



RIVERSIDE COUNTY DESERT BOARD OF MENTAL HEALTH

**47-825 Oasis St.
Indio, CA 92201**

**MINUTES
March 10, 2014**

BOARD MEMBERS PRESENT: Dr. Janice Quinn, Mark Miller, Carole Schaudt, Richard Divine, Maura Fisher, Linda Wright, Floyd Rhoades, Sandy Neja.

BOARD MEMBERS EXCUSED: Bonnie Gilgallon, Sharon Hjerpe, Katherine Heichel-Casas, Jim Jones.

BOARD MEMBERS ABSENT: Michele Lawrence, Marsha Drew.

DEPARTMENT STAFF PRESENT: Amber Duffle; Secretary, James Grisham; Desert Regional Administrator, Elizabeth Aguilar; Family Advocate Desert Region.

OTHERS PRESENT: Denise Diamond, Joseph Butts.

Chair Richard Divine called the meeting of the Riverside County Desert Board of Mental Health to order at 12:12 PM. Self-introductions of all in attendance followed.

CORRESPONDENCE AND ANNOUNCEMENTS:

Dr. Janice Quinn handed out the most current Membership Roster to the Board Members to review for any updates. She reminded the Board that the roster containing all the names of the Desert Board Members is a public document available to anyone who requests a copy. She informed them that whatever information they list under their name such as a home address and phone numbers will be accessible to the public since it is a public document. She asked that any updates be turned in at the end of the meeting.

Elizabeth Aguilar; Family Advocate for the Desert Region Mental Health, updated the Board on her Spanish speaking NAMI group. She announced that last Monday was the graduation class, and of that 2 group members became facilitators from that class. She is also forming a project for the Art Show called "Art Days. She has linked up with an art teacher from a Xavier College Prep. in Palm Desert that is donating her time to help some of the NAMI families create art to submit to the art show. Another class will be on March 30th at 2pm in Banning. Pam Norton and Jennifer Ponder, employees of the Banning Mental Health Clinic, will help facilitate this Family Art Group.

Board Members and Visitors Questions:

N/A

APPROVAL OF MINUTES:

Richard Divine announced that there was no quorum for this meeting and they cannot “approve” the minutes so the approval process will be tabled until the April meeting.

NEW BUSINESS:

Proclamation pickups:

Dr. Janice Quinn went through the list of Desert Cities to assign volunteers for each. She informed the Board that all volunteers will need to call the city clerk directly for their city to arrange the proclamation pickup date and time. She suggested that if multiple dates and times are given, the board member should choose the one before May 13th so they can include information in their speech regarding the May is Mental Health Month Art show in the desert. She also asked that once the date and time is set with the city clerk to please notify Lisa and/or Janice of the pickup date.

The volunteers per city are as follows:

1. Banning – Carole Schaudt
2. Beaumont – Richard Divine
3. Blythe – Carole Schaudt
4. Calimesa – Mark Miller
5. Cathedral City – Maura Fisher
6. Coachella – Joe Butts
7. Desert Hot Springs – Carole Schaudt
8. Indio – Joe Butts
9. Indian Wells – Floyd Rhoades
10. La Quinta – Sandy Neja
11. Rancho Mirage – Jim Jones
12. Palm Desert – Floyd Rhoades & Denise Diamond
13. Palm Springs – Carole Schaudt

May is Mental Health month Art Show & Creative Writing:

Dr. Quinn announced that the second “May is Mental Health Month” Stakeholder’s meeting had a great turn out once again. She reminded the Board Members that the new rule adopted for this year calls for the submission of one art piece per person, however there are unlimited entries for creative writing. Creative writers must remember to submit their writing(s) before the art show by the cutoff date. She also mentioned that decorated writing or those submitted as an Art Submission will not be judged for prizes if it cannot be scanned by Amber it into the emailing system to share it with the judges who are reading the creative writings. All creative writing must be submitted to JLQMD@att.net in order to be judged. If the author cannot email it directly, please have them turn it in to Amber prior to the final submission date.

Clinics Site Visit for 2014:

Floyd Rhoades reported on the Banning Mental Health Clinic-

Floyd met with the Acting Supervisor for the Banning Mental Health Clinic, Pam Gengo. He explained that Pam updated him on the background history of the clinic. It was originally part of the Mid-Valley program. The current program covers all of Banning, Beaumont, Calimesa, Desert Hot Springs and portions of Cathedral City. The goals of the program are to provide comprehensive mental health programs for seniors, adults and children as well as their families. Mr. Rhoades overall impression was that that Banning Mental Health held an excellent operation with obvious pride and high standards of performance expected. He was most impressed with the staff he met and with

the Acting Supervisor. Pam Gengo has obviously taken charge of this clinic and seems to have the respect and support of all of the staff.

*Please see below for site review.

OLD BUSINESS:

Criminal Justice 2 day training update:

Elizabeth Aguilar announced to the Board that they are still awaiting a date for this training.

NAMI May 10, 2014 "Last Hurrah Follies" Fundraiser:

Sandy Neja announced that the fundraiser "The Follies Last Hurrah" is almost done selling tickets. Please contact Sandy at 760-200-9198 to obtain tickets. The special reduced price is \$69 per ticket and must be paid to Sandy Neja before the 5th of April.

Mental Health Main Board Report:

Carole Schaudt gave the Main Board Report this month. She updated the Board Members regarding the possible closing of 2 or 3 Board and Care facilities. She stated that this is bad news; James Grisham, Desert Regional Board announced that the news was correct. Carole announced that the Desert Hot Springs Clinic's opening has been delayed as well. She also reported that the Skilled Nursing Facility near JFK Hospital, that was due to be opening in Indio, is no longer going to be built.

Membership Report:

Richard Divine stated that since there was no quorum for this meeting that any voting to seat prospective members would have to be delayed until the April meeting.

Children's Committee:

Tabled to the April 2014 Board Meeting

Housing Committee:

Sandy Neja reported that there is a new head of the committee, and there were no meeting minutes due to the fact that there was no housing meeting last month.

Adults Committee:

Tabled to the April 2014 Board Meeting

Veterans Committee:

Denise Diamond stated that she would be interested in taking over this committee.

Criminal Justice Committee:

Tabled to the April 2014 Board Meeting

Legislative Report:

Floyd Rhoades stated that he will make a report next month at the April, 2014 Board Meeting.

Older Adults:

Maura Fisher reported that the Older Adults committee had a presentation from Bill Brenneman regarding the first draft of the 3 year MHSA planning process. There was also a presentation by Arlene Fierer on the Inland Empire

Health Program (IEHP). Senator Steinberg passed the grant for the new Crisis Stabilization Team for the Riverside County Department of Mental Health.

REGIONAL ADMINISTRATOR'S COMMENTS:

Jim Grisham spoke to the Mental Health Board about the crisis response efforts of the Riverside County Dept. of Mental Health. He explained that there was a grant that was given to fund 3 triage response teams (1 per region). These triage teams would respond to local emergency rooms and outreach to people who need to link with local resources and the Desert Region Outpatient Clinic. He is not sure where this team will be located but he is thinking temporarily they will be at the Desert Region FSP clinic or Unit B in Indio. There is also a proposal for a "Crisis" Response Team, which is different as they would be riding along with law enforcement and addressing 5150 issues.

James Grisham announced that Rebecca Stiltz, MHSS will be taking over the Inpatient Unit in place of Suzanne Garrison, MHSS once she retires. Rebecca is currently the Blythe Supervisor but is well trained to work in the Inpatient Unit. Currently Desert Hot Springs, Wraparound and Blythe are hiring for Supervisors.

The Katie-A numbers have been low. The Desert Region was expecting many Katie-A referrals but only received 2 per week in Indio, 8-10 in Blythe and 1 in Banning.

Issues with the Milestones Board and Care are being remedied by turning it into a CRT/ART facility. James Grisham is developing contingency plans to take care of the issues. More information will be reported as developments progress.

Last month, in February 2014 the Children's Services Clinic held a meeting for the local judges to come and meet at the Indio MH Clinic site. There they discussed what Children's Services can provide or what their programs offer. James reported that it was a great turnout and had a positive outcome.

MOTION TO ADJOURN:

Richard Divine noted that there is no motion needed to adjourn the meeting due to no quorum.

The next meeting of the Riverside County Desert Board of Mental Health will be **Tuesday, April 8th, 2014 at the Riverside County Mental Health Outpatient Clinic, located 47825 Oasis Street, Indio, CA, 92201**, at 12:00pm.

Respectfully submitted by:

Amber Duffle for Mark Miller, Desert Board Secretary

RIVERSIDE COUNTY BOARD OF MENTAL HEALTH

SITE VISIT REPORT: JANUARY 24, 2014

Presented to Board, March 11, 2014

FLOYD RHOADES

FACILITY PROGRAM REVIEWED: BANNING MENTAL HEALTH CLINIC

PROGRAM SUPERVISOR: Acting Supervisor: Pamela Gergo 951-849-7142

BACKGROUND HISTORY: Was originally part of the Mid-Valley Program. Current program covers all of Banning, Beaumont, Calimesa, Desert Hot Springs and portions of Cathedral City

GOALS OF THE PROGRAM: To provide comprehensive mental health programs for seniors, adults, children and families

LOCATION:

Street Address: 1330 W. Ramsey Street, Suite 100, Banning, CA 92220

Description of surrounding area: on main thoroughfare in Banning surrounded by commercial buildings including Bank of America, restaurants and other commercial businesses.

Where can Visitors Park: was told there is limited parking but the day I was there (a Friday when services are limited because of Furlough) I was able to park in front and there were only 2 other cars in the lot. Employees park in the back.

Description of where the main entrance is and/or where visitors go: two front entrances, one on the right side for adult programs and one on the left for children. Good security and pleasant lobbies.

PROGRAM TYPE: Outpatient Only

PROGRAM AGE GROUP: All ages children through older adults

How are people referred: MDs, families, Agencies, Internet, Other Professionals, Law Enforcement, Courts, etc.

STANDARD SERVICES PROVIDED:

- Psych evaluation
- Therapies (groups, individual, short term)
- Cognitive behavioral solution focused - encourage groups - see attached
- Resources include:

- Food banks
- DPSS
- Public Health Clinic
- Shelters in Desert
- AA
- NA
- House of Miracles
- Teen Group Homes
- Board and Cares

SPECIALTY SERVICES OFFERED

- Evidence-based services
- PCIT
- Recovery management
- CORE (co-occurring recovery)
- Anxiety – cognitive behavioral evidence based solution focused on peer support
- Training is critical (but leaves less time to see clients)

PROGRAM/FACILITY CAPACITY - currently about 1026 visits per month (see attached)

AVERAGE LENGTH OF STAY IN FACILITY, TIME REQUIREMENT/ALLOWANCE FOR PARTICIPATION IN PROGRAM - Acting Director reports that ELMER doesn't provide this information now.

PROGRAM STAFFING:

- Number of staff involved directly with participant: 30
- Types of Professionals involved directly with (or available to) participant and what they provide:
 - Psychiatrist 5
 - Psychologist 0
 - Therapists 7
 - LCSW 3
 - LPTs 2
 - Para Professionals ?
- Does the program use consumers and family members in delivery of services?
 - Peer 2
 - Parent 1
 - Older Adults
 - AB109
- EXAMPLE OF ONE DAY SESSION IN PROGRAM (activities, day's schedule)
 - Groups
 - Short-term individual
 - Initial assessments

- Psych assessments
 - Medication management (LPT)
 - Officer of the Day (handles emergency walk ins – numbers vacillate but are increasing)
- WHAT EVIDENCE BASED PRACTICES DOES THIS PROGRAM USE?
 - Evidence based practices
 - PCIT/Parent-Child Interaction Therapy (I love this program philosophy - appears to do much to facilitate parenting skills in what I would characterize as a modeling modality)
- FACILITY/PROGRAM SPACE DESCRIBED
 - Single story attractive store front building with visitor parking in front. Faces major thoroughfare in Banning, is easily accessible and well identified by street level signage (see picture attached)
 - Two entrances with clean, bright, attractive and organized lobby areas – one for adults, one for children's programs
 - Abundant office space that provides for privacy, convenience, ambiance and professional environment.
 - Space is well organized, pleasant, quiet, comforting, well decorated and well lighted.
 - Obvious "pride of ownership" among the leadership and staff in this Clinic
- MISCELLANEOUS ADDITIONAL SERVICES
 - Transportation not available on regular basis – mostly use of county cars when necessary
 - Coffee is provided for groups
 - Home Activities provided during program participation or at discharge:
 - Evidence based activities
 - Homework
 - Journaling
 - Home Visits and Follow Up Care
 - Occasionally if appropriate and staff available – "this is done carefully"
- FUNDING
 - MediCal and Medicare plus other county and grant funding
- OVERALL IMPRESSION/BRIEF SUMMARY
 - Excellent operation with obvious pride and high standards of performance expected. Was most impressed with staff that I met and with the Acting Director. She has obviously taken charge of this Clinic and seems to have the respect and support of the staff.
- BOARD MEMBER OR PROGRAM STAFF RECOMMENDATIONS
 - CSA to transport clients to groups by van.
 - Need more Wrap-around and MDFT programming.

Floyd Rhoades, Public Board Member