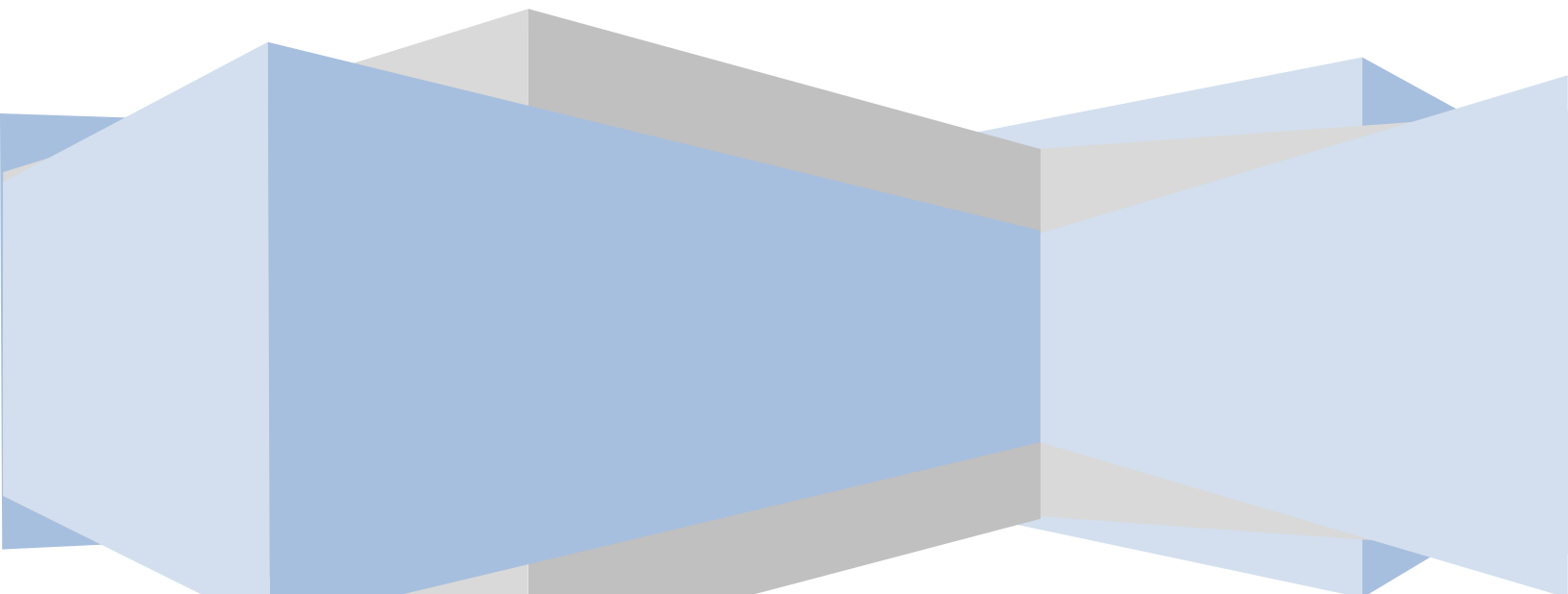


RIVERSIDE COUNTY BEHAVIORAL HEALTH COMMISSION

Meeting Minutes
April 6, 2016
12:00 pm – 2:00 pm



BHC MEETING ATTENDANCE APRIL 6, 2016

MEMBERS PRESENT

Richard Divine, District 4, <i>Chair</i>	Rick Gentillalli, District 3, <i>Vice Chair</i>
Julie Crouch, District 2, <i>Secretary</i>	Eric Keen, District 1
Ric Riccardi, District 5	Carole Schaudt, District 4
Daryl Terrell, District 5	Greg Damewood, District 5
James Stuart, District 1	Walter Haessler, District 1
Victoria St. Johns, District 4	George Middle, District 2

MEMBERS NOT PRESENT

Beatriz Gonzalez, District 4	Jason Farin, BOS Representative, District 2
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OTHERS PRESENT

Sharon Lee, MHSA	Kim McElroy, MCRB
Monika Vega, CDHCS Rep	Araceli Ruiz, BOS Representative, District 1
Maria Becerra, BOS Representative, District 4	Rhyan Miller, Substance Use Program Administrator
Kathryn Mauro, Consumer, Intern	James Lucero, ASOC and WRB
Lynne Brockmeier, Housing Manager	Linda Fitzgerald, NAMI Rep
Cynthia "Oma" Gray, Soroptomist House of Hope	Nat Tollefson, Substance Use Program Supervisor
Richard Boltes, RUHS-BH	Verdana Thomas, Guest
Heidi Chester, Guest	Karen O' Rear – RUHS-BH
Andrew Williams, RUHS-BH	Mariah Samuel, Celebrate Recovery Speaker
Antoinette Williams, RUHS-BH	Maria Mabey, RUHS-BH Assistant Director
Teresa Taylor, RI International	Lupe Stoneburner, Soroptomist House of Hope
Ryan Quist, RUHS-BH	Bill Brenneman, MHSA Administrator
Vicki Redding, RUHS-BH	Angela Igrisan, Children's Services Administrator
Brenda Scott, NAMI Rep	Gloria Hernandez, MCRB
Kiyannah Myles, Aspiranet	Shirley Ramirez, Aspiranet
Joe Zamora, RUHS-BH Deputy Director	Deborah Pagliuso, High Road Program
Shannon McCleerey-Hooper, Consumer Affairs Supervisor	Steve Steinberg, RUHS-BH Director

CALL TO ORDER AND INTRODUCTIONS – Chairperson, Richard Divine called the Behavioral Health Commission (BHC) meeting to order at 12:05 pm. Commission members and the public made self-introductions.

CHAIRPERSON'S REMARKS – None

COMMISSION MEMBERS REMARKS – James Stuart raised the topic of SB876 regarding the homeless and requested to have at least 5 minutes at every meeting for legislative updates.

Ric Riccardi raised the topic of anti-marijuana ads to address the upcoming ballot measures for marijuana legalization.

PUBLIC REMARKS – Dana Thomas expressed concern regarding AB1424; stating that psychiatrists and hospital staff are not abiding by the mandate, which poses a threat not only to the consumer and their family, but the public as well. Rick Gentillalli thanked Ms. Thomas for her feedback and assured her that the Commission will look further into AB1424 and the issue at hand.

Brenda Scott announced that the NAMI Walk will be taking place on October 29 at Diamond Valley Lake in Hemet. Handouts were distributed to the Commission. Ms. Scott also responded to Ms. Thomas' concern and stated that NAMI is aware of AB1424 and that they continuously encourage families to utilize this bill. Ms. Scott also assured Ms. Thomas that Riverside University Health System – Behavioral Health (RUHS-BH) abides by this bill by having forms available for families to provide information regarding client's history and well-being.

Monika Vega from Department of Health Care Services (DHCS) introduced herself to the Commission. Ms. Vega stated that she is a resource for staff and individuals served by the County. They perform staff presentations, community workshops, and tabling for information on California's Coordinated Care Initiative, which includes the updates to Medi-Cal Managed Care and Cal Medicconnect. Flyers were available in English and Spanish as well as toolkits to help staff and the public to keep up with policy changes.

MINUTES OF THE PREVIOUS MEETING – Julie Crouch stated that on page 1, it should state "California Association of Local *Behavioral* Health Boards and Commissions" not "California Association of Local *Mental* Health Boards and Commissions." Greg Damewood stated that he requested clarification regarding different lines to distinguish how the "Peer Navigation Line" is different from the complaint and grievance line. After making the notations, the minutes were approved as written.

CELEBRATE RECOVERY – Antoinette Williams from Parent Support and Training introduced Shirley Ramirez from Aspiranet to give a brief background on their program. Aspiranet is transitional housing program for current and former foster youths. They have two types of programs – "FC Program," which serves ages 18-21 currently in foster care and "THP Plus," which serves ages 21-25 who have been emancipated and are out of the system. Parent Support and Training Program provides Aspiranet with different parenting classes, outreach efforts, and support to parents that are having different challenges with their children. This partnership has been tremendously beneficial to former foster youths that are now parents themselves. A foster youth is defined as any child who has been removed from the custody of their parent(s) or guardian(s) and placed in a group or foster home. Most have come from abusive backgrounds and have little to no experience with family structures. Aspiranet's partnership with Parent Support and Training helps teach the former foster youth how to properly care for their children and learn the basic developmental stages of children. Ms. Ramirez introduced Mariah Samuel, this month's Celebrate Recovery Speaker, to share her experience with the program and how it has benefited her.

Ms. Samuel is a current client of Aspiranet. She was a former foster youth and was 7-8 months pregnant when she started the program with Ms. Williams. Participating in the program, she learned about the different developmental and behavioral stages of children and symptoms of different mental health issues. Ms. Samuels also learned the different resources available to her and other classes she can take to help raise her child and have a better understanding of their needs. After taking several classes and becoming heavily involved with the program, she took her experience further by taking the two-week Peer Mentoring classes through the TAY Program. Ms. Samuels praised the program and hopes to have more programs like Aspiranet and Parent Support and Training to help other former foster youths learn how to better care for their children.

NEW BUSINESS

1. PEER NAVIGATION LINE: Shannon McCleerey-Hooper provided a follow-up from the previous month's introduction to the newly implemented "Peer Navigation Line." Ms. McCleerey-Hooper reported that the soft-launch on March 1 went very well and they officially opened the phone lines on April 1. Since the launch, they have received 62 phone calls; of the 62 calls, 15 were warm hand-offs to new services within our system and 5 re-engagements with services. Ms. McCleerey Hooper explained that the Peer Navigation Line is for those that are in or out of the system that need assistance with services, finding resources, and learning what the next steps are and how to navigate through the system. The phone number is 888-768-4-YOU.
2. MAY IS MENTAL HEALTH MONTH (MiMHM) UPDATE: Ms. McCleerey-Hooper announced that vendor registration forms are now available online. Also available online are Save the Date flyers, which are currently undergoing the approval process for print and distribution. There are two Save the Date flyers – one for the Riverside event and the second for the Perris event. MiMHM events are held in each region (Desert, Mid-County, and Western) and all are invited to attend.

Ms. McCleerey-Hooper also announced that on April 19 they are holding talent auditions for the Riverside's MiMHM event. In the past the Department has hired different performers and this year they would like to showcase the many talented people that are here in the County. Clients, consumers, and staff are encouraged to participate and audition. Flyers were available for more information.

3. PROCLAMATION REQUEST PICK-UPS: The following individuals volunteered to accept proclamations on behalf of the BHC:

CITY	DATE	VOLUNTEER
Lake Elsinore	Tuesday, May 10 @ 7pm	Gloria Hernandez
Hemet	Tuesday, April 26 @ 7pm	Brenda Scott
Norco	Wednesday, May 4 @ 7pm	Julie Crouch
Palm Desert	Thursday, April 28 @ 3pm	Carole Schaudt

4. HOUSING (HOMELESS) UPDATE: Lynne Brockmeier, Housing Administrator, provided an update on the program's efforts in addressing the homeless issue in Riverside County. The Housing Program provides a full continuum of services through the Homeless Housing Opportunities Partnerships and Education (HHOPE) Program. RUHS-BH has been performing street outreach and providing housing opportunities to the homeless since 1993. In FY14/15, the program served an average of 700 individuals and for FY15/16 they expect an increase; currently, the program is serving 643 individuals with some form of housing. Ms. Brockmeier noted that they provide services to adults, mature adults, children and transition-age youth. HHOPE is one of the leading programs that provide supportive housing and services across the county, including outreach. They provide training and information to RUHS-BH and other agencies on how to provide best practices and permanent supportive housing services. One of the ten primary components of HHOPE is their outreach street management. Ms. Brockmeier noted that they have six housing crisis response teams, including one dedicated solely to veterans. Part of this initiative is working in close collaboration with law enforcement across the County. They recently helped Indio Police Department's Community Outreach Resource Program (CORP) and are currently working on a contract with Palm Springs Police Department to embed services within their city. Another significant component of HHOPE is the Coordinated Entry Process. Ms. Brockmeier noted that it is a fairly complicated process, but follows a "No Wrong Door" approach when serving the homeless. This allows individuals living on the street the opportunity to access housing opportunities. The Housing Program was recently awarded a grant from HUD and is in the process of receiving those funds. Another pilot project they are developing is called Prevention and Diversion, which began in 2014. Prevention helps prevent individuals from losing the housing they already have through rental assistance. Diversion is designed to keep individuals from turning to the streets if they have lost their housing by providing first

month's rental assistance and utility deposit assistance. Funding sources for these initiatives vary and depend on availability. Ms. Brockmeier stated that they currently have 30 different funding streams and 32 different programs, all of which have different start and end dates, reporting mechanisms, and eligibility criteria. Housing continuously applies for new funding to maintain these services. Housing also provides residential care, housing supports, and low-demand supportive housing units, such as Housing First. RUHS-BH has had Housing First long before it was called "Housing First." Housing First is a program that provides available housing to individuals without having to qualify for services (i.e. by being a client through substance use or mental health). Ms. Brockmeier stated that the model is very effective and they provide trainings across the county for this program as well.

5. MARIJUANA LEGALIZATION: Rhyan Miller stated that a request came to his office for Will Harris to provide a presentation regarding marijuana legalization, however was unclear how to cover the topic due to the Commission's interest on its political aspects. Mr. Miller stated that the Commission's interest in a presentation with a political stance would not be appropriate and hoped to steer them to the clinical and educational aspects of how the marijuana legalization may affect youth and the Department's services. Steve Steinberg supported Mr. Miller's suggestion and stated that the Department will take a neutral stance on the topic and present on information, data, treatment plans, and the level of impact that the Department anticipates. Any political discussion that the Commission wants to have can only occur among the members by doing their own research and sharing information; political opinions will not be provided by Mr. Miller or Mr. Steinberg. After a lengthy discussion on the topic, the Commission agreed to the suggested presentation by Mr. Miller.
6. AB109 UPDATE: Mr. Miller reported that since July 1, 2015 both Mental Health and Substance Use Program (SUP) have performed 1,938 screenings; 74% of those screenings have been linked to active mental health treatment; and 39% has been linked to substance use treatment. Mr. Miller noted that most of the screening's outcomes are co-occurring disorders. Indio Day Reporting Center (DRC) is projected to open later this month; the facility will provide both mental health and substance use services. SUP is working intensively with Probation to increase services at other DRC's. They are currently discussing placing intensive outpatient services in Temecula and Riverside along with regular outpatient services. AB109 programs have all received the new curriculum and the costs were recently approved by the Board of Supervisor's Office and staff are in their second series of training.
7. PROP 47 UPDATE: Mr. Miller provided a report written by California Legislative Analyst's Office (LAO) on the fiscal impacts of Prop 47 to the Commission. Prop 47 requires the first deposit from the General Fund to the Safe Neighborhoods and Schools Fund (SNSF) in July 2016. According to the LAO, the administration is estimating a \$29.3 million deposit into that account, however the LAO feels that they are underestimating this deposit by \$100 million. The LAO is reporting an estimated cost savings of \$83 million higher than what the administration is estimating.

Outcomes of Prop 47 since its implementation in November 2014; in the first quarter of 2014 (January, February, and March) prior to the implementation of Prop 47; SUP had 2,344 new admissions into the program. In the beginning of 2015, two months after the law was enacted, those numbers declined by 2% and the program largely affected by this decline was the Drug Court Program. In the first quarter of 2016, new admissions increased by 12.5% compared to the first quarter of 2014. The initial concerns of Prop 47 regarding decrease in admissions because the "hammer" aspect has been removed, have not come to fruition. This was experienced briefly by Drug Court in 2015, but eventually increased after time. The Drug Courts today are at full capacity except for Riverside Court. Mr. Miller attributes this discrepancy to Riverside Court's matrix and eligibility requirements. SUP is actively working on the issue with Judge Moyer and Deborah Johnson to help steadily bring in clients and get it to full capacity. Mr. Miller stated that the current outcomes of Prop 47 are exactly what they projected and it correlates with their plan included in Centers for Medicare and Medicaid Services (CMS) and Department of Healthcare Services (DHCS). SUP forecasted an overall increase by 30% because of the Drug Medi-Cal Waiver changes.

OLD BUSINESS

1. SUBSTANCE USE UPDATE: Rhyan Miller announced that this will be the last year that SUP will be providing the Annual Administrator's Report. Mr. Miller stated that this report will be combined with the "Who We Serve" Report written by

Research and Technology. The "Who We Serve" Report will be all inclusive and report on behavioral health as a whole. Mr. Miller reviewed some important highlights with the Commission:

The report identifies that this year adolescent services dropped by 17%. Due to this drop, they started to look into SUP clinics and other sites available to make a huge push in clinics with the new curriculum. Mr. Miller reported that they are working with Tarzana Treatment Centers for residential and detox services. The Latino Commission is developing two residential facilities in the Desert Region. Mr. Miller stated that the facilities are complete and are currently awaiting approval from DPSS to move forward with contracting services. The report also shows that 48% of adolescents served struggle with co-occurring disorders. Mr. Miller stated that he attributes this number to the fact that it is now easier to track co-occurring disorders through ELMR'S Electronic Health Records (EHR).

A statistic that raised some concern from last year's report was the number of individuals repeating detox and residential services. Last year's report identified 51% of individuals that received detox services returned to get repeated treatment and 24% of individuals that received residential services returned to repeat their treatment. This year, the report shows a significant drop on both – repeat detox services is down to 9.5% and repeat residential services is down to 7%. This is a result of collaborated efforts between SUP and the providers. They were able to identify some crucial elements needed to be communicated to consumers and later designated staff to assist in the process. This effort has resulted in proper transition for consumers to other modalities to help them continue their recovery. Mr. Miller hopes to continue decreasing the number of repeated treatments and equally increase the positive outcomes.

DUI participant completion has dropped significantly to 48.3%, which Mr. Miller noted as inaccurate. Mr. Miller stated that between their office and the courts, completions are not being reported properly. This issue is currently being addressed and Mr. Miller will provide accurate outcome data as soon as it's available. Mr. Miller also stated that DUI convictions are down 13%, the cause of which is unknown.

In February, Nat Tollefson, Supervisor for the START and DUI programs across the County, attended the Southern California DUI Coordinator's meeting and it was brought to the attention of all counties that only one county in California is abiding by the requirements mandated by law. It was recently identified that the mandate requires all counties to do an in depth Alcohol and Other Drug Assessment for all individuals coming to our facilities and submitting it to the court. Mr. Miller stated that this was implemented two weeks ago.

2. MHSA UPDATE: Bill Brenneman reported that the Draft FY16/17 MHSA Annual Plan Update is complete and will be posted for public review and comment online at www.rcdmh.org/ for 30-days. Copies were provided to the Commissioners and additional copies can be requested by contacting Sharon Lee at 951-955-7122. The Commission will hold two Public Hearings: the first on May 4, 3:00 pm, at the Rustin facility after the BHC meeting; and the second will be held on May 5, 1:30 pm, at the Indio Behavioral Health Clinic. Save the Date Flyers were distributed to Commission members and available for attendees. Mr. Brenneman requested assistance from the Commission to facilitate the Public Hearings and Richard Divine, Julie Crouch, and Tori St. Johns volunteered to assist. He also requested members participation on an Ad Hoc Committee to review all the Public Hearing comments received from the 30-day posting. Richard Divine, Julie Crouch, and James Stuart volunteered to be on the Ad Hoc Committee.

Prevention and Early Intervention (PEI) staff will attend the second meeting regarding the new PEI Regulations on April 14 in Los Angeles. At the last meeting they focused largely on access, linkage, and duration of untreated mental illness. On April 14 they will focus on the demographic expectations generally deemed unreasonable by all counties. They hope to negotiate and compromise on these requirements as they are somewhat abrasive towards the population we serve and may result in inaccurate and unreliable data.

California Mental Health Planning Council submits a Data Notebook yearly and each year it focuses on a different topic. Last year, the Data Notebook focused on crisis services and substance use services; this year they are focused on children and transition-aged youth. The questionnaire for the Data Notebook is developed by all counties to determine what topics to cover. The California Mental Health Planning Council is in the process of formulating questions and once received, Ryan Quist's staff from Research will populate the questions and forward to the Commission for discussion and

analysis.

DIRECTOR'S REPORT – Steve Steinberg reported that in his first 100 days as Director he has received a lot of feedback and support not only from staff, but also the previous Director, John Ryan. Mr. Ryan served as Director previous to Jerry Wengerd in early 2000. Mr. Ryan advised Mr. Steinberg to “be seen,” meaning to develop a rapport with staff. Mr. Steinberg has scheduled regular visits to the different regions to have open meetings with staff, which is something Mr. Ryan used to do when he was the Director. Communication between the executive team and staff that provide services is important because they do not receive regular monthly updates like the Commission. Updates and information is typically trickled down from upper management to staff. Mr. Steinberg makes an effort to send an email monthly to keep staff updated on things taking place in the Department, which he receives feedback on and helps him keep in touch with staff. This has been a large focus for Mr. Steinberg even prior to being appointed and hopes to maintain it throughout his time as Director. Mr. Steinberg wants people to feel like they are heard and by learning what their thoughts are, it will help empower staff to provide good service.

This year the Department will be audited three times by the state. On April 25-28 the Department is having a 3-year system audit, which is a big audit where disallowances may occur. It takes a great deal of preparation and staff is working diligently to be ready. On May 3-5 the Department has the annual EQRO audit, which is an audit where they look at policies and data, and the state will make recommendations based on their audit; there is no monetary impact in this audit. The last audit will take place at the end of May, which is the Inpatient Audit that occurs every three years. This is an audit where disallowances also occur and at the last audit the Department had low outcomes and a number of items to correct. This year the Department has the opportunity to show them the improvements we've implemented and progress made. Mr. Steinberg anticipates a better outcome from this audit than in previous years.

This year the Coachella Festival is scheduled to take place on the third and fourth weekends in April. In previous years the Department received a number of calls from emergency rooms in the area as they are overloaded with people on 5150s. Last year, Dr. Dennis, Mr. Steinberg, and a few other staff suggested setting up a triage unit at the event in an effort to alleviate some of the work load on the surrounding hospitals. This support would help to determine which individuals required medical attention and those who just needed a quiet place to sit and calm down. After serious consideration of this possibility, they learned that the festival's promoters have an existing contract in place with another agency. However, the number of admissions is still overwhelming for the surrounding hospitals and JFK Hospital reached out to the Department requesting assistance. They asked the Department to provide extra staff to assist in the emergency room to perform triage and psychiatric assessments. The Department's CREST and REACH Teams, as well as other licensed staff, have volunteered to be available on call and/or work at the hospital during Coachella's two-week festival and at the Stagecoach festival the following weekend.

Mr. Steinberg and staff recently attended the California Behavioral Health Director's Association meeting in Sacramento. The topic discussed is the “No Place Like Home” bill proposed by former State Assembly and co-author of Prop 63, Darrell Steinberg. After the presentation, directors from every county stood and expressed their concern over the possibility of this bill coming to fruition; the key issue is how the funds will be distributed. It seems they are leaning toward a bidding process, which is a competitive method and can impact some counties tremendously. The proposal is that counties contribute 6-7% of their MHSA funds but run the possibility of receiving little to no money in return to address their own housing needs. Directors from all over the state spoke strongly against the bill and hope that the state takes some of their suggestions into consideration to reach a compromise. Mr. Steinberg stated one of the suggestions made during the meeting, which he himself would prefer, is for the state determine an amount for each county to spend on housing as opposed to mandating each county to contribute a certain amount only to receive little to no monetary assistance in return.

COMMITTEE UPDATES:

1. APPOINT MEMBERS TO HOUSING COMMITTEE: Daryl Terrell volunteered to participate in the Housing Committee.
2. APPOINT MEMBERS TO THE LEGISLATIVE COMMITTEE: Walter Haessler and James Stuart volunteered to participate in the Legislative Committee.
3. DESERT REGION: None

4. MID-COUNTY REGION: None
5. WESTERN REGION: Greg Damewood stated that they are in dire need of new members as Kathryn Mauro recently submitted her resignation. This is a loss for the Western Regional Board; however it is a positive change for Ms. Mauro as she recently became an intern for the Department. Mr. Damewood also noted that meetings for the Western Board have been moved to bi-monthly meetings.
6. ADULT SYSTEM OF CARE (ASOC): James Lucero stated that since Ms. Mauro now works for the Department and has left ASOC, Mr. Lucero is now the Vice Chair for the committee. Mr. Lucero noted that meetings are now held at Rustin from 12:00 pm – 2:00 pm on the last Thursday of every month. The Access Subcommittee will also meet at the Rustin facility from 10:45-11:45 am prior to the ASOC meeting. Lastly, they will combine their newly formed Housing Subcommittee with the BHC's Housing Committee.
7. CHILDREN'S COMMITTEE: None
8. CRIMINAL JUSTICE COMMITTEE: None
9. OLDER ADULT SYSTEM OF CARE COMMITTEE: Ric Riccardi reported that the Pearls Program is closing at the end of the fiscal year due to the program's inability to generate sufficient leads to make the program viable. CBT for late life depression will continue through the Office on Aging.
10. VETERANS COMMITTEE: Walter Haessler announced that the March Airfest Show will be held April 16-17. Dr. Haessler stated that the show will have exhibitors and if the Department is interested in having a table at the event, particularly for veterans services, to contact the event coordinators. Dr. Haessler provided a flyer for more information.

EXECUTIVE COMMITTEE RECOMMENDATIONS

Julie Crouch requested more information on SB876.

Richard Divine stated that the Commission needs to appoint a Nominating Committee for July's election. Mr. Divine also requested more information on AB1424.

Greg Damewood requested proclamation pick-up dates be assigned at the next meeting; provided that dates are available. Mr. Damewood also requested a discussion regarding the idea of having additional fees imposed on the future costs of marijuana (assuming that this bill passes) to help fund recovery, in the same way the lottery and gambling contribute to 1-800-Gambler and other gambling rehabilitation services.

Daryl Terrell requested the topic of holding meetings in the Desert be discussed at the next meeting.

Ric Riccardi requested more information regarding anti-marijuana ad campaign from the Department.

ADJOURN – Rick Gentillalli moved to adjourn the meeting, Carole Schaudt seconded the motion, all were in favor, none opposed, and the meeting of the Behavioral Health Commission adjourned at 2:01 pm.

Maria Roman

Julie Crouch, BHC Secretary

Maria Roman, Recording Secretary

2016 BEHAVIORAL HEALTH COMMISSION ATTENDANCE ROSTER

MEMBERS	JAN	FEB	MAR	APR	MAY	JUN	JUL	SEPT	OCT	NOV
Beatriz Gonzalez, District 4	✓	✓	✓	A						
Carole Schaudt, District 4	✓	A	✓	✓						
Daryl Terrell, District 5	✓	✓	✓	✓						
Eric Keen, District 1	✓	✓	A	✓						
Greg Damewood, District 5	✓	✓	✓	✓						
James Stuart, District 4	A	✓	✓	✓						
Jason Farin, District 2	✓	✓	✓	A						
Julie Crouch, District 1	✓	A	✓	✓						
Ric Riccardi, District 5	✓	✓	✓	✓						
Richard Divine, District 4	✓	✓	✓	✓						
Rick Gentillalli, District 3	✓	✓	✓	✓						
Victoria St. Johns, District 4	✓	✓	✓	✓						
Walter Haessler, District 1	✓	✓	✓	✓						

Present = ✓
 Absent = A
 Medical Leave = (ML)

Minutes and agendas of meetings are available upon request and online at www.rcdmh.org. To request copies, please contact the BHC Liaison at (951) 955-7141 or email at MYRoman@rcmhd.org.