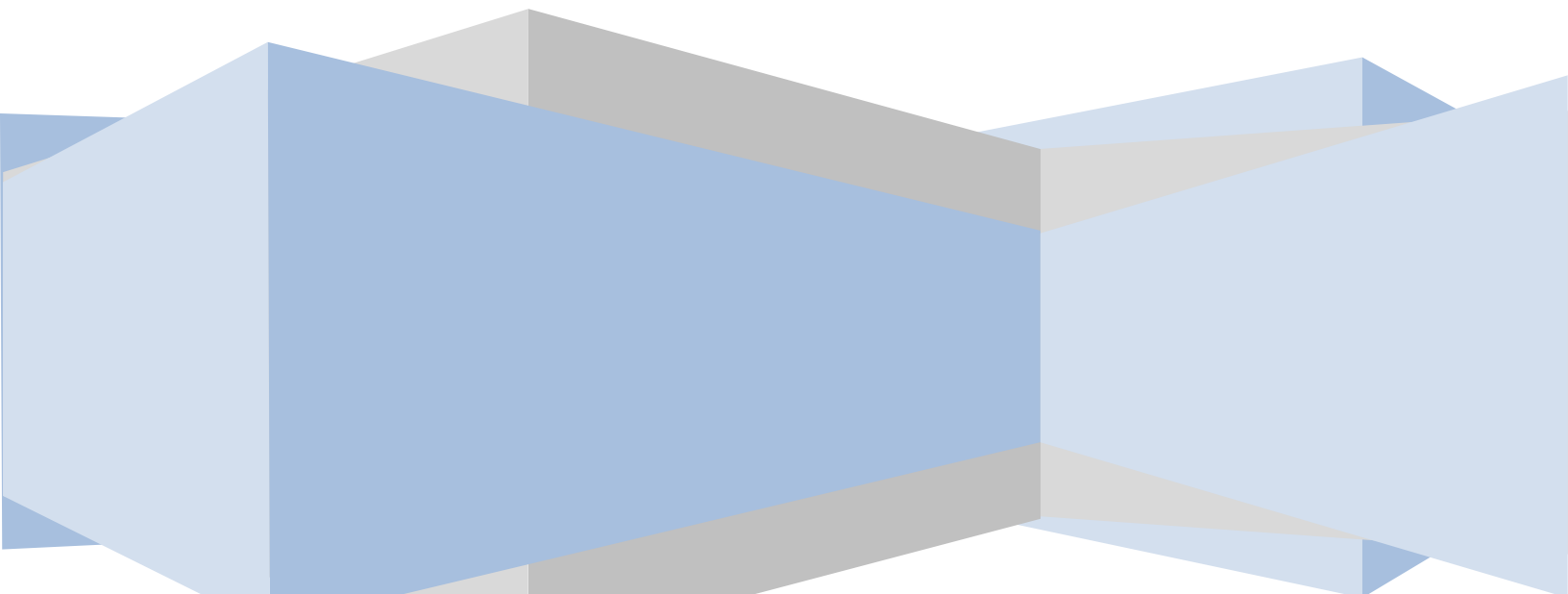




RIVERSIDE COUNTY BEHAVIORAL HEALTH COMMISSION

Meeting Minutes
September 2, 2015
12:00 pm – 2:00 pm



BHC MEETING ATTENDANCE SEPTEMBER 2, 2015

MEMBERS PRESENT	
Beatriz Gonzalez, District 4	Jason Farin, District 2
Carole Schaudt, District 4	Richard Divine, District 4
Daryl Terrell, District 5	Rick Gentillalli, District 3
Eric Keen, District 1	Victoria St. Johns, District 4
Greg Damewood, District 5	Walter Haessler, District 1
James Stuart, District 4	Jerry Wengerd, Director
Julie Crouch, District 2	

MEMBERS NOT PRESENT	
Georgia Smith, District 2	

OTHERS PRESENT	
Sharon Lee, MHSA Admin	Maria Mabey, RCDMH Assistant Director
Cynthia Manrique, Recovery Learning Center	Maria Manrique, Guest
Angela Igrisan, RCDMH Administrator	Shannon McCleerey-Hooper, RCDMH Consumer Affairs
Ric Riccardi, Western Region Board Member	Leonel Contreras, Provider
Lupe Stoneburner, Provider	Deborah Johnson, RCDMH Deputy Director
Claudia Smith, RCDMH	Rikki Schwab, Recovery Innovations
Sheri Parker, RCDMH Administrator	Frank Bowen, Metcalf Ranch
Scott Collins, Metcalf Ranch	Barbara Mitchell, Guest
May Farr, NAMI Representative	James Lucero, Guest
Kathryn Mauro, Western Region Board Member	Gloria Gaitan, High Road
Lisa M. Jackson, Recovery Learning Center	Ryan Quist, RCDMH
Tony Ortego, RCDMH Manager	Sheila Hunt, Pacific Grove Hospital
Luz Negron, RCDMH Parent Support	Brenda Scott, NAMI Representative
Karen Hudson, Recovery Innovations	Linda Fitzgerald, Recovery Innovations
Rachel Douglas, RCDMH Parent Support	Joe Zamora, RCDMH Deputy Director
Steve Steinberg, RCDMH Assistant Director	Bill Brenneman, MHSA Administrator

CALL TO ORDER AND INTRODUCTIONS

Chairperson, Richard Divine called the Behavioral Health Commission (BHC) meeting to order at 12:03 pm. Commission members and the public made self-introductions.

CHAIRPERSON'S REMARKS - None

COMMISSION MEMBERS REMARKS

Greg Damewood informed the members that Patricia Carrillo passed away in July. Ms. Carrillo was a valued member of the BHC and Western Regional Board, and will be greatly missed. Members of the Commission and the Department attended her funeral.

Carole Schaudt announced that the Department of Transportation is holding community meetings throughout Riverside County seeking input from the public on what their transportation needs are in the community and improvements on existing services. Coachella Valley is holding their meeting at 6:30 pm on Thursday, September 3.

Rick Gentillalli reported that he attended the Mental Health Services Act (MHSA) Community Forum event in Temecula on August 13, sponsored by the Mental Health Services Oversight and Accountability Commission (MHSOAC). Mr. Gentillalli noted that the turnout was incredible – approximately 300+ people attended the event. However, the number of attendees was clearly unexpected as the venue did not properly accommodate the amount of people that came. Jerry Wengerd added that consumers, family members of consumers, and providers attended the event, which was the appropriate audience for all the scheduled breakout sessions. Mr. Wengerd noted that the MHSOAC underestimated the amount of people that would attend and that it would be wise for the Department to try and coordinate with them for the next event.

PUBLIC REMARKS

Brenda Scott announced that May Farr recently received the highest honor in NAMI, called the Don and Peggy Richardson Award for her work in the organization.

The NAMI Walk will be held on November 7 at Diamond Valley Lake in Hemet. Ms. Scott thanked Jerry Wengerd for sponsoring the event every year. The Team Captain Kick-off Luncheon to begin planning the event is on September 15 at the Benedict Castle in Riverside at 11:30 am.

Spanish Family-to-Family classes will begin on September 3 in Perris and September 22 in Beaumont. Please visit the NAMI website: www.nami.org for more information.

MINUTES OF THE PREVIOUS MEETING

James Stuart moved to approve the minutes as written, Julie Crouch seconded the motion, all were in favor and the motion carried.

CELEBRATE RECOVERY

This month's Celebrate Recovery Speaker was Cynthia Manrique from Recovery Learning Center (RLC). Ms. Manrique was diagnosed with Post Traumatic Stress Disorder (PTSD) and severe Obsessive Compulsive Disorder (OCD). She has received services for approximately 7 years from a few different County programs including RLC and has been taking medications on and off for 10 years.

Prior to her diagnoses, Ms. Manrique worked as an elementary teacher in Fontana. Her OCD became so overwhelming that she quit her teaching job and later attempted to teach again in Long Beach. During this time she was formally diagnosed with PTSD and severe OCD. Her compulsions consisted of constantly checking doors, locks, and her surroundings for fear of her safety. Ms. Manrique struggled with fear and control, which manifested itself in the type of OCD that rendered her unable to care for herself in the most basic ways. Ms. Manrique shared a story from 3-4 years ago where her parents tasked her with caring for their home while they were out of the country. During this time, she had also taken a break from her medication. As a result, Ms. Manrique was able to deal with taking care of their home, however, when it came down to dealing with the smaller things, such as caring for herself (i.e. basic hygiene), her best friend had to come to her aid.

The first service Ms. Manrique participated in was a self-recovery type program called Jefferson Transition Program (JTP), which is now called Recovery Innovations. She later discovered the Recovery Learning Center where she took significant strides towards her recovery. Ms. Manrique was assigned a Peer Support Specialist as her Recovery Coach, who worked with her one-on-one and taught her to trust herself and her abilities as well as to refrain from over thinking, which is what sparks her OCD. After graduating from the program, Ms. Manrique returned to RLC as a volunteer to give back to the program that helped her regain a sense of normalcy in her life. She helps others that struggle with OCD as a Peer Support Specialist Volunteer. Ms. Manrique continues her own treatment through UCLA's

Outpatient OCD Program, where she has continued to learn more tools on how to keep her OCD at a manageable level.

This past January, Ms. Manrique returned to teaching as a substitute teacher, which was as a huge turning point as she realized her greater passion for helping others with mental illness. Between her time as a substitute teacher and as a volunteer at RLC, she has decided to focus the rest of her career in the mental health field and help those who struggle with a mental illness.

Various members congratulated Ms. Manrique on her success with recovery and wished her the best of luck with her future endeavors.

NEW BUSINESS

1. SERVICE DISPARITIES REPORT: Quality Improvement Manager, Ryan Quist, presented the *Service Disparities Report* as requested by the Commission during the July meeting. At the July meeting, the *Data Notebook* was brought before the Commission for review and approval for submission to the MHSOAC. The *Data Notebook* was a report on various mental health related statistics, most notably the "Unserved People with Mental Disorders." The *Service Disparities Report* provides statistics at the county level. Mr. Quist stated that "Unserved..." is addressed as "Unmet Need" in California. "Unmet Need" statistics are what the County uses to negotiate with the state for resource allocations. The "Unmet Need" is calculated based on the prevalence of mental health disorders within the population, then the County determines the percentage of that rate which can feasibly be serve. Currently, Riverside County has an "Unmet Need" ratio of 70% and 30% of that percentage with a mental health diagnosis can be served by the County.

Another statistic typically highlighted in the Report is the "Penetration Rate," which refers to MediCal clients. The County is primarily responsible for MediCal eligible clients. In FY13/14, MediCal eligible clients increased significantly by 42%, which is approximately 500,000 people. An estimated 4% of that group will require mental health services and/or treatment. Mr. Quist stated that the "Penetration Rate" is another way to get an idea of the existing need for mental health services within our community, however, it is the "Unmet Need" that is more accurate as it focuses solely on the prevalence of mental health disorders within the County.

2. HOLIDAY PROJECTS AND DONATION DRIVES: Luz Negron and Rachel Douglas from the Parent Support and Training Program provided information on two upcoming holiday projects in the Department. The first is "Holiday Dinner Gift Certificate or Thanksgiving Food Baskets for Families in Need." Ms. Negron suggested donated food items be placed in plastic storage containers instead of cardboard boxes as they are sturdier during transport and may be reused by the families. Consideration should also be given to the option of giving a grocery store gift certificate. This allows families to shop for their holiday dinners on their own and purchase the items that they need, as not all families serve the traditional Thanksgiving fare.

The second holiday project is called "The Snowman Banner." Interested organizations/ agencies may request a snowman banner which is adorned with snowflake cutouts. Each snowflake contains the name, age, and holiday gift wish of a child. The Snowman Banner can be displayed in any location the organization/ agency deems appropriate to encourage employees to participate. Ms. Negron requests donors respect the children's choices in their gift wish and support the diversity of their selections.

Ms. Negron distributed a handout providing contact information and more details on both holiday donation efforts.

3. COMMISSION RETREAT: The Commission Retreat has been tentatively rescheduled for Saturday, October 24 from 9am – 3pm. Topics covered during the retreat will include: Mental Health Board 101 Training, presented by Commission member Julie Crouch; HIPAA Training, presenter to be determined; and Recovery-Focused Service Delivery Training, presented by Shannon McCleerey-Hooper from Consumer Affairs.

OLD BUSINESS

1. MHSA UPDATE: Bill Brenneman, MHSA Administrator, reported on the MHSA Community Forum event sponsored by MHSOAC in Temecula on August 13. The event certainly had its challenges; however, it also had some very positive outcomes. The event had the largest ever community stakeholder participation. The day before the forum, members of the MHSOAC conducted a site visit at two programs – Perris Family Room and Recovery Innovations Wellness City. The site visits went phenomenally well. MHSOAC members were able to have an open discussion with families that have benefited from the program and were able to learn about the positive impact that the programs have had on their families and their lives. MHSOAC members were impressed and some were even moved to tears. On Thursday, August 27, the MHSOAC held their Commission meeting and reported on the positive visit and praised the various programs and peer initiatives the County has in place. They were not only impressed with the programs, but also the turnout at the event. The TAY Drop-In Center Innovation project was on the MHSOAC agenda for approval at the August 27 meeting. Mr. Brenneman announced that the project was approved and will bring roughly \$18 million into the system.

Lastly, the MHSOAC began an effort this year called "County Spotlight," which features one county each week and highlighting their

activities and accomplishments. Riverside County will be highlighted on their site in the next week and the Commission Liaison will be providing the Commissioners with the link.

DIRECTOR'S REPORT

Mr. Wengerd announced that they hired a new Hospital Administrator to replace Dr. Dennis. Dr. Andrew Elliot recently started his position; however, he has been with the Department for a number of years and worked primarily out of the Desert. Dr. Elliot's credentials include a Master's Degree in Public Health and a Ph.D in Psychiatry. Mr. Wengerd added that they have also begun vetting candidates for the Cultural Competency Manager, Myriam Aragon's replacement, who also retired in July.

In the coming months, the Department will begin its gradual conversion to Riverside University Health System (RUHS) and will start with staff email addresses. The formal unveiling event for the Commissioners has been postponed; Commission members will be notified once the event has been rescheduled. Mr. Wengerd informed the Commission that the "unveiling" event is simply a formal announcement of the Department's rebranding with the new name and logo; programs and services will remain the same.

The County's Integrated Care initiative is currently going strong. The Blaine and Rubidoux Clinics are doing well and a third Integrated Care Clinic will be opening in Lake Elsinore. As a result of these Integration of Care efforts, we have been approached to consider participating in a project funded by Inland Empire Health Plan (IEHP). As one of the leading healthcare providers in the state, they are interested in investing on integration of care here in Riverside and San Bernardino County. We have two programs that will be part of the project and it is going to be a grand demonstration of how integrated care can work.

The new agreement with state and federal government, regarding Drug and Alcohol MediCal services, is changing the layers of treatment and the types of treatment individuals can receive. The County's plan is in its final drafting stages and we will begin implementation 4 months after Phase One, which includes the Bay area counties. Currently, the Drug and Alcohol services are based on the federal and state plans, which are limited in its scope. Individuals are limited in monthly visits and service availability. The new plan is a layered service that will focus on the needs of the individual without limitations. It will be based on the individual's need for services as opposed to having a set of parameters limiting doctor visits, prescriptions, services, and treatment options. The County's plan includes all layers of service, ranging from inpatient detox, residential, and various forms of outpatient services.

Another project that the County is working on with the State is revamping the severely antiquated financing system currently in place. This project has been on and off for several years, but due to healthcare reform, The County is able to bring it back. Presently, we count "widgets" down to the smallest denomination and we submit a report to the State for reimbursement. They are calling this project the Grand Experiment, which is moving towards population health and a "global payment," where we no longer count widgets and instead count outcomes of patients/ consumers (i.e. if we see and treat ten people and they have good outcomes, we will be reimbursed by way of a "global payment.") Mr. Wengerd stated that the County was selected to be part of this Grand Experiment with 5 other counties. We are tasked with redesigning and developing the process of how we record, report, and get reimbursed for services rendered with an outcomes based system. This new system is aptly called "The Fiscal Delivery System Pilot," the first meeting for the project will take place today and all six counties will be working under the leadership of a private organization.

COMMITTEE UPDATES

1. DESERT REGIONAL BOARD (DRB): Mr. Divine reported that their last meeting was in July. The Desert Board continued to discuss the Art Show and proclamation pick-ups, as well as returning in September and their goals for 2016.
2. MID-COUNTY REGIONAL BOARD (MCRB): Dr. Haessler reported that membership for the Mid-County Board has increased to seven members with the appointment of Ian Aman. The Adult Services expansion in Lake Elsinore has been completed and an open house was held.
3. WESTERN REGIONAL BOARD (WRB): Mr. Damewood reported that their last meeting was in July and they discussed the responsibilities of the Chair, Vice Chair, and Secretary. They also discussed membership and how they can recruit new members. Minutes from the last meeting will be forwarded to the Commission as soon as they are approved.
4. ADULT SYSTEM OF CARE COMMITTEE (ASOC): Kathy Mauro reported that they have moved forward with the transportation efforts and a plan has been submitted to Supervisor Stone's office. They recently established a new subcommittee called "Access" where they will be working on developing a system to help streamline interagency communication regarding referrals and resources.
5. CHILDREN'S COMMITTEE: Julie Crouch reported that a group of youth from the Youth Advocates United To Succeed (YAUTS)

organization presented. YAUTS is managed by Riverside County SELPA and consists of transition aged youth. The Children's Committee was thoroughly impressed with the group and Ms. Crouch suggested inviting them to present before the BHC.

6. CRIMINAL JUSTICE COMMITTEE (CJC): Mr. Damewood reported that CJC discussed services at Patton, staffing updates, AB109 updates, and Misdemeanant Alternate Placement updates. Mr. Damewood added that Veteran's Court is also very important to CJC and those interested, may attend the meeting on Wednesday, September 9, at noon.
7. OLDER ADULT SYSTEM OF CARE (OASOC): Ric Riccardi noted at the meeting held in May a speaker named Steve Luna presented. Mr. Luna told his story of how he began as a consumer and after recovery, became a Peer Support Specialist.
8. SUBSTANCE USE COMMITTEE: Deputy Director, Deborah Johnson, stated that they will schedule a meeting with the initial members to discuss the development of the Substance Use Committee. They were originally scheduled to meet earlier in the day, but had to cancel and will reschedule.
9. VETERAN'S COMMITTEE: Dr. Haessler reported that Mr. Gentillalli recently joined the Committee, increasing their membership. Also, David Schoelen, Workforce Education and Training Manager, is preparing to hire a new Veteran's Liaison and Dr. Haessler was asked to be part of the interview panel.

ADJOURN

Ms. Crouch moved to adjourn the meeting, Mr. Gentillalli seconded the motion, all were in favor, none opposed, and the meeting of the Behavioral Health Commission adjourned at 2:01 pm.

Maria Roman

Julie Crouch, BHC Secretary
Maria Roman, Recording Secretary

2015 BEHAVIORAL HEALTH COMMISSION ATTENDANCE ROSTER

MEMBERS	JAN	FEB	MAR	APR	MAY	JUN	JUL	SEPT	OCT	NOV
Beatriz Gonzalez, District 4	✓	✓	✓	✓	✓	✓	✓	✓		
Carole Schaudt, District 4	✓	✓	✓	✓	✓	✓	✓	✓		
Christina Torres, District 5	✓	✓	✓	✓	✓	✓	✓	✓		
Daryl Terrell, District 5	✓	✓	✓	✓	✓	✓	✓	✓		
Eric Keen, District 1	✓	✓	✓	✓	A	✓	✓	✓		
Georgia Smith, District 2	✓	✓	A	A	A	A	A (ML)	A (ML)		
Greg Damewood, District 5	✓	✓	✓	✓	✓	✓	✓	✓		
James Stuart, District 4	✓	✓	A	✓	✓	✓	✓	✓		
Jason Farin, District 2								✓		
Julie Crouch, District 1	A	✓	✓	✓	✓	A	✓	✓		
Richard Divine, District 4	✓	✓	✓	✓	✓	✓	✓	✓		
Rick Gentillalli, District 3	✓	✓	✓	✓	✓	✓	✓	✓		
Victoria St. Johns, District 4	✓	✓	✓	✓	✓	✓	✓	✓		
Walter Haessler, District 1	✓	✓	✓	✓	✓	✓	✓	✓		

Present = ✓
 Absent = A
 Medical Leave = (ML)

Minutes and agendas of meetings are available upon request and online at www.rcdmh.org. To request copies, please contact the BHC Liaison at (951) 955-7141 or email at MYRoman@rcmhd.org.