

RIVERSIDE COUNTY BEHAVIORAL HEALTH COMMISSION



Meeting Minutes
May 4, 2016
12:00 pm – 2:00 pm

BHC MEETING ATTENDANCE MAY 4, 2016

MEMBERS PRESENT	
Richard Divine, District 4, <i>Chair</i>	Rick Gentillalli, District 3, <i>Vice Chair</i>
Julie Crouch, District 2, <i>Secretary</i>	Beatriz Gonzalez, District 4
Ric Riccardi, District 5	Carole Schaudt, District 4
Daryl Terrell, District 5	Greg Damewood, District 5
James Stuart, District 1	Walter Haessler, District 1
Victoria St. Johns, District 4	Jason Farin, BOS Representative

MEMBERS NOT PRESENT	
Eric Keen, District 1	George Middle, District 2

OTHERS PRESENT	
Sharon Lee, MHSA	Kim McElroy, MCRB
Kathryn Mauro	Lupe Stoneburner, Provider
Cindy "Oma" Gray, Provider	Brian Tisdale, BOS Representative, 3 rd District
Bill Brenneman, MHSA Administrator	Maria Becerra, BOS Representative, 4 th District
Nat Tollefson,	Vicki Redding, MH Administrator
Robyn Kelley, RI	Dawn Gordon, Consumer
Roslyn Gordon, Consumer	Dr. Matthew Chang, Hospital Administrator
Linda Fitzgerald, NAMI	Kevin Festa, RI International
Steve Steinberg, RUHS-BH Director	Margaret Alexander, Guest
Nichol Sheffield, Pacific Grove Hospital	Monika Vega, Guest
Maria Mabey, RUHS-BH Assistant Director	Pamela Miller, Consumer
Jessica Carreon, RUHS-BH	Chris Chagolla, RUHS-BH
Josh Beverly, Celebrate Recovery Speaker, FNL	Gentre Adkins, FNL
Gregory Burks, High Road	Barbara Mitchell, Office on Aging
Gloria Hernandez, MCRB	Mary Anne Hegedus, Guest
Brenda Scott, NAMI	Deborah Johnson, Deputy Director
Claudia Smith, RUHS-BH	Karen Hudson, RI International
April Langro, RI International	Leonel Contreras, Provider
Araceli Ruiz, BOS Representative, 1 st District	Tiffany Keeler, RI International

CALL TO ORDER AND INTRODUCTIONS – Chairperson, Richard Divine called the Behavioral Health Commission (BHC) meeting to order at 12:00 pm. Commission members and the public made self-introductions.

CHAIRPERSON'S REMARKS – Mr. Divine reminded the Commission that the Behavioral Health Commission Annual Report FY15/16 is due at the Board of Supervisors Office on June 30 and requested everyone submit their portion of the report to the BHC Liaison on May 23.

COMMISSION MEMBERS REMARKS – Jason Farin reported that on April 21, he and a few other Board of Supervisor Representatives toured the County Farm facilities. Mr. Farin stated that it was well-received and BOS Representatives were able to see what types of services are offered to constituents.

James Stuart turned the attention of the Commission and the public to an LA Times article regarding the homeless situation in Santa Barbara and the upcoming marijuana initiatives.

Carole Schaudt reported that the May is Mental Health Month event in Coachella Valley was a success. There were approximately 300 submissions of art work and six out of nine desert city Mayors were in attendance to judge the various paintings.

Julie Crouch reported that at the California Association of Local Behavioral Health Board and Commission (CALBHB/C) meeting, Matt Lieberman and Toby Ewing mentioned that the Mental Health Services Oversight and Accountability Commission will be performing an audit for unspent funds that need to be returned ("reversion money").

PUBLIC REMARKS – Brenda Scott announced that the 11th Annual NAMI Walk will be held on October 29 at Diamond Valley Lake. On May 19, NAMI is holding a film screening of the movie "Touched with Fire" at the Hemet Historic Theatre. The film is written and directed by Paul Dalio and stars Katie Holmes and Luke Kirby. The film is about two poets with bipolar disorder whose art is fueled by their emotional extremes.

MINUTES OF THE PREVIOUS MEETING – James Stuart moved to approve the minutes as written, Rick Gentillalli seconded the motion; ten members approved and two members abstained due to their absence. The minutes were approved as written.

CELEBRATE RECOVERY – Will Harris from Substance Use Friday Night Live (FNL) Program introduced Josh Beverly as this month's Celebrate Recovery Speaker. Josh Beverly began by sharing a beautiful poem he wrote that expressed how joining FNL has changed him. Josh is a junior at John W. North High School and has been participating in FNL for 4 years. Josh moved to Riverside from Lancaster with his family when he was in the 8th grade. Alone in a new school, Josh had trouble socializing because he is normally quiet and timid. By joining FNL, Josh was able to get past his shyness and learned how to speak up; not only for himself, but for others as well. FNL allowed Josh to work with a diverse group of individuals in an effort to make positive changes in the community. Josh applied to be a part of the higher level of the FNL's Youth Council Voice Connection, so he can work on a larger scale and help the youth all over Riverside County. Currently, he and his fellow peers are working on an environmental prevention project called "Lee Law." Lee Law limits the amount of alcohol advertising inside stores; mandating that only 33% of storefronts can be covered in alcohol advertisement. The area they are covering is centrally located around their office – Columbia Street, University Avenue, and Vine Street. They surveyed 17 stores and three were against the law as it's written and had more than 33% of their storefronts covered. Their next step is to go out to the stores and distribute merchant letters informing them of what the issue is from their perspective, which is the amount of alcohol advertising children, adolescents, and teens are exposed to. Josh and his group are determined to make a change and are hoping to have a local ordinance reducing the amount of alcohol advertising in storefronts.

Josh expressed his great appreciation for FNL as it allows him to make positive changes and help the community. In closing, Josh thanked his mentors: Chris Chagolla, Jessica Carreon, Gentre Adkins, and Will Harris.

NEW BUSINESS

1. NOMINATING COMMITTEE: Richard Divine appointed Rick Riccardi, Tori St. Johns, and Greg Damewood for the Nominating Committee. A slate of candidates will be presented in June for the FY 16/17 Executive Committee Elections.
2. BHC MEETINGS TO BE HELD IN OTHER LOCATIONS: Commission members agreed to have meetings in other regions. A motion for a vote will be placed on the June meeting agenda, as well as a determination of location and number of times they will hold these meetings at other sites.
3. AB1424: As a follow-up from April's meeting, Steve Steinberg provided an overview of AB1424 and how the Department implemented the law in our clinics and hospital. AB1424 was passed in 2001, mandating all mental health professionals, law enforcement, and other authorized individuals that make determinations regarding involuntary treatment, such as 5150 and extension of stays in an inpatient facility, to take into consideration the input of family members, outside providers, and other relevant sources. Prior to the passing of AB1424, families felt that they were not being heard and information was not always properly gathered. AB1424 specifically addresses this concern and mandated the inclusion of input and feedback from families regarding a client's behavioral health history when determining treatment and/or a 5150 placement. Failing to adhere to AB1424 can lead to a physician facing legal recourse or loss of their license. Mr. Steinberg also noted that although family members are welcome to provide information, physicians are bound by doctor/patient confidentiality, prohibiting them from sharing certain information. Also, some information provided by families may be inaccurate or misconstrued and physicians are not mandated to agree with the information they are given. Ultimately, physicians and other authorized individuals must determine which information is relevant when determining a course of treatment or a declaration of a 5150. Mr. Steinberg shared a sample form called "Information Provided by Family Member" and stated that there is also another form available that allows families to log a client's behavioral health history to keep on hand for when a crisis situation arises. Mr. Steinberg stated that many of the resources used by the Department in implementing AB1424 were adopted from Alameda County because when the law first passed they were ahead of the curve and had a lot of information and processes already in place.
4. MARIJUANA LEGALIZATION: Will Harris reported that there is a very high probability that the legalization of marijuana will be on the November ballot. The Adult Use of Marijuana Act (AUMA) ballot is gaining enormous support from both government and the private sector – i.e. Lieutenant Governor Gavin Newsom and Sean Parker, founder of Napster. In mid-2015, California Behavioral Health Director's Association (CBHDA) contacted the prevention coordinators from around the state and asked them to write a position paper regarding the use of medical marijuana in anticipation of the ballot being passed. Prevention coordinators maintain a neutral position on the ballot, as county agencies are not to have an opinion on the political aspects of this issue, however, they placed a great emphasis on the impact this ballot may have on California's youth. Mr. Harris stated that he, among others, is very concerned about the effects of marijuana on the developing brain and a great deal of the information contained in the position paper centers around this concern. For instance, the neural connectivity is altered in developing brains, significantly impacting the hippocampus, which is responsible for short and long term memory, learning, and emotions. As a result, there is an associated decrease in IQ points (up to 8 points) which cannot be retrieved and an exacerbation of symptoms with schizophrenia and other mental health disorders. Extensive use can also precipitate some psychotic events in young people. Mr. Harris shared an article from the New England Journal of Medicine titled "Adverse Effects of Marijuana Use," and their conclusion was: *"Repeated marijuana use during adolescence may result in long lasting changes in brain function that can jeopardize educational, professional, and social achievements. However the effects of a drug – legal or illegal – on individual health are determined not only by its pharmacological properties but also by its availability and social acceptability. In this respect, legal drugs such as alcohol and tobacco offer a sobering perspective. Accounting for the greatest burden of disease associated with drugs, not because they're more dangerous than illegal drugs, but because their legal status allows a more widespread use."* Mr. Harris concluded that just because this substance is legal does not necessarily imply that it is safe.

CBHDA's recommendation is for California to adopt strong policies to protect public health and for state and local governments to play a critical role in protecting teen health and safety. The Blue Ribbon Commission released a

publication in July 2015 recommending policy options in an effort to help mitigate the impact of legalization. The Journal of Psychoactive Drugs also published an article, which was distributed to the Commission and the public for reference. Some of the suggested policies include the legal age of use to be set at 21; limiting personal possession at 28.5 grams of non-concentrated product and 8 grams of concentrated product; prohibiting the use of product in public except in designated areas; employers may reserve the right to maintain a drug free workplace; deliveries are allowed and local jurisdictions cannot ban the transport of deliveries; local jurisdiction may ban outdoor grows, but not indoor grows; marijuana products cannot be used as free giveaways or free samples; advertising is limited in mediums where the adult audience is greater than 71.6%; advertising is prohibited on freeway/highway billboards or within 1000 feet of a school or childcare establishments; marketing devices cannot be appealing to minors (i.e. cartoon characters); and products are prohibited from having the likeness of an existing product. Under the Department of Consumer Affairs, the Bureau of Medical Marijuana Regulation will be taking over all regulation duties if this ballot is passed. There are also strong environmental protections; California agencies regulating fish, wildlife, forests, water, and other natural resources have some authority over marijuana licensing and environmental laws must be obeyed by licensees. Consumer protection includes the labeling for cannabinoid content and contaminants. Warning labels will advise against use by minors, pregnant or breastfeeding women, and drivers or operators of heavy machinery.

Taxation will impose a 15% excise tax on all marijuana products, plus a \$9.25/ounce cultivation tax on flowers and a \$2.75/ounce cultivation tax on leaves, plus any state and local sales taxes. Counties may also institute a separate tax, subject to a vote of the people. Taxes will cover regulatory costs first and then \$10 million will go to public universities, \$10 million to business and economic development, \$3 million to the California Highway Patrol, \$2 million to University of California San Diego for continuing studies on medical marijuana research. The remainder of funds will be divided as follows: 60% to youth drug education and prevention; 20% to environmental protection, and 20% to law enforcement.

OLD BUSINESS

1. PROCLAMATION PICK-UPS:

CITY	DATE	VOLUNTEER
Eastvale	May 11 @ 6:30pm	Julie Crouch
Wildomar	May 11 @ 6:30pm	Kimberly McElroy

2. SB876 UPDATE: On behalf of Lynne Brockmeier, Bill Brenneman reported that Ms. Brockmeier was unable to attend due to a conflict in schedule, as she is the Chairperson for an All Housing Committee and their meeting occurs on the same date as the BHC meeting. However, Ms. Brockmeier drafted a summary of SB876's pros and cons for the Commission to review. Mr. Brenneman stated that if the Commission has further questions, Ms. Brockmeier will be available to address them at a later date.
3. MHSA UPDATE: Bill Brenneman announced that on Thursday, May 5 at 10:00 am, Sacramento is issuing a press release regarding MHSA Outcomes. In the past year, the Steinberg Institute and CBHDA have been working together to compile a report outlining the positive outcomes and statewide benefits of Prop 63. The report will be focusing on some of the key elements of Full Service Partnerships (FSP), which includes incarceration, homelessness, and hospitalizations. The report will also cover some Prevention and Early Intervention (PEI) programs throughout the state and one of the programs they will be highlighting is one of our very own programs – the Cognitive Behavioral Intervention and Schools Program (CBITS).

Mr. Brenneman reported that MHSA recently completed an audit with the Department of Health Care Services and scored 100% in all areas.

Mr. Brenneman announced that the Directing Change Event will take place on Thursday, May 5, at Riverside's Fox Theatre and over 900 people have RSVP'd for the event.

Lastly, Mr. Brenneman announced that immediately after the BHC meeting, a Public Hearing for the MHSA Annual Update FY16/17 will be held. The Public Hearing will begin at 3:00 pm in Conference Room 1051. All those in attendance will have the opportunity to address the Commission with feedback and opinions about the MHSA Annual Update FY16/17. A second Public Hearing will be held at Indio's Mental Health Clinic on Thursday, May 5, at 1:30 pm.

4. SUBSTANCE USE PROGRAM UPDATE: Rhyann Miller announced that the Annual Friday Night Live Awards Banquet will be held on May 27. There will be two FNL Awards Banquet held on the same day – the Western Region will be held theirs at the Riverside Convention Center and the Desert Region will hold theirs at the Indian Wells Country Club. Those interested in attending may contact Geneva Amador for more information.

Lastly, Mr. Miller announced that MFI Recovery Center, recently became the first residential provider in the County to receive Perinatal Residential Substance Use Drug Medi-Cal Certification.

5. DRUG MEDI-CAL WAIVER: Mr. Miller shed some light regarding funding for Substance Use Programs (SUP). Mr. Miller stated that SUP's total program budget is currently \$27 million and funding streams include County funds, patient fees, AB109, Medi-Cal Federal Financial Participation, Realignment II (Medi-Cal match, Drug Court, Non-DMC), and Substance Abuse Prevention and Treatment (SAPT) block federal grants to cover non-funded claims. The Drug Medi-Cal Waiver at 60% implementation will increase the total budget to \$39,700,000. The largest increase will occur in Medi-Cal Federal Financial Participation, giving us the ability to provide more enhanced services, such as medication assisted treatment, residential treatment, detox, individual counseling, and family counseling. Several of our providers are now getting Drug Medi-Cal certified to help accommodate the upcoming increases in access, service, and client population.
6. ANTI-DRUG/ ANTI-MARIJUANA OUTREACH EFFORTS/ ADS: Mr. Miller reported that MHSA's Workforce Education and Training program staff have been doing a great deal of work regarding social media advertising and SUP is hoping to work with them to advertise and announce their own events and outreach efforts. Mr. Miller also announced that SUP's community flyers and website have recently been updated with the new logo. The Recovery Happens Event will be advertised on the jumbotron.

In an effort to expand on SUP's anti-marijuana and anti-drug outreach efforts, Will Harris contacted Ventura and Marin County, as both counties have invested and done a great deal of work in this area. Both counties have agreed to work with Mr. Harris and provided him with materials that can be modified and used by our Department for our own County. SUP plans to target specific areas, such as marijuana and teens, medication abuse, opiate epidemic, and age specific advertising – older adults, kids, teens.

DIRECTOR'S REPORT – Mr. Steinberg reported that during the Coachella Music Festival and Stagecoach, the Department provided assistance at JFK Hospital due to previous years' overwhelming number of 5150 patients. Mr. Steinberg stated that this year, the number of admitted patients dropped significantly. Mr. Steinberg noted that the significant drop may be a result of improvement in services from the event's contracted agency and our assistance to JFK Hospital.

Mr. Steinberg reported that the Department recently completed the Tri-Annual Systems Audit with scores ranging from 98-100%. Mr. Steinberg stated that there were a few areas where we scored lower than a 98%, however, these were areas that were either easily fixed or are already in the process of improvement, but unfortunately, were not ready at the time of the audit. Mr. Steinberg noted that in all the years he has served, the Department has never had such a successful audit. Although the Systems Audit has been completed, the Department is far from resting on their laurels, as the EQRO audit began on Tuesday, May 3. Mr. Steinberg stated that historically, the Department does well in this audit and does not anticipate the results to be any different.

The lawsuit involving jail and Detention Services recently had its remedial plan signed by the judge. Mr. Steinberg explained that the remedial plan is the suggested improvements to healthcare and behavioral health services for inmates in the County's detention and jail system. Mr. Steinberg stated that the Department has one year to comply with the remedial plan's outlined improvements, which includes the addition and filling of 80 positions. These positions include Social Workers, Behavioral Health Specialists, etc. Mr. Steinberg noted that we have one year to fill at least 90% of the open positions. There are several initiatives currently in development to meet this requirement.

There is no new information to report on the "No Place Like Home" initiative. Mr. Steinberg stated that there is still no draft of the proposed bill. The Governor is releasing a revision of the budget in May and many are wondering if the revisions will include the impact of the proposed bill. Mr. Steinberg stated that he will keep the Commission posted on any new developments.

Lastly, Mr. Steinberg reported that since he became Director, Maria Mabey has been assisting by assuming his previous duties as Assistant Director of Programs. Mr. Steinberg stated that he plans to relieve Ms. Mabey of this responsibility soon and hopes to have his previous position open for recruitment by Monday, May 9.

COMMITTEE UPDATES: TABLED

EXECUTIVE COMMITTEE RECOMMENDATIONS

- Holding BHC meetings in other locations.
- Update report of the May is Mental Health Month event.
- Approve the final draft of MHSA Annual Update FY16/17.

ADJOURN – Rick Gentillalli moved to adjourn the meeting, Walter Haessler seconded the motion, all were in favor, none opposed, and the meeting of the Behavioral Health Commission adjourned at 2:10 pm.

Maria Roman

Julie Crouch, BHC Secretary
Maria Roman, Recording Secretary

2016 BEHAVIORAL HEALTH COMMISSION ATTENDANCE ROSTER

MEMBERS	JAN	FEB	MAR	APR	MAY	JUN	JUL	SEPT	OCT	NOV
Beatriz Gonzalez, District 4	✓	✓	✓	A	✓					
Carole Schaudt, District 4	✓	A	✓	✓	✓					
Daryl Terrell, District 5	✓	✓	✓	✓	✓					
Eric Keen, District 1	✓	✓	A	✓	A					
George Middle				✓	A					
Greg Damewood, District 5	✓	✓	✓	✓	✓					
James Stuart, District 4	A	✓	✓	✓	✓					
Jason Farin, District 2	✓	✓	✓	A	✓					
Julie Crouch, District 2	✓	A	✓	✓	✓					
Ric Riccardi, District 5	✓	✓	✓	✓	✓					
Richard Divine, District 4	✓	✓	✓	✓	✓					
Rick Gentillalli, District 3	✓	✓	✓	✓	✓					
Victoria St. Johns, District 4	✓	✓	✓	✓	✓					
Walter Haessler, District 1	✓	✓	✓	✓	✓					

Present = ✓
Absent = A
Medical Leave = (ML)

Minutes and agendas of meetings are available upon request and online at www.rcdmh.org. To request copies, please contact the BHC Liaison at (951) 955-7141 or email at MYRoman@rcmhd.org.