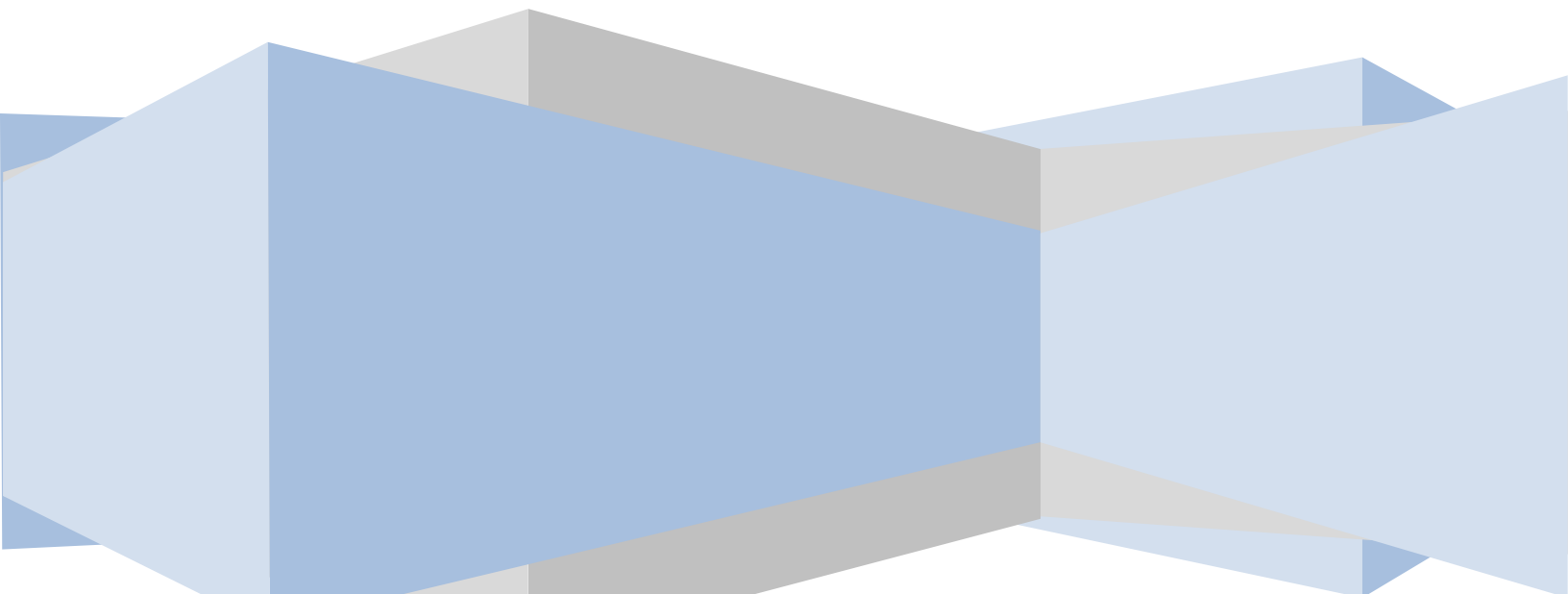


RIVERSIDE COUNTY BEHAVIORAL HEALTH COMMISSION

Meeting Minutes
February 3, 2016
12:00 pm – 2:00 pm



BHC MEETING ATTENDANCE

FEBRUARY 3, 2016

MEMBERS PRESENT	
Richard Divine, District 4, <i>Chair</i>	Rick Gentillalli, District 3, <i>Vice Chair</i>
Beatriz Gonzalez, District 4	Daryl Terrell, District 5
Eric Keen, District 1	Greg Damewood, District 5
James Stuart, District 4	Jason Farin, District 2
Ric Riccardi, District 5	Victoria St. Johns, District 4
Walter Haessler, District 1	

MEMBERS NOT PRESENT	
Carole Schaudt, District 4	Julie Crouch, District 2, <i>Secretary</i>

OTHERS PRESENT	
Angi Abbott, Consumer Affairs	Paul Baum, Consumer Affairs, Celebrate Recovery Speaker
Robert Youssef, MHSA-WET	Peter Caro, MHSA-WET
Sharon Lee, MHSA-Admin	Sheila Hunt, Pacific Grove Hospital
Cynthia "Oma" Gray, Soroptomist House of Hope	Lupe Stoneburner, Soroptomist House of Hope
Kathryn Mauro, WRB	Sheri Parker, RUHS-BH
Ryan Quist, RUHS-BH	George Middle, MCRB
Leonel Contreras, Provider	Michele Jackson, RI International, NAMI Signature Programs
Elin Zerai, RI International	Steve Steinberg, Assistant Director, RUHS-BH
Joe Zamora, Deputy Director, RUHS-BH	May Farr, NAMI
James "Tony" Ortego, RUHS-BH	Ron Hoffman, RI International
Deborah Johnson, Deputy Director, RUHS-BH	Claudia Smith, RUHS-BH
Vicki Redding, RUHS-BH	Linda Fitzgerald, NAMI
Brian Tisdale, BOS 3 rd District	Kevin Festa, RI International
Kim McElroy, MCRB	Sundae Sayles, BOS 3 rd District
Brenda Scott, NAMI	Barbara Mitchell, Guest
Araceli Ruiz, BOS 1 st District	Nathan Allen, RUHS-BH
Tiffany Ross, MHSA-WET	Rick Algarin, MHSA-FAP
Tiffany Keeler, RI International	Gloria Gaitan, High Road
Nat Tollefson, RUHS-BH	Maria Mabey, Assistant Director, RUHS-BH
James Lucero, ASOC and WRB	Maureen Dopson, RUHS-BH
Bill Brenneman, MHSA Administrator	Rhyan Miller, Substance Use Administrator

CALL TO ORDER AND INTRODUCTIONS – Chairperson, Richard Divine called the Behavioral Health Commission (BHC) meeting to order at 12:05 pm. Commission members and the public made self-introductions.

CHAIRPERSON'S REMARKS – None

COMMISSION MEMBERS REMARKS – James Stuart shared a handout for homeless services in the City of Palm Springs.

PUBLIC REMARKS – Kathryn Mauro reported that she recently submitted a booklet to RTA listing all of the Department's programs, program information, and addresses. Ms. Mauro stated that in turn, RTA will be providing booklets with maps and other information for clinics to give to consumers.

Brenda Scott announced that NAMI is having a "FaithNet" lecture series on Saturday, February 6 at First Presbyterian Church in Hemet and a Family-to-Family Class on Thursday, February 11 at the Hemet Sheriff Station. Ms. Scott also expressed concern regarding expansion of services in Hemet. At the January meeting, Mr. Brenneman informed the Commission and the public that due to community opposition to the Capital Facilities project proposal in Hemet, the project was abandoned. Ms. Scott hopes that despite the community opposition, that Hemet not to be forgotten during community planning and expansion of mental health and substance use services.

MINUTES OF THE PREVIOUS MEETING – Daryl Terrell motioned to approve the minutes as written, Rick Gentillalli seconded the motion, one member abstention due to absence, remaining ten members were in favor, none opposed, and the minutes were approved as written.

CELEBRATE RECOVERY – The Celebrate Recovery Speaker was Paul Baum from Consumer Affairs. Mr. Baum grew up in a fairly conservative home; his father was a Southern Baptist who served as a Master Sergeant in the Marines for 21 years and his mother was in the convent for two years and taught religious education for 20 years. This was difficult for Mr. Baum, whom identified himself as gay at a young age. Mr. Baum felt as though he did not have a voice and as a result he bottled up all that he felt including pain, anger, shame, and guilt. At 19 he was diagnosed with a major depressive disorder. He saw 5-6 psychiatrists and rarely took his medication and instead used alcohol as his coping mechanism, which later developed into alcoholism. Despite his struggles, Mr. Baum did well in school and work; he graduated college with a degree in civil engineering and maintained his career in the field for 15 years. While he was able to maintain his job, his alcoholism still took its toll; he had blackouts and at 27 he was arrested for DUI. After years of continuous struggle with alcoholism and his depressive disorder, he lost his job two years ago and was ultimately forced to deal with his issues. Losing his job pushed him further down into depression and he was unable to get out of bed, exhibited unusual behaviors, and had trouble sleeping. He was offered freelance opportunities, but was unable to find the motivation to work. In the midst of all this, there was also the irony of him having a partner that worked in the mental health field. He was so ashamed to speak up, truly believed that he did not have a voice, and he was unable to ask for help from his own significant other. Eventually, he found his way and turned to programs such as Alcoholics Anonymous, Recovery Innovations, Art Works, and NAMI. Mr. Baum also participated in Toast Masters; a public speaking class that truly helped him find his voice and taught him how to speak in public effectively.

Mr. Baum's time spent in these programs and services led him to a passion he did not know he had, which was the mental health field. Mr. Baum recently took on the role of Peer Navigator for the Peer Navigation Line. The Peer Navigation Line is a new program designed to assist clients navigate through the system and link them to services. It's an 800 number phone line that consumers can call to get support, ask about resources, and connect with another person with lived or shared experiences. The Peer Navigator role provides peer support services, explores and identifies consumer needs, and discusses and provides behavioral health resources.

The Commission congratulated Mr. Baum on his recovery and his successful progress. They thanked him for speaking, sharing his story, and sharing information on the new Peer Navigation Line.

NEW BUSINESS

1. **FORMALLY APPOINT RIC RICCARDI AS CHAIR OF OLDER ADULT SYSTEM OF CARE:** Greg Damewood motioned to formally appoint Ric Riccardi as Chair of Older Adults. The motion was seconded by Rick Gentillalli, all were in favor, none opposed, and the motion carried.
2. **CALBHB/C UPDATE:** In Julie Crouch's absence, Richard Divine provided the report written by Ms. Crouch. According to Ms. Crouch's notes, CALBHB/C's last meeting was held in San Diego on January 21-23. The new website has been established reflecting the new name, www.calbhbc.org. The website is also up to date with the new Policy and Procedure Manual, meeting minutes, and 2016 meeting dates and locations. Riverside dues have not been received and it was requested by Ms. Crouch to get status of payment from BHC Liaison. In June, they will be holding their next meeting in Ontario and their first order of business will be the Southern Regional elections. Ms. Crouch encourages all Commissioners to attend. An exact date will be provided as soon as it is announced by CALBHB/C. California Mental Health Planning Council will also hold meetings June 15-17, at the Ontario Airport. Ms. Crouch encouraged the Commissioners to also attend these meetings as they are very informative.
3. **CIBHS UPDATE:** None – Julie Crouch absent – No update provided.
4. **CONSUMER MEMBERS UPDATE:** Steve Steinberg reported that during the Director's Meeting on Monday, February 1, he announced the need for more consumer members on the Behavioral Health Commission and strongly encouraged Regional Managers and the Consumer Affairs Manager, Shannon McCleerey-Hooper, to identify consumers interested in joining and make reasonable accommodations, such as transportation, to assist new members' participation in the Commission. Bill Brenneman also approached Ms. McCleerey-Hooper regarding the opportunity and requested to place the topic on the Consumer Coalition agenda on February 9. Mr. Brenneman also approached Robyn Kelley from Recovery Innovations to promote the opportunity through Wellness Cities (formerly known as the Peer Centers). Wellness City services are countywide; locations include Indio, Palm Springs, Perris, and Riverside. Wellness Cities hold "town hall" meetings and Mr. Brenneman requested Ms. Kelley to place the topic on their agenda. Jason Farin reported that the Board of Supervisors office is also advertising the opportunity in their committee meetings, municipal advisory committees, and quarterly meetings with other agencies.
5. **SENATE BILL NO. 11:** Rick Gentillalli reported that at the last Veterans Committee meeting the issue of behavioral health training being included in Peace Officer Standards Training (POST) was raised. The Committee wanted more information regarding behavioral health training and they were curious if such training was provided throughout the state. At their February meeting, Tiffany Ross, instructor for the Crisis Intervention Training (CIT) gave a presentation regarding the type of training and to whom they are provided. Where the State is concerned, they discovered that a Senate Bill was recently signed by the Governor – Senate Bill No. 11 (SB11). SB11 mandates POST cadets to complete 15 hours of training with an additional three hours around persons with mental illness, intellectual disabilities, and substance use disorders. Deborah Johnson, Deputy Director of Forensics, added that our County has been ahead of the curve regarding behavioral health training for our law enforcement at the county and city level. CIT training is provided to both Riverside Sheriff's Office (RSO) and the Riverside Police Department (RPD). RSO receives two days of training and RPD receives 3 days of training. Ms. Johnson has discussed this topic with Ms. Ross and their only concern at the moment is the additional three hours that SB11 is requiring. Ms. Johnson assured the Commission that this is being addressed and will provide updates when available. Ms. Ross also added that the CIT trainings are going considerably well and many are requesting additional days of training.
6. **SUBSTANCE USE COMMITTEE:** At the January meeting, it was suggested that the Substance Use Committee be dissolved as it was deemed somewhat redundant and has resulted in duplicated efforts by Rhyann Miller's office. As previously mentioned, Substance Use holds a "Provider Meeting" quarterly, and the issues discussed and information provided during those meetings are the same information given in the Substance Use Committee meetings. The duplication of efforts is apparent because attendees and members of the Substance Use Committee are the same as that of the Provider Meeting. Mr. Miller stated that in the event the Commission decides to dissolve the Substance Use Committee, their action plan would be to move the Provider Meetings from quarterly to bi-monthly meetings. Provider

Meetings are open to the public as well as to the entire Commission; everyone is encouraged to attend. Bea Gonzalez added that the Provider Meetings are very informative and it would be beneficial for all Commissioners to attend. After a lengthy discussion regarding the matter, the Commission moved to a vote. Greg Damewood motioned to dissolve the Substance Use Committee and to substitute the Provider Meeting in its place to get the most up to date information regarding any issues or activities occurring in the Substance Use Unit. Rick Gentillalli seconded the motion, all were in favor, none opposed, and the motion passed.

OLD BUSINESS

1. MHSA UPDATE: Bill Brenneman reported that on Monday, February 1, he attended the MHSA Statewide Committee meeting where they were informed of some emerging issues that the Department will soon have to address. The first item is the new PEI regulations recently implemented into law, which includes reporting requirements deemed unreasonable by many counties. PEI offers a slew of indirect services, such as outreach, trainings, and supports; with the new reporting guidelines, several counties are struggling to determine how to implement them. Reporting guidelines include inquiries such as demographic information (i.e. sexual orientation, etc.), which can be fairly intrusive. The law also requires reports that track the average duration of untreated mental illness and the frequency of individuals following through with referrals provided by PEI. The requirements are fairly vague and somewhat impossible to implement as the information provided by individuals may be unreliable and incorrect. Another requirement under the new law is the completion and submittal of the first report by December 2017. Mr. Brenneman stated that this deadline would interrupt the normal cycle of MHSA's annual update process. Most, if not all, counties are in opposition of these new requirements. Considering the sensitive nature of behavioral health and prevention services, it may complicate the natural progression of services and alarm or disturb the people we serve. Guidelines are also vague in nature, which can result in unreliable and inaccurate data. The Mental Health Services Oversight and Accountability Commission (MHSOAC) is overseeing the implementation of these new guidelines as they are mandated by law, however, the MHSOAC is also concerned about how they can be implemented. The MHSA Statewide Committee will reconvene in Sacramento at the end of February, and the MHSOAC and Behavioral Health Directors Association will be joining the meeting to find a way to handle this new challenge. It is the hope of many that the law's requirements will be modified and amended to allow proper and successful implementation.

The next topic of concern is a new supportive housing proposal recommended by a group of legislators called "No Place Like Home." This proposal will cost the state a staggering \$2 billion dollars over the next 20 years. While this is a positive proposal and helps address the housing crisis currently experienced throughout the state, the proposed cost of \$2 billion dollars will impact MHSA funds. The proposal recommends an allotment of 7% of MHSA funds to be directed to fund the project prior to its allocation to counties. The justification for this allotment is there is a growth projection in MHSA funding over the next 20 years and it will be treated as a bond that they plan to repay. Mr. Brenneman stated that there is some benefit; the County will receive a percentage of the monies for supportive housing within the County, however, the end result can be devastating to overall MHSA programs. CALMHSA, responsible for various PEI initiatives, is also jumping on board and is proposing to allot approximately 2% of MHSA funds for their programs and another 5% for administrative costs. Mr. Brenneman stated that altogether, the allocations add up to roughly 14% of MHSA funds appropriated to other projects before it reaches the counties and its intended purpose. If the proposals are approved, the 20 year impact for MHSA would be about \$136 million dollars.

Lastly, Mr. Brenneman reminded everyone of the MHSA Issue Resolution Policy 285. For community members that may have a grievance against any MHSA related activities or community planning processes, a formal grievance can be made and submitted to administration. A review of the grievance will be completed and administration will work toward a resolution.

2. SUBSTANCE USE UPDATE: Mr. Miller announced that the Substance Use Program in Lake Elsinore is having their grand opening and open house on Thursday, February 11. Desert Hot Springs opened their clinic Monday, January 25, with a full staff serving adolescents, gender specific intensive outpatient and regular outpatient, and the older adult population. An internal decision was made regarding staff in the Cathedral City clinic. Services were not discontinued; however, a few of the staff were relocated to assist Sherri Parker with AB109 services. Centers for Medicare and

Medicaid Services (CMS) recently provided feedback regarding the Department's submission of the Drug Medi-Cal Organized Delivery System Waiver Plan. Staff will be reviewing CMS's feedback and questions and submitting a draft response to the executive team for review along with their MOU drafts for Molina and IEHP. The State has completed their RFQ process and has contracted with California Institute of Behavioral Health Services for the training that they will provide for the waiver to all providers, stakeholders, and the County. This will be done in conjunction with UCLA and they will be reaching out to them as soon as they are ready to set up the trainings.

Mr. Miller announced that they have chosen the three school sites for the beta testing of adolescent services and they are Perris Unified, San Jacinto, and Desert Sands School District. Originally, Desert Hot Springs was on this list, however it did not go through.

Nat Tollefson, Supervisor for the START and DUI programs across the County, attended the Southern California DUI Coordinator's meeting and it was brought to the attention of all counties that many are not practicing certain requirements mandated by law. Also, there is a percentage of funds intended for substance use treatment programs from court fines that are not being directed to Substance Use. Mr. Miller stated that he and his staff will be addressing these issues with the Board of Supervisors.

DIRECTOR'S REPORT – Steve Steinberg announced that the new Medical Director, Dr. Andrew Elliot, is resigning. The daily commute from the Desert to Riverside proved to be too much and Dr. Elliot has no desire to relocate. Fortunately, they have identified his replacement, Dr. Matt Chang. Dr. Chang has worked with the Department for a few years and the executive staff is thrilled to have him, particularly because of his expertise with the Detention healthcare system. The Department is currently facing a lawsuit settlement and Dr. Chang's specific passion working with healthcare in the jail population, helps tremendously. In addition to Dr. Chang's years of expertise, he is also triple board certified, which makes him extremely qualified and a great asset to the Department. Dr. Elliot will be returning to his previous position in the Banning Clinic and the Full Service Partnership in Palm Springs, and he will be taking on the leadership role as the Associate Medical Director in the Desert Region.

In January, Mr. Steinberg joined Judy Nightingale, Director of Population Health; Lynne Brockmeier, Administrative Services Manager of Housing and HHOPE programs; and staff from the Board of Supervisor's office, on a trip to Skid Row in downtown Los Angeles. Skid Row has experienced quite a transformation in the last few years. In partnership with nonprofit development companies, LA County was able to develop and fund housing projects and initiatives that helped to address the homelessness and clean up the streets of Skid Row. Touring the 55-square block area allowed Mr. Steinberg and the group to see what other options may be available to address the housing crisis in our own County. An interesting fact Mr. Steinberg shared was the amount of homelessness in Downtown LA compared to Riverside County – within the 55-square block area of Skid Row, there are twice the amount of homeless people than in all of Riverside County. While that statistic may seem positive, homelessness and mental illness among the homeless is still an issue that needs to be addressed. Mr. Steinberg noted that the County hopes to bring the same services and housing options here to keep our streets clean and continue to help minimize the homelessness in our County.

Maria Mabey, Assistant Director of Administration, and Joe Zamora, Deputy Director of Finance, reported on the Board of Supervisor's meeting held on Tuesday, February 2. The County budget is currently unbalanced due to the rising cost of doing business, particularly the escalating cost of detention services. The rising cost of detention services is due largely to the newly added cost of providing healthcare to prison inmates, which was the outcome of a recent lawsuit. This additional cost is estimated to be \$40 million a year beginning July 1. The County is facing the possibility of utilizing one-time reserves in order to balance the budget; however, it puts the County at risk of depleting those funds. Board of Supervisor, Marion Ashley, proposed a "16-Point Plan," which was outlined in a Press Enterprise article on February 2. The 16-Point Plan includes hiring freezes, furloughs, and a moratorium on union negotiations. In terms of our Department, we are on solid financial ground. The Department has been very conservative in managing our finances and our executive leadership has much to do with that. Despite the Department's fiscal judiciousness, we still utilize a portion of the County general fund, and thus, any actions taken by the BOS may impact us. Also, Mr. Zamora added, that while we are on good financial standing, the Department still faces challenges similar to the County's general funds. The Department has accumulated reserves through the implementation of MHSA and with redirections aside, it is projected to increase modestly over the next few years. However, the costs of

operations are rising and it is concerning that the increase in revenue may not keep pace with those rising costs. Currently, Supervisor Ashley's 16-Point Plan is under review by the Executive Office and will be revisited on March 29. Updates will be provided when available.

Lastly, Mr. Steinberg informed the Commission that the interviews for the new Director of Behavioral Health will be on February 9. Riverside County Human Resources will be sending Commission members an email with the resumes of the three candidates. Any questions, concerns, or recommendations the Commission has regarding the candidates can be sent to County HR. Commissioners were not satisfied by this and urged Mr. Steinberg to request at least one member of the Commission participate in the interview panel. Mr. Steinberg assured the Commission that he will take the concern to County HR and try to include one Commission member on the panel.

COMMITTEE UPDATES:

1. DESERT REGION: Mr. Divine reported that they received an update regarding the family they adopted over the holidays. Mr. Divine noted the money was raised for a young father who recently regained custody of his small children. The Desert Board's generosity was able to provide him and his children over \$600 to help purchase food, diapers, and clothing.

The Desert Board is heavily involved in the planning of their Art Show for the May is Mental Health Month event. The Art Show will be held at the Coachella Valley Rescue Mission.

2. MID-COUNTY REGION: Kimberly McElroy reported that they are also working on their May is Mental Health Month event, which will be held at Faust Field Park in Perris on May 21. The Youth Hospitalization Intervention Program is currently being staffed; most positions have been filled, including an interim supervisor.
3. WESTERN REGION: Greg Damewood reported that they are working on increasing membership; currently there are two new consumer members that have been appointed. They are also working on the May is Mental Health Month event for Riverside. Minutes for the meeting will be provided for further information.
4. ADULT SYSTEM OF CARE: Kathryn Mauro reported that they are still working on getting a bus stop at the cul de sac by Emergency Treatment Service. They have a subcommittee working on the 800 line and they are also working on the May is Mental Health Month event; they participate in both the Western and Mid-County event.
5. CHILDREN'S COMMITTEE: Tori St. Johns reported that Luz Negron gave a presentation on Cultural Competency and shared information and photos of the various events they hold. Angela Igrisan provided statistical information regarding the San Bernardino shootings and the progress being made. Ms. Igrisan also shared information regarding Continuum of Care Reform. The implementation of the Continuum of Care Reform will occur in stages between now and 2021. Also, foster homes will no longer be referred to as "foster homes." Part of the Continuum of Care Reform is the renaming of the program to "Resource Families."
6. CRIMINAL JUSTICE COMMITTEE: Greg Damewood reported that they continue to review AB109 and all the other issues involving mental health as it relates to jails. Minutes of the meeting will be forwarded for further information.
7. OLDER ADULT SYSTEM OF CARE COMMITTEE: Ric Riccardi reported that according to Tony Ortego, Mental Health Services Administrator, there has been a growth in the Older Adult Program as a result of the MHSA programs and plan. In the last three years, the Older Adults Program has expanded from three major clinics to five, with three satellite clinics. The Rustin Clinic is an example of this expansion. The Older Adults Program began in Tyler Village Clinic and later transferred to the Rustin facility. Staffing has increased by approximately 33% and the square footage of each facility has more than doubled. Another example is the clinic in Cathedral City, where they began in a 7,000 square foot facility and later transferred to Desert Hot Springs in a sprawling 15,000 square foot facility. They have also introduced the Full Service Partnership Program in all three regions. They are looking forward to opening a standalone clinic in Indio, because for several years they have had staff working out of the Adult Clinic.

More information was provided regarding the debriefings of San Bernardino County employees affected by the shootings in December. This continuous effort helped identify the core group of employees ready to respond to any type of debriefings.

8. VETERANS COMMITTEE: Dr. Walter Haessler reported that there has been further delay in hiring the new Veteran's Services Liaison. David Schoelen is currently working on the issue. Membership for the Veteran's Committee has increased to nine members. Tiffany Ross from Crisis Intervention Training (CIT) provided an update on how the program is doing in our county and what is being done around the country. Edward Martinez from the Vet Center in Temecula provided information regarding their services. The Vet Center is not affiliated with the Veteran's Affairs (VA); it is an alternative service for veterans to receive counseling service and get assistance on their benefits. The Vet Center has locations in Temecula, Corona, and Desert Hot Springs.

EXECUTIVE COMMITTEE RECOMMENDATIONS – Greg Damewood suggested having information provided regarding grants and how they are awarded. Mr. Damewood reported that there is an individual questioning how and why some departments are awarded grants and not others.

James Stewart suggested having regular updates on Prop 47 and AB109.

Dr. Walter Haessler suggested having presentations on the pros and cons of marijuana legalization, as there are ballot measures coming up in the 2016 elections. The Commission should be more familiar and informed on the subject as this is an issue that is forthcoming.

ADJOURN – Greg Damewood moved to adjourn the meeting, Dr. Walter Haessler seconded the motion, all were in favor, none opposed, and the meeting of the Behavioral Health Commission adjourned at 2:00 pm.

Maria Roman

Julie Crouch, BHC Secretary
Maria Roman, Recording Secretary

2016 BEHAVIORAL HEALTH COMMISSION ATTENDANCE ROSTER

MEMBERS	JAN	FEB	MAR	APR	MAY	JUN	JUL	SEPT	OCT	NOV
Beatriz Gonzalez, District 4	✓	✓								
Carole Schaudt, District 4	✓	A								
Daryl Terrell, District 5	✓	✓								
Eric Keen, District 1	✓	✓								
Greg Damewood, District 5	✓	✓								
James Stuart, District 4	A	✓								
Jason Farin, District 2	✓	✓								
Julie Crouch, District 1	✓	A								
Ric Riccardi, District 5	✓	✓								
Richard Divine, District 4	✓	✓								
Rick Gentillalli, District 3	✓	✓								
Victoria St. Johns, District 4	✓	✓								
Walter Haessler, District 1	✓	✓								

Present = ✓

Absent = A

Medical Leave = (ML)

Minutes and agendas of meetings are available upon request and online at www.rcdmh.org. To request copies, please contact the BHC Liaison at (951) 955-7141 or email at MYRoman@rcmhd.org.