

## RIVERSIDE COUNTY BEHAVIORAL HEALTH COMMISSION

MEETING MINUTES FOR SEPTEMBER 4, 2019 | 12:00 pm to 2:00 pm

**CALL TO ORDER, PLEDGE OF ALLEGIANCE, AND INTRODUCTIONS** – Chairperson, Richard Divine called the Behavioral Health Commission (BHC) meeting to order at 12:02 pm, lead the Pledge of Allegiance, and commenced introductions.

**CHAIRPERSON'S REMARKS** – Mr. Divine welcomed the public and hoped everyone had a wonderful summer.

**COMMISSION MEMBERS REMARKS** – Daryl Terrell expressed his concern regarding insufficient behavioral health services in the school system and suggested the Department establish a collaboration with Riverside County's Office of Education.

Brenda Scott expressed her concern regarding the Full Service Partnership transitions in Mid-County and thanked Dr. Matthew Chang for following up with members of the Commission.

**PUBLIC REMARKS** – Ms. Scott announced that the NAMI Walk Luncheon will be held at 11:30 am on Friday, September 6 at the Benedict Castle in Riverside. The NAMI Walk is scheduled for Saturday, October 26 at the Diamond Valley Lake in Hemet.

**MINUTES OF THE PREVIOUS MEETING** – Walter Haessler noted the semicolon located on the fourth line under Celebrate Recovery is incorrect and should be written as follows, "... when he was five years old; and when he reached his..." Lastly, Dr. Haessler noted that the names of the parent and child should be removed from this and future Celebrate Recovery summaries to protect consumers' privacy. Minutes were accepted as noted.

**CELEBRATE RECOVERY** – This month's Celebrate Recovery speaker is from Parent Support and Training. The Celebrate Recovery speaker shared his and his son's experience with the Dinosaur School Program. Dinosaur School is an evidence-based program for children between the ages of three to eight years old. The Program teaches children in small group settings to learn how to follow rules, cooperate, express emotions, problem solve, manage anger, and make friends.

The Celebrate Recovery Speaker's son exhibited some behavioral problems when he began pre-school at age four. His son was disruptive, threw tantrums, ran out of class, and gave teachers a hard time. The Speaker shared his experience with a friend, whom referred him to the Dinosaur School Program. The Speaker was initially reluctant to enroll his son, but decided to take a chance and enrolled him. At first, the Program did not seem to help, so the Speaker decided to participate and began attending the classes along with his son to see if it would help. After a week of attending the classes with his son, he began to notice subtle differences with his son's behavior. His son's progress continued throughout the school year and teachers reported seeing major changes in his behavior. The Speaker's son is now in the third grade and is doing very well. The Speaker stated that he believes the program can work for many children and can be very helpful to parents, especially those who are raising their kids alone.

### NEW BUSINESS

1. APPROVE BEHAVIORAL HEALTH COMMISSION ANNUAL REPORT FY 18/19: Members of the Commission approved to submit the Behavioral Health Commission Annual Report FY 18/19 to the Board of Supervisors. (The Commission had a quorum during the meeting, however please note

two absences during the vote: Carole Schaudt and Dildar Ahmad.)

\*\*\* Later in the meeting, Greg Damewood noted an error regarding the Executive Committee members for FY 18/19. Revision is required and the item will be brought back for approval on October 2.

2. 2019 RECOVERY HAPPENS EVENT: Richard Bolter announced that the Recovery Happens Event will be held on Friday, September 13 at 11:00 – 4:30 pm. The event will be held at Fairmount Park in Riverside and is free and open to the public. They currently have over 60 registered vendors that will be providing free resources and information. There will be three motivational speakers (two of whom are veterans) that will be sharing their stories of recovery. The event will feature contests, raffle drawings, a dunk tank, live music and free food. They will also be presenting awards to community partners and staff in recognition for their hard work and dedication to serving our consumers and their families.
3. FAMILY PRESERVATION COURT: Will Harris and Jennifer Saldan gave an overview of the Family Preservation Court (FPC) Program. The FPC Program involves three agencies within Riverside County: Superior Court, Department of Public Social Services (DPSS), and Behavioral Health. FPC is an intensive program designed for families with significant substance abuse issues that impact the safety of their child or children. The goal of FPC is to seek the best interest of the family and the child(ren) by providing a safe and secure environment for the child while intensively treating the parent's substance abuse and other related issues. Ultimately, the program strives to protect children and to reunite families by providing support, treatment, and access to services for the parents.

The Program serves the three jurisdictions in Riverside County: Southwest Justice Center, Larsen Justice Center, and Riverside Superior Court. There are currently seven FPC locations available in Riverside County and they are located in the Substance Abuse Clinics in San Jacinto, Temecula, Desert Hot Springs, Indio, Riverside, Corona, and Moreno Valley. Mr. Harris noted that they will continue adding to these sites as the need arises.

Eligibility for FPC rely on referrals from DPSS. Ms. Saldan explained those eligible for FPC are consumers under active investigation or are involved in an open adjudicated case. If a social worker is unsure of an individual's eligibility, they are encouraged to reach out to the County partners or refer them to DPSS for determination. Referrals for the program are initiated by a social worker and submitted to Ms. Saldan. Ms. Saldan processes the referral and assigns it a unique identifier to keep the consumer anonymous. Once that process is completed, Ms. Saldan forwards the referral to the appropriate outpatient treatment facility for further processing. The treatment staff will contact the consumer within two days to schedule an appointment for screening/intake. Throughout this process, the social worker, treatment staff, and Ms. Saldan (DPSS liaison) maintain consistent communication so they can track the consumers' progress through the Program.

The FPC Program is approximately a year long and is composed of three phases based on level of care. Phase 1 is Intensive Outpatient, Phase 2 is Outpatient, and Phase 3 is Recovery Services. Each phase has certain requirements that the consumer must meet before proceeding to the next phase. In Phase 1, consumers are required to attend 9-19 hours per week of clinical services, begin a parenting class (Triple P), secure stable housing, participate in self-help meetings (AA, NA, etc.),

submit to random drug testing, and attend all their weekly court dates. Phase 1 usually last four months long depending on the consumer's ability to complete each requirement and their treatment needs. Once they have met all the requirements for Phase 1, they move on to Phase 2, which usually last six months. In Phase 2, consumers are required to attend up to nine hours of clinical services per week, complete their Triple P Parenting Class, secure stable housing, attend their bi-weekly court dates, obtain employment or enroll in school, begin attending Family Advocate sessions, continue participating in self-help meetings and continue submitting to random drug testing. After the consumer has successfully completed Phase 2, they are ready for re-integration back into the community, which is Phase 3. In Phase 3, consumers are required to maintain a weekly contact with their counselor and show proof of full-time employment and/or enrollment in school. In Phase 3, consumers are also required to continue with their Family Advocate sessions, attending their monthly court dates, and submitting to random drug testing. Once the individual successfully completes all three phases of the Program, they are invited to participate in a graduation ceremony.

Mr. Harris added that Substance Abuse Prevention and Treatment began operating FPC in April of 2017. Since then, the Program has received 478 referrals. One of the reasons this program has thrived is due to the collaborative efforts of all three agencies involved. They maintain constant daily communication and hold monthly joint operation meetings with all three agencies to make sure everyone is on the same page.

**DIRECTOR'S REPORT:** Dr. Chang began by responding to Mr. Terrell's concern regarding expansion of behavioral health services within the school system. Dr. Chang agreed that there is a great need for services and the Department is continuing their work with regard to expanding behavioral health services within schools. There are a few models currently in place providing services in schools, but the model they hope to expand is embedding behavioral health staff directly into schools. Dr. Chang reported they are meeting with several school districts (Riverside Unified, Hemet Unified, etc.), Riverside County Office of Education (RCOE), Public Health, and Department of Public Social Services (DPSS) about how they can provide more services. Dr. Chang shared that one of the things they are currently focusing on is developing a universal screening tool for kids in school.

Dr. Chang also responded to Ms. Scott's comment regarding the transition of Full Service Partnerships (FSP) in the Mid-County region. Historically, the County had large centralized FSPs within each of the three regions. This presented as a hardship to some consumers and Dr. Chang gave the example of the FSP in Palm Springs. If the consumer lives in Blythe, having the ability to come to Palm Springs for FSP services can be a challenge and a hardship. The Department is currently making the effort to essentially de-centralize the larger FSPs and establish a number of "mini-FSPs" throughout each region, allowing consumers from any city to be able to access FSP level of care locally. The Mid-County region's FSP is the first to experience this transition, and as many pilot programs, it will encounter some challenges along the way.

Integration efforts within Federally Qualified Healthcare Centers (FQHC) are continuing. The Corona FQHC now has Adults, Children's, and Substance Abuse services located on the second floor. The move was completed in early June.

## **OLD BUSINESS**

1. MHSA UPDATE: David Schoelen reported that his staff has fulfilled all the regulatory requirements

to complete the MHSAs Annual Plan Update and it has been approved by the Board of Supervisors' Office for submission to the State. Mr. Schoelen stated they are now getting ready to begin their 3-Year Planning cycle. Lastly, Mr. Schoelen introduced Mariah Andrews, who is the new Innovations Coordinator, which was previously held by Toni Lucas.

2. SAPT UPDATE: Rhyan Miller reported that he has met with Dr. Brian Betz's and Janine Moore's staff regarding Los Angeles County's STAR Protocol. They have reviewed the program details and requested to have a formal presentation of the findings at the October Commission meeting. Members of the Commission approved the request and the topic will be placed on the October agenda.

Executive Management has approved the request for an additional clinical therapist to be recruited for the Mecca Clinic.

Substance Use Disorder Prevention was recently awarded a grant, which was used for two new curriculums for Prevention Services. The curriculums are Teen Intervene and Cannabis Brief Intervention. All staff are being mandated to be trained in these curriculums and is to be used for individual prevention services in all the clinics.

Will Harris recently completed the Substance Use Disorder Strategic Prevention Plan for 2019-2024. Much like the MHSAs 3-Year Plan, Substance Use also has to develop a plan for Prevention Services. Mr. Harris is the Department's assigned Prevention Coordinator by the State of California Department of Health Care Services, and he has completed and submitted the Plan to the State. The State approved the Plan and Substance Use will be releasing RFP's for Prevention Services requesting proposals for three key items. The first item is for existing contractors that already provide outpatient services to provide the same services in the school system. The second item they're searching for is a Community Based Environmental Prevention Providers "to work in high poverty communities to increase perception of harm and decrease access and availability of alcohol and other drugs in various geographic regions of the county. The third key item is for "contractors to provide environmental prevention type services to increase perception of harm and decrease access and availability of alcohol and other drugs to the LGBTQ youth and young adults in the desert region of the county." Mr. Miller noted that this was based off the Department's own internal needs assessment and their plan identified some population that is currently not being served or are underserved.

Recovery Residences currently has a waitlist, which April Marier and Mr. Harris are working on managing. Ms. Marier and Mr. Harris are working with the Evaluation Committee with regard to RFP submissions for Recovery Residences and they hope to award the contract in the next few weeks. Mr. Miller noted that this will help alleviate, if not eliminate, the waitlist for Recovery Residences.

Building Sustainable Transitions of Care Conference will be held on September 11 and 12 at the Moreno Valley Conference Center. The Conference is free and is covered under Federal Opioid Use funds. Mr. Miller encouraged all members of the Commission to attend.

Medication Assisted Treatment (MAT) for inmates has been an ongoing discussion within the Department for a few years. Dr. Betz worked in partnership with the Sheriff's Department and Correctional Health and they have come to an agreement regarding this treatment. MAT will now

be available in the Adult Detention facilities beginning September 16.

The Department is currently seeking partners for No Place Like Home and Roy's. No Place Like Home applications are due between November and December of this year and the RFP for Roy's will be re-opened for providers interested in managing a 92-bed augmented adult residential facility.

The Coordinated Entry System "HomeConnect" hotline has been expanded and is now available 24/7. The phone number for HomeConnect hotline is 800-498-8847 and the email is [homeconnect@ruhealth.org](mailto:homeconnect@ruhealth.org).

#### **COMMITTEE UPDATES:**

DESERT REGIONAL BOARD: Tabled

MID-COUNTY REGIONAL BOARD: Kim McElroy reported that the Mid-County TAY Program was recognized by NAMI for its dedication and commitment to the mental health community. Five families graduated from the Family Preservation Court in July. They are increasing training for 0-5 services and PCI training in Temecula. Lastly, Ms. McElroy reported that a clinic in Perris, which housed the Children's Services and other programs, has lost their lease and will be re-locating. Ms. McElroy stated that she will learn more on this matter at their next meeting and will have more update on the re-location at the next Commission meeting.

WESTERN REGIONAL BOARD: Mr. Damewood stated that they will post their minutes for review.

ADULT SYSTEM OF CARE: Tabled

BYLAWS COMMITTEE (ADHOC): Ms. McElroy reported that she and Mr. Damewood are working on possibly merging the Regional Board Bylaws with the Behavioral Health Commission's Bylaws.

CHILDREN'S COMMITTEE: Tori St. Johns reported that they were dark in August, but will be meeting on Tuesday, September 24 at 12:15 pm.

CRIMINAL JUSTICE COMMITTEE: Mr. Damewood stated that their next meeting will be held on Wednesday, September 11.

HOUSING COMMITTEE: Ms. Scott reported their next meeting will be on Tuesday, September 10.

LEGISLATIVE COMMITTEE: April Jones reported they discussed the changes in law regarding public charge. Ms. Jones stated that the Board of Supervisors Office is remaining neutral on the topic; however, the Department would like to provide information to consumers to reduce a possible "chilling effect."

MEMBERSHIP COMMITTEE: Mr. Divine reported that the Board of Supervisors appointed a new Commission member in July to fill a vacancy in District 2. There is currently another application routing to fill a vacancy in District 5. Membership is currently at 13 members, with a vacancy in District 1 and District 5.

OLDER ADULT SYSTEM OF CARE COMMITTEE: Tabled

PUBLIC ADVOCACY (ADHOC): Ms. Jones reported they discussed how the Commission functions with regard to the WIC codes and how they would like to revise some of the way they operate as a whole. The language they discussed to put in place is “Review, advise, and report.” Ms. Jones stated they will continue discussing the details at the next meeting and determine how they plan on implementing it.

QUALITY IMPROVEMENT COMMITTEE: Mr. Terrell reported the Detention Program has been working to provide medication assisted treatment services to inmates struggling with substance abuse.

VETERANS COMMITTEE: Mr. Gentillalli reported that the 211 VetLink is now available 24 hours and CalVet is working on placing a therapist in all of the community colleges for veterans.

**EXECUTIVE COMMITTEE RECOMMENDATIONS:** Rhyan Miller noted earlier in the meeting to have the STAR Protocol Update for the Commission.

**ADJOURN:** The Behavioral Health Commission meeting adjourned at 1:54 pm.

*Maria Roman*

Tori St. Johns, BHC Secretary

Maria Roman, Recording Secretary

**FY 2018/19 BEHAVIORAL HEALTH COMMISSION ATTENDANCE ROSTER**

MEMBERS	JUL	SEP	OCT	NOV	JAN	FEB	MAR	APR	MAY	JUN
April Jones, District 3	✓	✓								
Anindita Ganguly, District 2	✓	✓								
Araceli Ruiz, BOS Representative, Dist. 1	✓	✓								
Beatriz Gonzalez, District 4	✓	✓								
Brenda Scott, District 3	✓	✓								
Carole Schaudt, District 4	A	A								
Daryl Terrell, District 5	A	✓								
Dildar Ahmad, District 1	✓	A								
Greg Damewood, District 5	✓	✓								
Jose Campos, District 2		✓								
Richard Divine, District 2 (Redist. 4)	✓	✓								
Rick Gentillalli, District 3	ML	✓								
Victoria St. Johns, District 4	✓	✓								
Dr. Walter Haessler, District 1	✓	✓								

Present = ✓ | Absent = A | Medical Leave = ML

Minutes and agendas of meetings are available upon request and online at [www.rcdmh.org](http://www.rcdmh.org). To request copies, please contact the BHC Liaison at (951) 955-7141 or email at [MYRoman@rcmhd.org](mailto:MYRoman@rcmhd.org).

OTHERS PRESENT		
Adam Luna, Guest	Adrienne Gee, RUHS-BH	Amelia Lenta, Guest
Amy McCann, RUHS-BH	April Marier, RUHS-BH	Artino Montoya, Guest
Audriana Santana, Guest	Brandon Jacobs, RUHS-BH	Brian Betz, RUHS-BH
David Schoelen, RUHS-BH	Deborah Johnson, RUHS-BH	Diana Castillo, RUHS-BH
Donna Childers, Guest	Edmund Fisher, Guest	George Middle, Guest
Gloria Gonzalez, Guest	Greg Burks, Guest	Heather Sylvester, RUHS-BH
Jacob Penland, Guest	Jalen Prayer, Guest	Jan C. Nguyen, Guest
Jeaniel Dancer, RUHS-BH	Jennifer Saldan, RUHS-BH	Jim Hill, RUHS-BH
Joshua Korley, RUHS-BH	Keila Mazariegos, Guest	Kim McElroy, Guest
Kristen Duffy, RUHS-BH	Kristen Ellis, Guest	Kristin Southall, Guest
Laurence Gonzaga, Guest	Lisa Morris, RUHS-BH	Lucy Lopez, RUHS-BH
Marcelino Douglas, Guest	Marcus Cannon, RUHS-BH	Maria Martha Moreno, RUHS-BH
Mariah Andrews, RUHS-BH	Mark Krulic, Guest	Marlene Steinbeck, Guest
Matthew Chang, RUHS-BH	Maureen Dopson, RUHS-BH	May Farr, Guest
Melinda Drake, Guest	Melisa Noone, RUHS-BH	Monique Gordon, Guest
Monique Maldonado, Guest	Pamela Norton, RUHS-BH	Paul Baum, RUHS-BH
Rachel Douglas, RUHS-BH	Rhyan Miller, RUHS-BH	Richard Bolter, RUHS-BH
Rita Bendlin, Guest	Russell Morena, Guest	Sarah Gohn, Guest
Sarah Rodriguez, BOS Rep. District 3	Sean Frederickson, RUHS-BH	Selvino Moscare, Guest
Sheree Summers, RUHS-BH	Stephanie Bennett, Guest	Taide Arias, RUHS-BH
Tiffany Ross, RUHS-BH	William Harris, RUHS-BH	Zack Tucker, RUHS-BH
Maria Roman, RUHS-BH		