

RIVERSIDE COUNTY BEHAVIORAL HEALTH COMMISSION



Meeting Minutes
June 1, 2016
12:00 pm – 2:00 pm

BHC MEETING ATTENDANCE JUNE 1, 2016

MEMBERS PRESENT	
Richard Divine, District 4, <i>Chair</i>	Rick Gentillalli, District 3, <i>Vice Chair</i>
Julie Crouch, District 2, <i>Secretary</i>	Beatriz Gonzalez, District 4
Ric Riccardi, District 5	Carole Schaudt, District 4
Daryl Terrell, District 5	Greg Damewood, District 5
James Stuart, District 1	Walter Haessler, District 1
Victoria St. Johns, District 4	Jason Farin, BOS Representative
Eric Keen, District 1	George Middle, District 2

MEMBERS NOT PRESENT	

OTHERS PRESENT	
Sharon Lee, MHSA	Hollyjo Reynolds, Art Works
Selvino Moscano, Art Works	Louisa Hayton, Art Works
Anita Six, Art Works	Deborah Pagliuso, Provider
Karen Reynolds, Art Works	James Lucero, ASOC and WRB
Nat Tollefson, RUHS-BH	Leonel Contreras, Provider
Kim McElroy, MCRB	Deborah Johnson, Forensics Deputy Director
Brian Betz, Forensics Administrator	Thomas Peterson, RUHS-BH
Ashley Quezada, Guest	Lilia Escobedo, BOS Representative 4 th District
Robyn Kelley, RI International	Peggy Wiley, RI International
Roberto Lopez, Oasis	Richard Bolter, RUHS-BH
Laurence Gonzaga, IEHP	Maureen Dopson, RUHS-BH
Sundae Sayles, BOS Representative 3 rd District	David Lines, Art Works
Ron Hoffman, Art Works	Ramona Ramirez, Art Works
Rebecca Shuck, Celebrate Recovery Speaker, Peer Intern	Jeremy Ford, U-Turn for Christ
Lupe Stoneburner, SHOH	Stephen Cromwell, WRB
Kathryn Mauro, Peer Intern	Dawn Gordon, Guest
Cynthia "Oma" Gray, SHOH	Ryan Quist, RUHS-BH
Lynne Brockmeier, RUHS-BH	Dave Akers, Art Works
Brenda Scott, NAMI	Barbara Mitchell, Guest
Araceli Ruiz, BOS Representative 1 st District	Tony Ortego, RUHS-BH
May Farr, NAMI	Vicki Redding, RUHS-BH
Bill Brenneman, RUHS-BH	Maria Mabey, Assistant Director

CALL TO ORDER AND INTRODUCTIONS – Chairperson, Richard Divine called the Behavioral Health Commission (BHC) meeting to order at 12:00 pm. Commission members and the public made self-introductions.

CHAIRPERSON'S REMARKS – Mr. Divine welcomed new BHC Member, George Middle, to the Commission. He also presented Tori St. Johns with the "Advocate of the Year" award and thanked her for promoting wellness and recovery for individuals with substance use and/or behavioral health needs throughout Riverside County.

COMMISSION MEMBERS REMARKS – Julie Crouch inquired about the status of an applicant from YAUTS. Ms. Crouch also reported that the California Association of Local Behavioral Health Boards and Commissions (CALBHBC) will be holding their Southern Regional Elections June 17-18 to choose Board members for the upcoming fiscal year. The Elections will be held at the Ontario Airport Hotel & Conference Center located at 700 North Haven. All Commissioners and Regional Board Members are welcome to attend but pre-registration is required.

Greg Damewood announced the Inland Empire Disability Collaborative's next meeting will be held on June 21 at 9:30 am and they will be discussing Alzheimer's disease.

James Stuart shared an article from the LA Times about a man who killed his wife in front of their three children. The man alleged that his behavior was a result of the use of marijuana edibles and is currently in the process of suing the company that manufactures the product.

Carole Schaudt reported that the Desert Sun has published articles concerning the homeless issue in Coachella Valley. She also noted that the Community Action Partnership (CAP) recently gave away 20 laptops to 20 deserving families.

Beatriz Gonzalez shared that she recently attended a Drug Court graduation ceremony. There were five graduates, one of whom was facing a 10-year sentence, which was dismissed because he successfully completed his program. Ms. Gonzalez reported that attending the event reminded her of how amazing the program is, truly appreciates the positive impact it has made, and the opportunity it gives individuals to turn their life around.

Jason Farin announced that on June 28 there will be an Elder Abuse Symposium held at Indian Wells. Information regarding the event will be forwarded to the BHC Liaison for distribution to the Commissioners.

PUBLIC REMARKS – Cynthia "Oma" Gray from Soroptimist House of Hope announced that on Wednesday, June 8, California Consortium of Addiction Programs and Professionals (CCAPP) is sponsoring a leadership roundtable where they will be discussing topics related to addiction and mental health programs. All upper management is invited to attend.

Brenda Scott announced that Save the Date postcards are now available for the upcoming 11th Annual NAMI Walk at Diamond Valley Lake in Hemet. NAMI Mt. San Jacinto is holding their second annual National Minority Mental Health Awareness Month event on July 28.

MINUTES OF THE PREVIOUS MEETING – Rick Gentillalli noted an error on Page 3 under "Nominating Committee"; the individual appointed for the committee was Ric *Riccardi*, not Rick Gentillalli. Greg Damewood made a motion to approve the minutes as corrected, Julie Crouch seconded the motion, all were in favor, and none opposed. Minutes were approved with the correction noted.

CELEBRATE RECOVERY – Steve Luna introduced the Celebrate Recovery Speaker, Rebecca Schuck. Ms. Schuck is a Peer Support Intern with lived experience as a consumer and a family member. Her mom and sister were both diagnosed with bipolar disorder and Ms. Schuck herself struggled with anxiety and depression. Ms. Schuck married twice and both marriages triggered her anxiety and depression in very different ways. Ms. Schuck's first marriage ended in divorce, which left her to raise four children, each struggling with medical and behavioral health problems. Despite the challenges of raising four children with medical and behavioral health

issues, Ms. Schuck managed her anxieties and persevered. Ms. Schuck later remarried and a few years into her second marriage, her husband developed cancer, which once again triggered Ms. Schuck's anxiety and depression. She sought help and began seeing a doctor who prescribed her anti-depressants and anxiety medication. After her second husband's passing, Ms. Schuck's anxiety and depression took a hit. Months after her husband's death, her mother and a few of her friends also passed away. Ms. Schuck's depression worsened and her doctor began prescribing her any medication she wanted, which exacerbated her depression and substance use. This took a turn when her doctor lost his license and she could no longer obtain her pain medication. Ms. Schuck suffered through withdrawal symptoms and knew she needed help. She sought help by going to Riverside University Health System – Behavioral Health (RUHS-BH). Ms. Schuck initially wanted to see a psychiatrist so she can get more medication, but little did she know RUHS-BH does not operate that way. Ms. Schuck was first assigned to attend a Life Skills class run by Peers. Ms. Schuck found the program empowering; knowing others can relate to the pain she feels, she felt as though she had a chance in recovery. From then on, Ms. Schuck participated in all the different types of classes and programs that RUHS-BH offers to help her with her recovery. Ms. Schuck is grateful that these programs were available because it helped her tremendously. Now, she is a Peer Support Intern and looks forward to helping others that struggle with anxiety and depression.

NEW BUSINESS

1. NOMINATING COMMITTEE FOR FY16/17 BHC EXECUTIVE COMMITTEE: Ballots were distributed to the Commission and votes were cast.
2. MAY IS MENTAL HEALTH MONTH EVENT WRAP-UP REPORT: Brandon Jacobs served as the Co-Chair for coordination of the Western Region's May is Mental Health Month (MiMHM) event. Mr. Jacobs opened by commended Shannon McCleerey-Hooper, also Co-Chair of the event, for the amount of time and effort she dedicated to help organize all the MiMHM activities.

RUHS-BH celebrates MiMHM by hosting events in all three regions of the County. the Desert Region held an Art Show and Creative Writing Contest on May 10 at Coachella Valley Rescue Mission; Western Region held a Wellness Fair on May 19 at Fairmont Park, and Mid-County Region held a Wellness Fair on May 21 at Foss Field Park. Mr. Jacobs was only able to attend the Western Region's Wellness Fair; however, he was informed that all three events were outstanding. Mr. Jacobs is also receiving a great deal of feedback from the community about how much they appreciated all the resources provided at these three events.

The Wellness Fair at Fairmont Park had approximately 1,500 attendees and 97 vendors that included RUHS-BH clinics and community-based organizations. Mr. Jacobs noted that the number of vendors was slightly lower than previous years, but this was primarily a result of vendors deciding to team up and share a table if they provided similar resources. This year's entertainment included performances from three consumers and two staff members. The blood bank, Life Stream, was also at the event and was able to collect 19 pints of blood and registered 24 people as donors.

Mr. Jacobs noted that although some of the numbers were a little lower than in previous years, what was unique about this year's event was the recent implementation of the Department's social media outreach. Promotion for the events was not done in the same manner as in previous years with flyers and posters. Mr. Jacobs remarked that much of the promotion was done through digital media billboards and social media – Facebook, Twitter, and Instagram. The Department's social media campaigns were implemented only one to two weeks prior to the event. On Facebook, two separate ads were run, each reaching approximately 10,000 and 15,000 people respectively. For the first time the Department utilized digital media billboards located at University Village and Perris Fairgrounds. Mr. Jacobs noted that all the advertising and promotional efforts for the event cost the Department less than \$100. Mr. Jacobs reported that the Department is receiving a great deal of positive feedback regarding the event and the community greatly appreciates that the Department provides this resource year after year.

3. ART WORKS PRESENTATION: Bill Brenneman introduced Ron Hoffman, Recovery Services Administrator at Art Works, to discuss their program and present an art project they created specifically for the Department. Art Works is a creative arts behavioral health program managed by Recovery Innovations which has been in place since the early years of MHSA. The Art Works Gallery is located in Downtown Riverside and their creative arts classes and workshops are offered free of charge, including supplies. The program offers art as a way to sublimate mental health and substance use challenges to achieve wellness and recovery.

A few months earlier Mr. Hoffman approached Mr. Brenneman about creating a mural, that depicts a recovery journey, to display at RUHS-BH's Rustin offices. Mr. Hoffman assembled a group of peers, all of whom have a behavioral health diagnosis and lived experience, to come up with a concept and create the mural. All the artists clearly remember the very dark times in their lives when they struggled with their diagnosis. At some point during those dark times a ray of sunlight shined down on that recovery seed buried within them and they took their first step toward recovery. Through their journey they made new friends that they travelled with to create an environment of recovery and spirituality. They empowered each other and helped create a life they wanted for themselves. Through their recovery journey, they realize that they are not defined by their mental health diagnosis; it is merely one of the many facets of who they are as an individual. The mural is a creative illustration of that recovery story – a ray of sunlight shining upon the seed of recovery – which was unveiled by the artists themselves. The mural consists of three panels measuring 2' x 4', which will be displayed at Rustin's Conference Center.

OLD BUSINESS

1. BHC MEETINGS HELD IN OTHER LOCATIONS: The Executive Committee recommended that the BHC hold one meeting in a different region during FY16/17 as a trial. After much deliberation, the Commission agreed. Rick Gentillalli made a motion to hold the BHC meeting in the Desert Region on January 4, 2017. Ric Riccardi seconded the motion; twelve members were in favor, two abstained, and the motion passed.
2. MHSA UPDATE: Mr. Brenneman began by thanking Art Works for creating and presenting the mural to the Department. Mr. Brenneman reported that on May 17, the Ad Hoc Committee met via conference call to review the public feedback/comments received during the Public Hearings. There were no substantial changes made to the Annual Plan Update and all public comments and responses have been incorporated into the Plan. Mr. Brenneman announced that the MHSA Annual Plan Update FY16/17 is complete and asked the Commission to approve the Plan for submission to the Board of Supervisor's (BOS) Office and the Mental Health Services Oversight and Accountability Commission (MHSOAC). Julie Crouch motioned to approve the MHSA Annual Plan Update FY16/17 for submission to BOS and MHSOAC; Greg Damewood seconded the motion, all were in favor, none opposed, and the motion carried.

Lastly, Mr. Brenneman shared the press release from the Steinberg Institute regarding MHSA program outcomes statewide. According to the press release, homelessness decreased 52% among adults after one year of service and 68% decrease after two years of service; mental health emergencies decreased by 89% among children and 90% for older adults; psychiatric hospitalizations was reduced by 57% among youth and 51% among older adults; a dramatic decline in arrests from 86% for youth and 91% among older adults; and incarcerations decreased by 49% for youth, 58% for adults, and 75% for older adults. Out of 58 counties in California, the press release highlighted seven counties' Prevention and Early Intervention (PEI) Programs. Mr. Brenneman proudly reported that of the seven counties, Riverside County's own PEI Program, Cognitive Behavioral Intervention for Trauma in Schools (CBITS), was featured in the press release.

3. SUBSTANCE USE UPDATE: Rhyann Miller reported that the Friday Night Live Program recently had its annual year end award ceremonies and events were held simultaneously in the Western and Desert Regions on May 27. The events were attended by students, their families, a few Commissioners, RUHS-BH staff, and executive management. Mr. Miller reported that both events were outstanding and had a great turnout. The Desert Region event had approximately 200 attendees and the Western Region had approximately 500 attendees.

As part of their year-end traditions, the Substance Use Program (SUP) staff recently viewed and voted on art projects submitted by students from different age groups to be part of the 12-month calendar published by the Department. Artwork submitted by students is a depiction of their struggles and what life means to them. Mr. Miller stated that some of the artwork is quite powerful considering that they were created by school-aged children.

On Friday, September 30, SUP will be holding their annual Recovery Happens event at the Rustin facility. The Desert and Western Region will hold a combined event which is being coordinated by Corona SUP Supervisor, Richard Bolter. Flyers for the events will be provided at the July meeting.

Mr. Miller continued with an update regarding advertising. The Department's website and Facebook page now features advertisement for the CARES Line. Mr. Miller described it as a very warm and welcoming message informing the public that services are available for those with questions regarding needs, assessments, screenings, and placements.

Dr. Matthew Chang and Steve Steinberg recently approved SUP's beta program with UCR School of Medicine. They now have a start date for four psychiatrists in their residency rotation to begin working with consumers participating in Substance Use Programs. Psychiatrists will work with Dr. Husain to help treat consumers face-to-face in either a group setting or individually.

Several years ago, residential programs' 90-day modality treatments were required to drop to 60-days, then reduced to 45-days, due to funding cuts. This was unfortunate because the shortened stay is not considered "best practice". Mr. Miller announced that last week, the Fiscal Department approved that residential providers could, when medically necessary, return to 90-day treatments. Mr. Miller stated that this is a positive change and is exciting for SUP because providing substantive stay baseline of recovery before an individual comes into outpatient is huge and can have a tremendous impact on outcomes.

Lastly, pursuant to the Drug Medi-Cal Waiver, The Ranch hosted the first day of training provided by the state. The remaining two days will be hosted at Rustin. The first day of training was attended by approximately 300 staff members, consisting of counselors, doctors, clinicians, therapists, and nurses.

DIRECTOR'S REPORT – Assistant Director, Maria Mabey, provided the report in Steve Steinberg's absence. Ms. Mabey announced that the Department recently hired two new people to join the Department's management team. Brian Betz will be assuming the position of Mental Health Services Administrator for Detention and John Schwarzlose will be the new Mental Health Services Program Manager for Transitional Age Youth (TAY). Brian Betz obtained his PhD from Louisiana State University and previously worked in Los Angeles County's Department of Mental Health – Countywide Resource Management, which is similar to Riverside County's Forensics Unit. That unit managed Long Term Care, AB109, court linkage, and detention mental health services. John Schwarzlose began his experience in the field working in Chicago's Skid Row and later became the founding CEO of the Betty Ford Center where he developed the program from the ground up. Mr. Schwarzlose has been tasked with expanding and enhancing services for TAY by developing and managing the recently approved MHSA Innovation Component 5-year project for TAY Drop-In Centers.

External Quality Review Organization (EQRO) recently performed their yearly audit where they assembled various focus groups with the Department's management team, clinicians, peers, family members, consumers, contract providers, and the Department's partners from social services. EQRO also evaluated the two Performance Improvement Projects conducted by the Department – 1) Foster Youth and 2) Grant Crisis Services. Both Performance Improvement Projects were very well received by the EQRO and the Department was instructed to graduate those programs and move forward with two new projects. According to Ryan Quist, EQRO provided a verbal exit report and stated that the Department has successfully satisfied last year's recommendations and that RUHS-BH is a very high-performing county. Mr. Quist emphasized that this feedback is extremely valuable as our outcomes are compared with the 57 other counties across the state. The next EQRO audit has been scheduled for May 9-11, 2017. The Department anticipates EQRO to include an evaluation of the Department's Substance Use Programs, specifically as it relates to the new Drug Medi-Cal Waiver.

The State also performed a 4-day audit reviewing client charts and operations at the Inpatient Treatment Facility in the Arlington Campus. Ms. Mabey reported that although the Department performed better than the audit from 3 years ago, it is obvious that there is still a lot of room for improvement regarding the overall quality and timeliness of the Department's acute mental health services. With the assistance of RUHS leadership, the Department hopes to move forward with the development and construction of a larger hospital, new skilled nursing facility, and crisis services center in the Moreno Valley Campus in order to better address the needs of the community and provide greater quality service.

The Governor recently released his May budget revisions, which includes an estimated \$1.3 billion increase in behavioral health services funding beginning next fiscal year. This increase is primarily from the anticipated implementation of the Drug Medi-Cal Waiver along with a variety of new initiatives such as the "Whole Person Care" pilot and "Continuum of Care Reform for Children in Foster Care". The Governor's May budget revisions also included an endorsement of the Senate's \$2 billion housing bond proposal "No Place Like Home". Ms. Mabey noted that the most recent development with the proposed "No Place Like Home" bill is that California Behavioral Health Directors Association (CBHDA) submitted a letter to the senate outlining their key recommendations for consideration. One of the recommendations is the apportioning of 30% of the \$2 billion proposed housing bond specifically for rental subsidies and other housing supports, to ensure that all counties will be able to improve the condition of homelessness in their regions. Ms. Mabey remarked that although the intent of "No Place Like Home" is good and noble, its potential hit to counties in terms of how this bill is being funded will be critical to each county's MHSA funding. Should this bill pass, Riverside County alone will be contributing an estimated \$6 million in MHSA funds annually. Ms. Mabey stated that with the Governor's endorsement, "No Place Like Home" has a high probability of being passed.

On June 20 and 21, the County will hold a budget workshop for key department heads to explain to the County Board of Supervisors the specific needs for additional County General Funds. Mr. Steinberg plans to present a balanced budget for Mental Health, Substance Use, and Public Guardian programs, erring on the side of caution regarding the volatility of the Department's MHSA and Realignment Funding sources. Included in Mr. Steinberg's budget presentation is the additional funding required for the 85 new Forensic Mental Health positions needed to meet the requirements stemming from Detention's lawsuit settlement.

COMMITTEE UPDATES:

1. Richard Divine formally appointed Rick Gentillalli as Chair of the Veterans Committee.

DESERT REGIONAL BOARD: Richard Divine reported that the Desert Region held their annual Art Show and Creative Writing event in celebration of May is Mental Health Month. Over 275 pieces of art work and creative writings were submitted and approximately 350 people attended the event. Mr. Divine added that judging from this year's attendance; they may require a larger venue for next year. Mr. Divine thanked the Department for all their assistance in making this year's event a success.

MID-COUNTY REGIONAL BOARD: Kimberly McElroy reported that Mid-County's May is Mental Health Month Wellness Fair was also a great success. Participation and attendance of the event more than doubled from the previous year; she approximated 700 people attended this year's event. Ms. McElroy noted that the Mexican Consulate participated in the event and brought a mobile unit that assisted members of the community with passports and identification cards. Ms. McElroy thanked the Department for all their assistance in making this year's event a success.

WESTERN REGIONAL BOARD: Greg Damewood reported that the Western Region's May is Mental Health Month Wellness Fair was held at Fairmont Park and that he and several others participated by working the Behavioral Health Commission's booth. Mr. Damewood also reported that he recently submitted the Western Regional Board's portion of the Annual Report outlining the Board's participation in several events. Lastly, membership for the Western Board is still low and he requested the assistance of the BHC and the Department to help recruit more members.

ADULT SYSTEM OF CARE: James Lucero reported that they will be shifting their focus to transportation in the Desert Region and investigating specific challenges in that area. The Committee will also be moving forward with the Housing Subcommittee with the full understanding that a Housing Committee is being formed under the BHC. Mr. Lucero noted that Housing Subcommittee members will transition under the BHC's Housing Committee once it is fully established.

CHILDREN'S COMMITTEE: Julie Crouch reported that the Backpack Drive will be commencing soon and she will forward a flyer to the BHC Liaison for distribution as soon as it is available. Ms. Crouch added that the Children's Committee also had the opportunity to view the films from the Directing Change event and reported the students did a wonderful job.

CRIMINAL JUSTICE COMMITTEE: Greg Damewood announced that the Criminal Justice Committee meets bi-monthly on the second Wednesday of the month. He added that the mental health of people in jail is also important and commends the Department's Mental Health Court for their efforts.

LEGISLATIVE COMMITTEE: Dr. Walter Haessler reported that they discussed two pieces of legislations – AB59 and SB614. AB59, also known as Laura's Law, is set to end in January 2017. NAMI favors the extension of the bill, however the Legislative Committee voted with two opposing and one abstention against the extension. SB614 is a bill requiring the state's Department of Healthcare Services to establish a statewide peer, parent, transition age, and family support specialist certification program. NAMI and the Legislative Committee unanimously support this bill.

Dr. Haessler expressed concern regarding the role of the Legislative Committee, stating that according to their statement of goals, the Legislative Committee is tasked with informing the BHC of current proposed legislation and making recommendations. However, Dr. Haessler noted that under the BHC Bylaws, the Commission is not charged with the task of taking a position on legislation; proposed or otherwise. He requested an inquiry be made to County Counsel to clarify the role of the committee.

OLDER ADULT SYSTEM OF CARE COMMITTEE: Ric Riccardi reported that there are currently no new updates. The Committee meets on the second Tuesday of each month and is dark in August and December and everyone is welcome to attend.

VETERANS COMMITTEE: Rick Gentillalli reported that Grant Gautsche recently attended the CALVET Leadership Summit to discuss the issues that face our Veterans, such as homelessness, affordable housing, and suicide. On August 31, Loma Linda will host a Mental Health Summit in collaboration with the Clay Hunt Act and Mental Health Compendium.

ELECTION RESULTS – After all the votes were tabulated, the BHC Executive Committee members for FY16/17 will be:

Chairman: Richard Divine

Vice Chair: Rick Gentillalli

Secretary: Julie Crouch

EXECUTIVE COMMITTEE RECOMMENDATIONS

1. Reevaluate the time parameters indicated on the agenda items and consider extending the meetings to 2:30pm.
2. Suggestion to establish an email address for the Executive Committee where members and the public can express concerns, provide input, or submit inquiries.

ADJOURN – James Stuart motioned to adjourn the meeting, Rick Gentillalli seconded the motion, all were in favor, and the motion carried. The BHC meeting adjourned at 2:01 pm.

Maria Roman

Julie Crouch, BHC Secretary
Maria Roman, Recording Secretary

2016 BEHAVIORAL HEALTH COMMISSION ATTENDANCE ROSTER

MEMBERS	JAN	FEB	MAR	APR	MAY	JUN	JUL	SEP	OCT	NOV
Beatriz Gonzalez, District 4	✓	✓	✓	A	✓	✓				
Carole Schaudt, District 4	✓	A	✓	✓	✓	✓				
Daryl Terrell, District 5	✓	✓	✓	✓	✓	✓				
Eric Keen, District 1	✓	✓	A	✓	A	✓				
George Middle				✓	A	✓				
Greg Damewood, District 5	✓	✓	✓	✓	✓	✓				
James Stuart, District 4	A	✓	✓	✓	✓	✓				
Jason Farin, District 2	✓	✓	✓	A	✓	✓				
Julie Crouch, District 2	✓	A	✓	✓	✓	✓				
Ric Riccardi, District 5	✓	✓	✓	✓	✓	✓				
Richard Divine, District 4	✓	✓	✓	✓	✓	✓				
Rick Gentillalli, District 3	✓	✓	✓	✓	✓	✓				
Victoria St. Johns, District 4	✓	✓	✓	✓	✓	✓				
Walter Haessler, District 1	✓	✓	✓	✓	✓	✓				

Present = ✓
 Absent = A
 Medical Leave = (ML)

Minutes and agendas of meetings are available upon request and online at www.rcdmh.org. To request copies, please contact the BHC Liaison at (951) 955-7141 or email at MYRoman@rcmhd.org.