.
 - Seniors (62+) and Veterans with disabilities are eligible.
 - GoGoGrandparent: for a fee, this service connects riders without a smartphone to a Lyft or taxi pickup. Call (855) 464-6872.
- Access ADA Paratransit Service: door to door service for people with disabilities who cannot use public transportation. Fare required.
 - Statement from physician, in-person eligibility interview and functional assessment required.

Other Transportation Resources:

- Free transportation to appts with Medi-Cal providers: arrange with Medi-Cal provider or email <u>DHCS-Benefits@dhcs.ca.gov</u>.
- Aging Next Ride and Go LA County: (909) 621-9900
 Volunteer drivers transport seniors and people with disabilities.
- American Cancer Society: 1 (800) 227-2345 Free transportation to appointments for cancer treatment.
- Perris Valley Family Resource Center: (951) 443-1158; 2055 North Perris Blvd, Ste C1, Perris, CA 92570 *Bus passes available.*
- Way World Outreach: (909) 884-7117 *Bus passes available.*

EMERGENCY FINANCIAL RESOURCES

- Coalition to Salute America's Heroes: 1 (888) 447-2588 For Veterans who sustained an injury during combat in OEF/OIF/OND and have a service-connected disability rating of 30% or more
- Military Heroes Fund: (703) 838-1335; <u>www.pendfedfoundation.org</u> For OEF/OIF Veterans with a disability rating and an Honorable discharge
- Operation First Response: 1 (888) 289-0280; <u>www.operationfirstresponse.org</u> Online application is preferred
- Operation Homefront: 1 (877) 264-3968; <u>www.operationhomefront.org</u> For Veterans who incurred a post-9/11 wound, illness, or injury in the line of duty; Honorable or General Under Honorable Conditions within 7 years of discharge
- Operation Silver Star: (951) 550-7584; <u>https://operationsilverstar.org/need-assistance/</u> For combat Veterans, priority to Veterans wounded in combat and combat infantry
- Salute, Inc.: 1 (847) 359-8811 or https://www.saluteinc.org/ For Veterans with 50% or more service-connected rating & discharge date after 2013
- Smiles for Seniors Foundation: (909) 790-6671

Limited financial assistance for seniors (65+) making no more than \$1,390/month. Up to \$200 to help with food, copayments, utilities, etc.

- Unmet Needs Program: Call 1 (866) 789-6333; email: <u>unmetneeds@vfw.org</u> For Veterans discharged after 9/11 who are experiencing financial hardship as a direct result of serviceconnected injuries and/or illness
- Water of Life Community Church: (909) 803-1059 Fontana residents only
- Wounded Warrior: 1 (888) WWP ALUM (1-888-997-2586) Wounded Warrior serves Veterans who received a physical or mental injury, illness, or wound while serving in the military on or after 9/11/01

EMPLOYMENT RESOURCES

Vocational Development Specialists in Homeless Veterans Community Employment Services (HVCES) are available to assist Veterans involved in HCHV programs with employment-related needs. HVCES aims to improve employment outcomes for Veterans who have experienced homelessness by providing vocational counseling and coordinating with potential employers to reduce barriers and create opportunities for Veterans. HVCES staff are available to assist with job referrals, resume preparation, and linkage to educational opportunities. To reach an HVCES staff member, ask your assigned HCHV Social Worker to refer you.

LEGAL RESOURCES

Veterans Justice Outreach (VJO) is a prevention-focused component of VA's Homeless Programs Office whose mission is to end homelessness among Veterans. VJO staff facilitate access to VA and community treatment services for eligible, justice-involved Veterans through outreach, clinical assessment, and care coordination. These Veterans may include those involved in Veterans Treatment Court or Military Diversion, and Veterans nearing release from local jails. VJO staff also maintain updated information on low cost legal resources within the community. To reach a VJO Social Worker, call the HCHV front desk at (909) 825-7084, x5034.

CHILDCARE RESOURCES

- For childcare referrals in Riverside and San Bernardino counties: 1 (800) 442-4927; https://secureweb.rcoe.us/ONLINEREF/
- For information about San Bernardino County school, meals, & childcare: (909) 888-KIDS (5437)
- For information about childcare reimbursement in Riverside County: 1 (800) 442-4927
- Moses House Ministries: (760) 955-1895; <u>www.moseshouse.org</u> Parenting classes and basic supplies for families expecting and/or with children up to age 6
- Rose of Sharon Life Center: (760) 243-5006; 14725 Seventh St, Ste 600, Victorville, CA 92395 *Free pregnancy test, baby-related items (up to age 3), maternity clothing, and parenting classes*
- Volunteers of America Child Care: (909) 888-4577; 720 S. E St, San Bernardino, CA 92408 Subsidized childcare (ages 1-5) for low-income families
- Women, Infants, and Children (WIC): 1 (888) 942-9675; <u>www.wicworks.ca.gov</u> Supplement nutrition and resources for pregnant women and caregivers of children up to age

DOMESTIC/INTIMATE PARTNER VIOLENCE RESOURCES

VA Loma Linda has a Social Worker dedicated to working with Veterans experiencing intimate partner violence in their relationship or Veterans who want help to stop using intimate partner violence in their relationship. Veterans with challenges related to intimate partner violence can call the main number, (909) 825-7084, press 0 for the operator, and ask to be connected to the Intimate Partner Violence (IPV) Coordinator.

• National Domestic Violence Hotline: 1 (800) 799-SAFE (7233); <u>www.thehotline.org</u> (online chat) *Confidential support and referral to local resources*

Additional resources for People Experiencing Intimate Partner Violence:

- Desert Sanctuary: (760) 256-3733; 703 E. Main St, Barstow, CA 92311 Outreach office offering groups, financial literacy education, and case management
- Riverside County District Attorney Victim Services:
 - Banning: (951) 304-5840
 - o Blythe: (760) 921-5840
 - o Indio: (760) 863-8408
 - o Murrieta: (866) 217-7699
 - Riverside: (951) 955-5450
- San Bernardino County District Attorney Victim Services: (909) 382-3846

Shelters for People Experiencing Intimate Partner Violence:

- Riverside County:
 - Alternatives to Domestic Violence and Trauma Recovery Center: (951) 320-1370 (Riverside) or (951) 425-8900 (Hemet)
 - Shelter, treatment programs, and assistance acquiring restraining orders
 - o Shelter from the Storm: (760) 328-7233; Coachella Valley
- San Bernardino:
 - A Better Way: (760) 955-8723; Victorville
 90-day emergency shelter, parenting classes, peer support, housing assistance. Pets allowed.
 - Doves of Big Bear Valley: (909) 866-1546 or 1 (800) 851-7601
 Shelter, outreach center, counseling, food pantry, & transitional assistance for men & women.
 - Family Assistance Program Hope House: (760) 843-0701; 16857 C St, Victorville, CA 92395 Outreach office and emergency shelter. All genders, children, and pets are welcome.
 - House of Ruth: 1 (877) 988-5559; 599 N. Main St, Pomona, CA 91768 Shelter and domestic violence services.
 - Lucerne Valley Domestic Violence Outreach: (760) 248-2064 Emergency shelter, information and referrals, counseling.
 - Morongo Basin Unity Home: (760) 366-9663; 7237 Joshua Lane, Yucca Valley, CA 92284 30-day emergency shelter for men and women. Treatment, food pantry, and legal aid.
 - Option House: (909) 381-3471
 45-day crisis shelter, treatment, parenting classes, and transitional assistance.
 - Victor Valley Domestic Violence: (760) 955-8010; Victorville *90-day emergency shelter and outreach program.*

COMMUNITY TREATMENT RESOURCES

- Riverside County Community Access, Referral, Evaluation, and Support (CARES) Line: 1 (800) 706-7500 (general) or 1 (800) 499-3008 (substance abuse)
- San Bernardino County Department of Behavioral Health Access & Referral Helpline: 1 (888) 743-1478

DENTAL RESOURCES

Dental Insurance:

- Medi-Cal Dental Program (Denti-Cal): 1 (800) 322-6384; <u>www.denti-cal.ca.gov/</u> To apply, visit your local social services office. To find a Denti-Cal provider, call the number listed above.
- VA Dental Insurance Program (VADIP): <u>https://www.va.gov/healthbenefits/vadip/</u> Discounted dental insurance coverage through Delta Dental of California or MetLife

Low-cost or No-cost Dental Care:

- Don Schroeder Family Care Center: (951) 955-5361; locations in Jurupa Valley and Corona Low-cost cleanings, fillings, and extractions. Cost is determined based on income, using a sliding scale.
- Lestonnac Free Clinic: (909) 881-4800; 401 E. 21st St, San Bernardino, CA 92404 *Low-cost dental care most services are under \$30.*
- Loma Linda University School of Dentistry: (909) 558-4675; 1110 Anderson St, Loma Linda, CA 92350 Low-cost dental care provided by dental students – appointments are long due to learning environment
- Magnolia Family Health Center: (951) 373-5630; 9380 Magnolia Ave, Riverside, CA 92503 Low-cost dental care. Cost is determined based on income, using a sliding scale.
- Moreno Valley College Dental Hygiene Clinic: (951) 571-6431; 16130 Lasselle Ave, Moreno Valley, CA *Dental cleanings, x-rays and fluoride treatments provided free to Veterans and their families.*
- Moreno Valley Family Health Center: (951) 571-2365; 22675 Alessandro Blvd, Moreno Valley, CA *Low-cost dental care all services cost between \$40-80.*
- San Joaquin Valley College: (909) 291-8121; 10641 Church St, Rancho Cucamonga, CA 91730 *Free deep cleaning, fluoride, and x-rays. Appts are long due to learning environment for students.*
- Smile Unto Him: (951) 977-9415; 6611 Arlington Ave, Ste C, Riverside, CA 92504 Free dental services for Riverside Veterans who are uninsured & up to 200% of the federal poverty line
- Whitney Young Family Health Clinic: (909) 386-7600; multiple locations in San Bernardino Low-cost or no cost dental care. Cost is determined based on income, using a sliding scale.

ANIMAL RESOURCES

Service Dogs and Training:

- 4 Paws 4 Patriots: (951) 565-0849 Service dog training for disabled Veterans and first responders
- America's VetDogs: 1 (866) 838-3647; <u>www.vetdogs.org</u> Provides service dogs for people with disabilities
- PAWZ for Wounded Veterans: (951) 301-3625; <u>www.caninesupporteams.org/pawz</u> Provides dogs to disabled Veterans free of charge
- New Life K9's Service Dogs: (805) 544-5433; <u>www.newlifek9s.org</u> Provides service/companion dogs to Veterans and first responders

Assistance with Veterinary Bills and/or Boarding:

- Actors and Others for Animals: www.actorsandothers.com Limited financial assistance for veterinary bills (visit website for eligibility criteria and exclusions)
- PACT for Animals: (610) 581-4141; <u>www.pactforanimals.org</u> Temporary foster homes for pets whose owners cannot care for them due to military deployment/training, physical/medical issues, or unpreventable emergencies
- Red Rover: (916) 429-2457; <u>www.redrover.org</u> Financial assistance up to \$200 or boarding, especially for pet owners in need due to COVID-19 or those experiencing domestic violence

OTHER RESOURCES

Car Repairs:

• Center for Employment Training: (909) 478-3818; 1099 N. Pepper Ave, Colton, CA 92324 *Provides Veterans with free labor for basic automotive services.*

Cell Phone/Internet Resources:

- Assurance Wireless/Lifeline free phone and service for qualifying low-income individuals To apply: 1) Complete Lifeline application by calling 1 (866) 272-0349 and 2) Once Lifeline application is approved, enroll in Assurance Wireless by calling Customer Care at 1 (888) 898-4988
- Everyone On: <u>www.everyoneon.org/cetf</u> Search engine for low-cost internet (\$10-23/month) for low-income households

Computers:

- Computer Banc: (217) 528-9506 Disabled Veterans are eligible to receive a refurbished computer or 50% of computer cost.
- Free Community PC for Low Income Families: (951) 351-6190 Free refurbished computer to Riverside families with annual income of less than \$45,000.

Crisis Hotlines:

- Veterans Crisis Line: 1 (800) 273-TALK (8255), press 1 or text 838255
- Combat Call Center: 1 (877) WAR-VETS (1-877-927-8387)
- National Alliance on Mental Illness (NAMI): 1 (800) 950-6264 (M-F, 10 am-6 pm EST) or text "NAMI" to 741741 (24/7) Confidential, free crisis counseling
- National Domestic Violence Hotline: 1 (800) 799-SAFE (7233); <u>www.thehotline.org</u> (online chat) Confidential support and referral to local resources
- National Sexual Assault Hotline: 1 (800) 656-HOPE (1-800-656-4673) Confidential support and referral to local resources

Equine Therapy:

• Equus Medendi: (951) 941-0056; multiple locations All Veterans are eligible. Uses horses to teach mindfulness and emotion regulation skills.

Exercise and Recreation Therapy:

- Drayson Center: (909) 558-4975; 25040 Stewart St, Loma Linda, CA 92354 Disabled Veterans get discounted \$20/month rate after they sign up for PossAbilities (<u>http://www.teampossabilities.org/get-started/</u>) and bring their membership card to Drayson Center
- Guitars 4 Vets (G4V): Ask VA provider for referral Veterans receiving treatment at VA may be eligible for ten 30-minute 1:1 lessons, guitar/gig bag upon completion, and bond & jam group sessions/classes after completion.
- Warfighter Made: (951) 339-0399; 42225 Remington Ave, Ste A14, Temecula, CA 92590 Recreational therapy through adaptation/customization of cars, trucks, motorcycles, off-road vehicles
- Warrior Built: (951) 805-2734: call for address Vocational/recreational therapy, music therapy, motorcycle shop, gym and underwater treadmill

Financial Counseling:

 National Foundation for Credit Counseling: 1 (800) 388-2227; <u>www.nfcc.org</u> Free credit counseling

Home Repairs:

• Home Strong USA: 1 (877) 647-8764; www.homestrongusa.org One-time grant for eligible home repairs. Visit website for eligibility criteria and to apply.

Support with Substance Use Disorders:

- Talk to a VA staff member about referral to VA treatment for substance use issues.
- Al-Anon (for family members of people with substance use issues): 1 (888)425-2669 or https://al-anon-meetings/find-an-al-anon-meeting/
- Alcoholics Anonymous: (909) 825-4700 or https://aainlandempire.org/meetings
- Narcotics Anonymous: 1 (800) 863-2962 or https://www.narcotics.com/na-meetings/
- SMART Recovery (non-religious self-help meetings): (909) 335-3026 or (440) 951-5357; www.smartrecovery.org